The Twelve Step OA Program, or, How I Learned to Give Up My Addiction to Commercial Publishing and Support Open Access



- 1. We admitted that we were powerless over publishers —and that our research publications had become unmanageable
- 2. Came to believe that Open Access could restore us to sanity
- 3. Made a decision to turn our scholarship over to the principles of Open Access
- 4. Made a searching and fearless inventory of our research production
- 5. Admitted to our library, ourselves, and another colleague the exact nature of our intellectual property wrongs
- 6. Were entirely ready to have Open Access remove all these defects of intellectual property weakness
- 7. Humbly asked our colleagues to make our research widely available
- 8. Made a list of all readers, colleagues and co-authors we had failed to support and became willing to help them achieve wider distribution of and Open Access to their research
- 9. Made direct amends to such people whenever possible by helping to get the word out about their research, except when to do so would violate copyright
- 10. Continued to take personal inventory, and when we slipped up and were tempted to sign a publisher's agreement without thinking, promptly admitted it
- 11. Sought, through careful reading of agreements and negotiation with publishers, to improve our commitment to Open Access
- 12. Having had an intellectual awakening as a result of these steps, we tried to carry this message to other academics, and to apply the principles of Open Access in all our publishing efforts

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