

Mill City

Center for Healthy Living

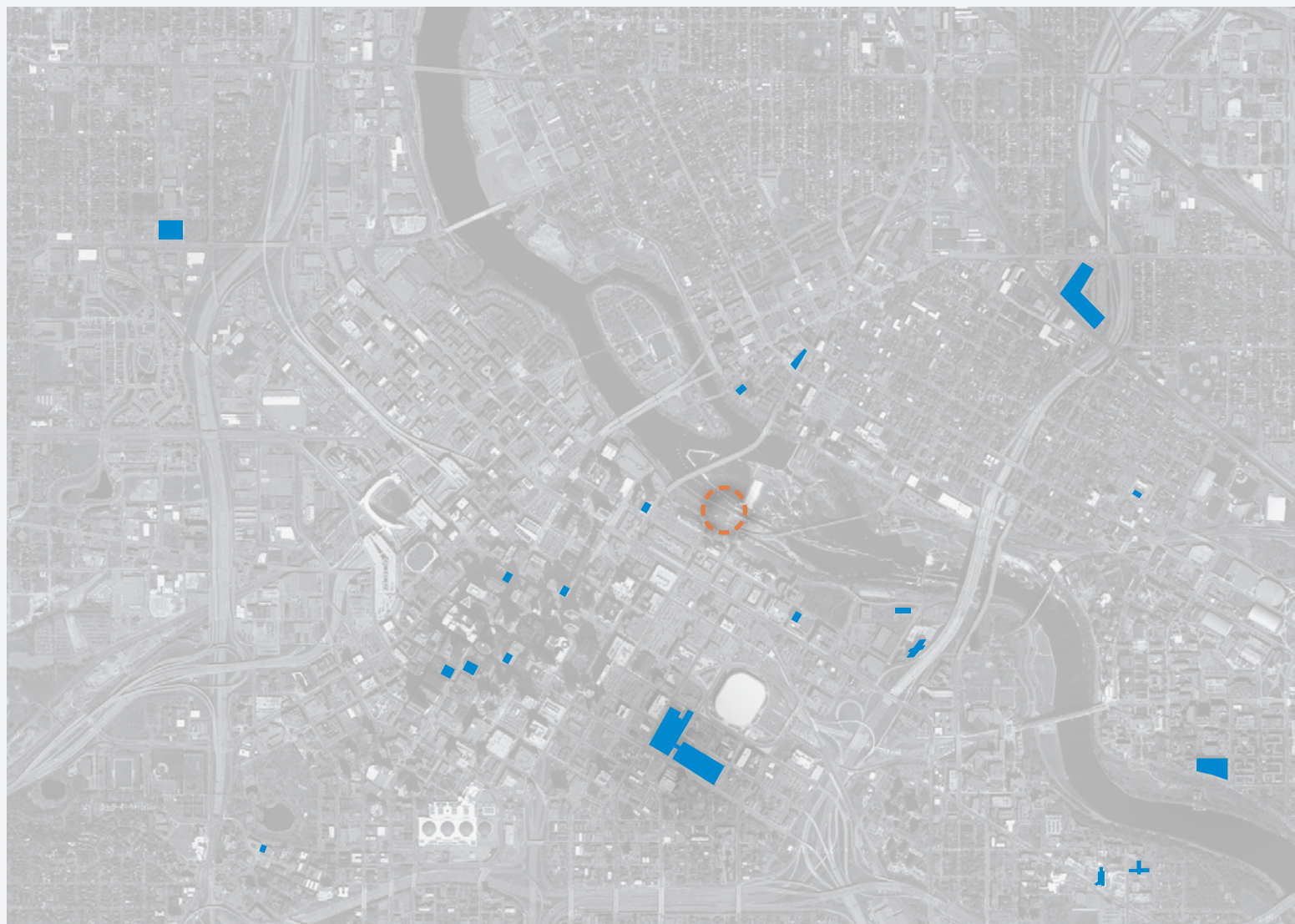
Creating a Network for Health in a Growing Downtown Community

Scott Jamison Soukup | Thesis Studio 2013 | Instructor Gerald Gast

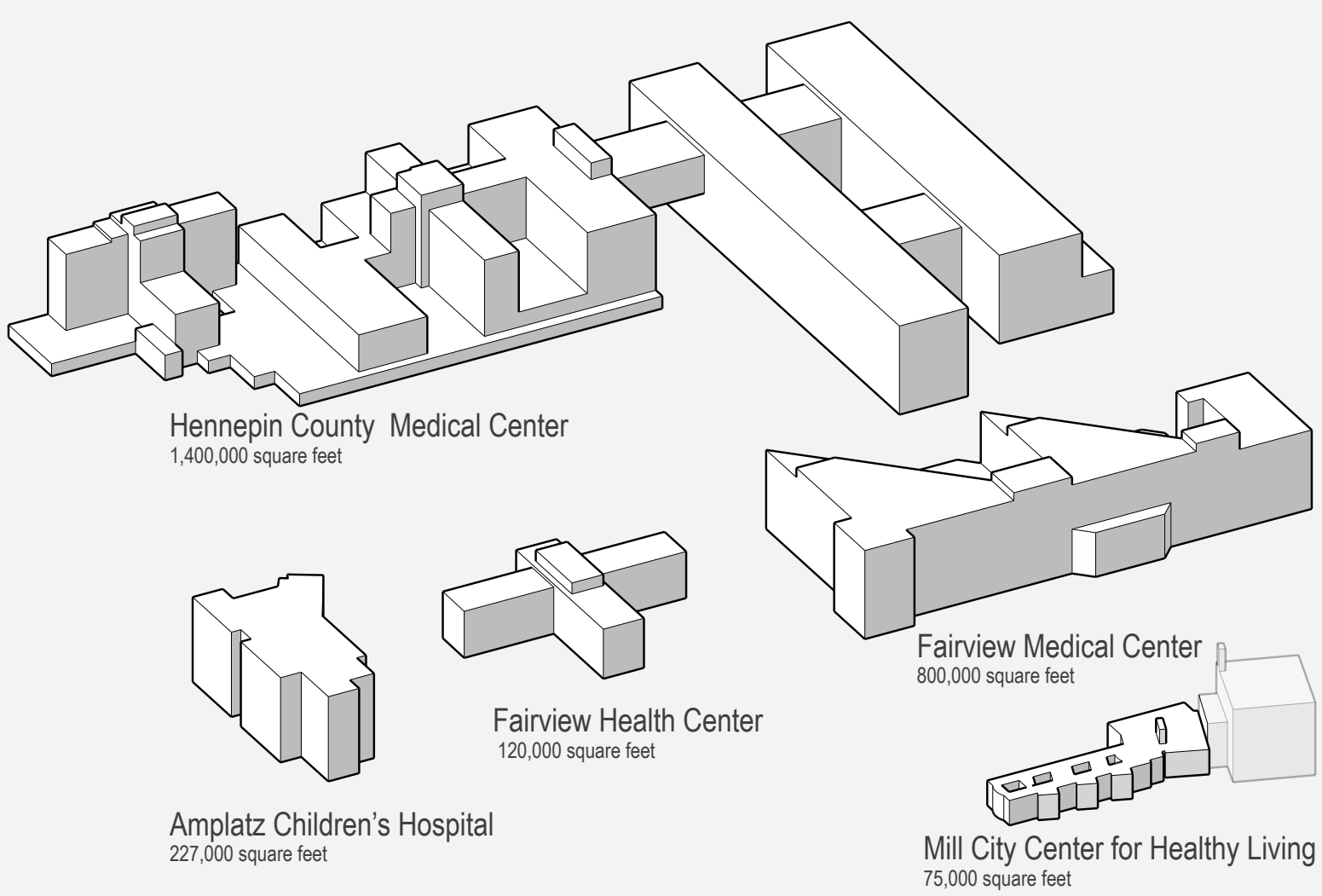
"The technological advances of modern medicine led to the discovery of specific causes of and treatments for disease, which could be universally applied with great success. In turn, mind-body interactions and the complex needs of the individual patient were de-emphasized and the medical environment became one of **sterility, isolation, and fear.**"

"Regarding the patient as a member of a **family, a community, a culture,** and understanding these **relationships,** enables **healing** to manifest."

-Barbara Crisp, Human Spaces



Existing Health Care Facilities and Single Practitioners



A Scalar Comparison of Minneapolis Health Care



**Medical Staff**  
A small staff of specialists will be available for consulting and diagnostic purposes. They will help teach students and the community about health and wellness, providing guidance and expertise.



**U of MN Medical Student**  
Keeping with the U of MN's mission of community engagement, the Mill City Healthy Living Center will offer students opportunities, such as a nurse residency, to learn from the local community off campus in a comfortable, urban setting.



**Healthy Living Center Staff**  
Members of Fairview Health Services and the University of Minnesota will run both the clinic and fitness center. The cafe will be run by the University of Minnesota, and the Pharmacy will be operated by Fairview Health Services.



**Community Students**  
Interested community members can go beyond using the facility for only exercise and consultation and can take classes about health and wellness. These courses will help them understand their needs and demystify the medical profession.



**Downtown Residents**  
The Mill City Healthy Living Center is first and foremost a community center that will provide space for members of the growing Minneapolis community to come together for a common goal of healthy living. The growing community will need space to maintain their physical, psychological, and social well being.

Client: U of MN and Fairview Health

The University of Minnesota and Fairview Health Services have had a symbiotic partnership since 1997. In conjunction with the University of Minnesota's mission of community engagement, the University and Fairview are planning to develop their outreach visibility in Minneapolis.

**FAIRVIEW**  
UNIVERSITY OF MINNESOTA  
Medical School

Location: Downtown Minneapolis, MN

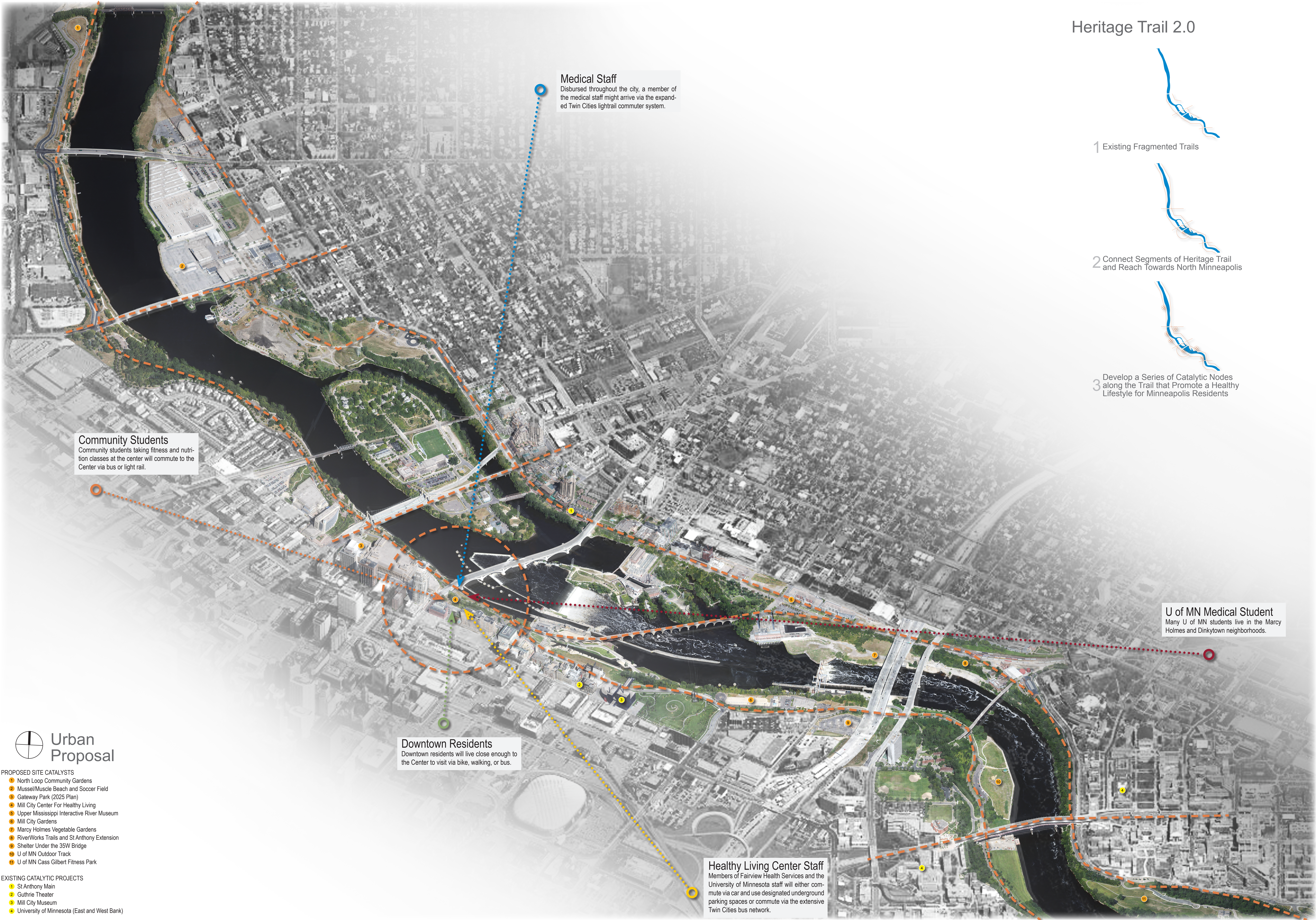
Site: 2.2 acres

Program: Total - 75,000 sf

Fitness Center - 40,000 sf

Clinic - 20,000 sf

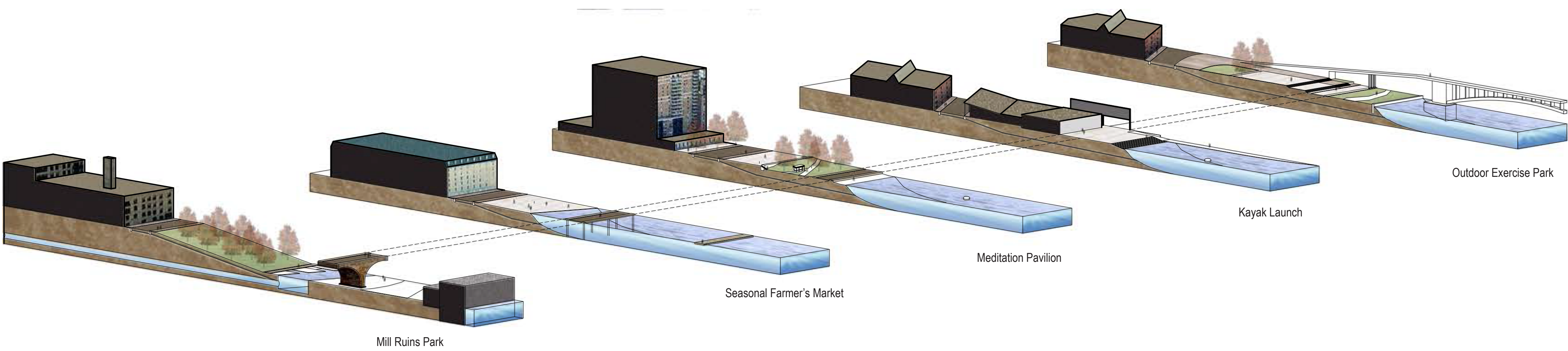
Pharmacy/Cafe/Library - 15,000 sf



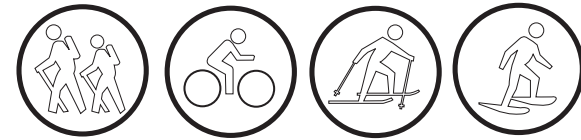
Urban Proposal

- PROPOSED SITE CATALYSTS
- North Loop Community Gardens
  - Muskegon Beach and Soccer Field
  - Gateway Park (2025 Plan)
  - Mill City Center for Healthy Living
  - Upper Mississippi Interactive River Museum
  - Mill City Gardens
  - Marcy Holmes Vegetable Gardens
  - RiverWorks Trails and St. Anthony Extension
  - Shelter Under the 35W Bridge
  - U of MN Outdoor Track
  - U of MN Casa Gilbert Fitness Park

- EXISTING CATALYTIC PROJECTS
- St. Anthony Main
  - Guthrie Theater
  - Mill City Museum
  - University of Minnesota (East and West Bank)



Heritage Trail 2.0 Experience



Existing Site



Mill Ruins Park

