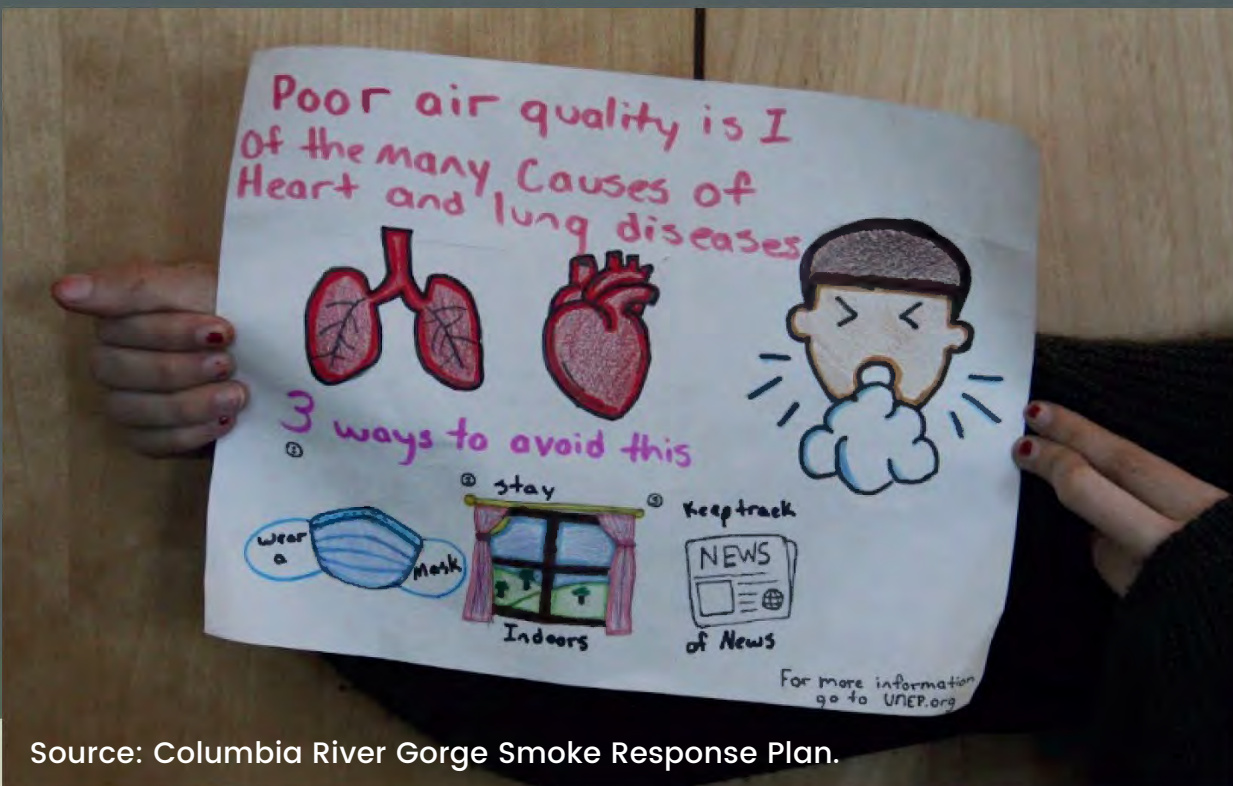




DAY 2

Whole Community Approach to Being Smoke Ready



Source: Columbia River Gorge Smoke Response Plan.

Post-Workshop Materials: Day 2

December 2024



**The Smoke Center**

CENTER FOR WILDFIRE SMOKE  
RESEARCH & PRACTICE  
University of Oregon



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Photo Credit: Heidi Huber-Stearns.



Healthy People 2030, U.S. Department of Health and Human Services, Office of Disease Prevention and Health Promotion. Retrieved Oct. 18, 2024, from <https://odphp.health.gov/healthypeople/priority-areas/social-determinants-health>



Photo Credit: Oakridge Air.

## Listening Guide

### Whole Community Approach to Being Smoke Ready

Refer to the next page for a two-page Resource Guide for working towards a whole community approach. The resource guide includes info from state and federal agencies across PNW Region that you can use in your communications & outreach, so please share with PIOs, Air Resource Advisors, burn team / those who answer questions in the field at trails, and others involved in smoke and air quality communications.

#### Framing & Overview of Day's Content ([Listen here 8:00](#))

- Heidi Huber-Stearns, Associate Research Professor, Center for Wildfire Smoke Research and Practice, University of Oregon

#### West Bend: The Role of Land Management and Public Health Partnerships ([Listen here 18:35](#))

- Ryan Gordon, USDA Forest Service, PNW Region

#### Environmental Justice, Smoke Exposure, and Resources ([Listen here 57:55](#))

- Annie Doubleday, Ambient Air Quality Epidemiologist, Washington State DOH
- Matt Dehr, Wildland Fire Meteorologist, Washington State DNR
- Erin McTigue, Smoke Management Coordinator & Indoor Air Specialist, US EPA

#### Whole Community Approach to Being Smoke Ready ([Listen here 1:33:40](#))

- Jamie Bash, Crisis & Emergency Risk Communications
- [Click here](#) for a downloadable exercise of how to think through your communication process / audiences.

#### Community Voices Panel Discussion ([Listen here 2:11:55](#))

- Sara Jones, [Smokewise Ashland](#). Contact: [sara.jones@ashland.or.us](mailto:sara.jones@ashland.or.us).
- Sarah Altemus-Pope, Executive Director, [Oakridge Air](#). Contact: [sarah@swfcollaborative.org](mailto:sarah@swfcollaborative.org).
- Liz Walker, Advisor, [Clean Air Methow](#). Contact: [liz@mvcitizens.org](mailto:liz@mvcitizens.org).
- Lauren Kraemer, Associate Professor of Practice, College of Health, Oregon State University Extension Service in Hood River and Wasco Counties, [Smoke Ready Gorge](#). Contact: [lauren.kraemer@oregonstate.edu](mailto:lauren.kraemer@oregonstate.edu).

# RESOURCES FOR WORKING TOWARDS A WHOLE COMMUNITY APPROACH TO BEING SMOKE READY

## Toolkits

### OHA Crisis & Emergency Risk Communication Toolkits ([link](#)).


Includes:

- Tailoring Communications for a Whole Community Approach.
- \* **Extreme Heat ([link](#))**. Includes translation in Spanish, Arabic, Simplified & Traditional Chinese, Chuukese, Korean, Marshallese, Russian, Somali, and Vietnamese.
- \* **Wildfires and Smoke ([link](#))** – Includes community wildfire resources and air quality resources translated in Spanish, Arabic, Simplified & Traditional Chinese, Chuukese, Hmong, Korean, Marshallese, Russian, Somali, and Vietnamese.
- Social Media for Crisis Communications.

### OHA Air Quality & Outdoor Activity Guidance for Infants, Children, & Youth ([link](#)): UPDATED 2024.

### WA DOH Smoke from Fires: Partner Toolkit ([link](#)) - Includes:

- \* **Air Quality Guide for Particle Pollution** – Includes translation in Spanish, Arabic, Simplified & Traditional Chinese, Korean, Punjabi, Russian, Somali, Tagalog, Ukrainian, and Vietnamese.
- \* **Children and Youth Activities Guide for Air Quality** – Includes translation in Spanish, Somali, and Russian.
- \* **Portable Air Cleaner Selection Guide** – Includes translation in Spanish.
- **Improving Ventilation and Indoor Air Quality During Wildfire Smoke Events.**


\*  **EPA Smoke Ready Toolbox for Wildfires ([link](#))**: Includes full website translation in Spanish. EPA also has mobile phone apps: SmokeSense and AirNow.

**CDC guidance of people-first language ([link](#))**: Word choices in communication can make all the difference for inclusivity. CDC has compiled preferred terms your organization can use when creating communication materials that engage people from different types of populations and communities.

**Bay Area Regional Air Quality Messaging Toolkit**, Section 4: Guidance for Communicating with the Whole Community ([link](#)): Includes a vulnerable populations task checklist (p.109-112), guidance on becoming familiar with and developing trusted partnerships with hard-to-reach populations and their service providers (p.113-125), CDC's Principles of Community Engagement (p.125-126), Developing & testing messages for cultural and linguistic competence (p.126-128), Delivery Channel guidance (p.129-131), and Digital and Print Communication guidance (p.132-142).


#### Notes:

\* Indicates materials are translated in other languages

 Indicates mobile app available.

All listed resources are mobile-friendly.

## Websites

\*  **Oregon Smoke Blog ([link](#))**: Oregon's one-stop shop for smoke, air quality, and fire info. *Full website translation in 100+ languages, using Google Translate.* In the menu, you can also download the free, Oregon Air smartphone app (Includes info on OR DEQ air stagnation advisories that are non-wildfire).

**Washington Smoke Blog ([link](#))**: Washington State's one-stop shop for smoke, air quality, and fire info.

\* **EPA AirNow Fire & Smoke Map–NEW Version 4.0 ([link](#))**: Includes info about current fires, air quality index, precautions you can take to protect your health during poor air quality, and outlooks from air resource advisors assigned to fires. *Includes Spanish translation & ColorVision Assist feature in map settings.* Info comes from low-cost sensors (e.g., PurpleAir) and EPA's permanent and temporary monitors.

\* **CDC Wildfire Smoke Page ([link](#))**: Includes who's at greatest risk from smoke, tips on how to reduce smoke exposure, and more. Includes Spanish translation on protecting yourself from wildfire smoke ([link](#)).

\* **WA DOH FAQs on Smoke from Fires for general public ([link](#))**: Includes FAQ translation in Spanish, Korean, Russian, Somali, Tagalog, Ukrainian, Vietnamese, and Chinese.

**EPA Fact Sheet – Protect Yourself from Smoke & Extreme Heat ([link](#))**: EPA developed a wildfire smoke fact sheet that includes info on protecting yourself from smoke and heat. UPDATED 2024.

**Keep Oregon Green ([link](#))**: Includes wildfire prevention tips and current ODF fire restrictions / conditions.

\* **OEM Oregon Wildfire Response and Recovery ([link](#))**: Sign up for emergency alerts, learn about current evacuations, view OEM's Fires dashboard, and learn about prevention, preparation, and recovery. *Includes full website translation in Spanish, Arabic, Afrikaans, Amharic, Simplified & Traditional Chinese, French, Hindi, Hmong, Japanese, Korean, Nepali, Russian, Somali, Swahili, Thai, Ukrainian, and Vietnamese.*

\* **OR DEQ Protect Yourself & Your Family – Clean-up after Wildfire ([link](#))**: Includes Spanish translation.

**WA DNR Burn Portal ([link](#))**: Learn about WA state burn restrictions with a clickable map, apply for burn permits, and more.

**WA DNR Smoke Ventilation Index Map ([link](#))**: Review a WA-state based 5-day forecast for smoke ventilation.

**Air Resource Advisors ([link](#))**: Learn more about the Interagency Wildland Fire Air Quality Response Program's Air Resource Advisors and deployments.

**Improving Indoor Air Quality in Commercial / Public Buildings during Wildland Fire Smoke Events ([link](#))**: Best practice guide.

## Smoke ready community websites

\* **Smoke Ready Gorge** ([link](#)). Full website translation in Spanish.

**Smokewise Ashland** ([link](#))

**Oakridge Air** ([link](#))

\* **Central Oregon Fire Info** ([link](#)). Full website translation in Spanish, Arabic, Simplified Chinese, Dutch, French, German, Portuguese, and Russian.

**Lakeview Air Quality** ([link](#))

\* **Klamath County Public Health Air Quality** ([link](#)). Full website translation in Spanish.

## Upcoming events

**Governor's Occupational Safety & Health (GOSH) Biennial Conference** (Mar 1-4, 2027): Learn more about the conference [here](#).

**Annual OHA & Oregon DEQ's Annual Smoke Protocol Update Call** (mid-May or early June): For local public health authorities, Tribes, Emergency Managers, and others involved in smoke communication or coordination. To sign up, contact Jennifer Horton (DEQ) [jennifer.horton@deq.oregon.gov](mailto:jennifer.horton@deq.oregon.gov) or Jamie Bash (OHA) [jamie.p.bash@oha.oregon.gov](mailto:jamie.p.bash@oha.oregon.gov).

## Recent events with resources

**Annual OHA Summer Hazards Call:** For Tribes, local public health authorities, and community-based organization grantees to get ready for wildfire, heat, and smoke. See [2024 agenda here](#) and [recording here](#). Contact Jamie Bash (OHA) [jamie.p.bash@oha.oregon.gov](mailto:jamie.p.bash@oha.oregon.gov) to sign up.

**Annual EPA Smoke Management in the Northwest Hybrid Conference** (May or June): Provides an opportunity for air quality, land management, public health, academia, community-based organizations, and other professionals to collaborate on wildfire smoke and related issues. See [2024 high-level takeaways and resources here](#). To learn more, contact Erin McTigue [mctigue.erin@epa.gov](mailto:mctigue.erin@epa.gov) and Jake Wolf at [wolf.jacob@epa.gov](mailto:wolf.jacob@epa.gov).

**2024 Enhancing Wildfire Smoke Preparedness in Oregon Schools & Childcare Center:** Co-hosted by OSU ASPIRE Center, Smokewise Ashland, Oregon Health Authority, and the Center for Wildfire Smoke Research and Practice at the University of Oregon. See [slide-decks here](#) and [recording here](#).

This publication was developed under Assistance Agreement No. EM-84054001 awarded by the U.S. Environmental Protection Agency to the University of Oregon. It has not been formally reviewed by EPA. The views expressed in this document are solely those of recipient or the authors and do not necessarily reflect those of the Agency. EPA does not endorse any products or commercial services mentioned in this publication.

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## Summary of Communication Audience(s) Analysis: Canva Whiteboard [\(View Link here\)](#)

### Considering Public Health and Equity: Wildland Fire Air Quality

**QUESTION 1:** Who is your audience for communicating about smoke, air quality, fire, or land management decisions? (Refer to Fig. 1)

#### PUBLIC(S)

- Older adults, rural communities
  - Low-income aging population.
  - Older adults.
  - Older adults.
  - Rural populations.
  - Rural, Micropolitan communities.
- Spanish-speakers
  - Vulnerable communities, Hispanic, Spanish speaking communities, renters, elders.
  - Hispanic/Latinx communities in Clatsop, Tillamook, Columbia counties in Oregon, and Pacific county in Washington.
  - Migrant and seasonal farmworkers; folks with LEP.
  - Migrant workers.
- Families, Children, and Pregnant People
  - People who are pregnant and their partners.
  - Elementary school children and their caregivers.
  - New and expectant parents.
- Community orgs / centers
  - As an OSU Extension faculty, the public is the audience. However, given specific funding, partners, etc., the audience may be vulnerable communities, or networks that can mobilize and make the most difference (volunteers, partner orgs, etc.).
  - School districts, libraries, childcare centers
  - Young children's care givers (childcare, early learning/preschools).
- Landowners
  - Landowners that are directly affected.
  - All timber owners, private and industrial.

Fig. 1: Audience.



## AGENCIES & LOCAL GOV'T DOER'S

- Other land management / health / air agencies.
- City planners, building code departments.

## DECISION MAKERS

- Policy makers (congressional, legislature, county commissioners, city councils).
- Local, state, and federal elected officials and policy makers.
- Executive body for rural cities / municipalities.

## OTHER

- Leadership figures, esp. those critical of prescribed fire.
- Mix of urban & rural populations.
- Communities impacted by wildfire and prescribed fire smoke.
- Renters: What resonates with renters who have less control over their HVAC systems? Identify and share low-cost solutions.
- Everyone is our audience but, we need to break out who receives various modalities of communication from service providers. Since this impacts everyone, including people with insurance and higher incomes, we need to consider the service levels for all audiences.

**QUESTION 2:** What is your level of engagement with this audience: outreach / inform, or consult, or involve, or collaborate? (Refer to Fig. 2)

## OUTREACH / IN-PERSON / RELATIONAL

- Working group in our local CWPP.
- We are well known and trusted by the Hispanic/Latinx communities we serve. Community members engage with us by phone, in person, through our social media channels and at our community events.

## COMMUNICATION CHANNELS

- Events, social media and partners' websites.
- Canvassing door to door, video messaging, radio, social media, meeting them where they are, community events, newsletter.
- Gathering data from surveys, door-to-door contact.
- Newsletters through email list serv.

## PROJECT-LEVEL

- Schools and childcare centers - have a robust project built for helping support interventions for children where they spend significant time learning and playing.
- Currently have a pending EPA Community Change Grant proposal (Lane Co. Oregon) that will use a training curriculum developed by Univ. of Cal. Ag & Natural Resources called Climate Stewards. The project is in partnership with the United Way of Lane County, which is well networked with community partners, vulnerable communities, etc.

Fig. 2: Level of Engagement.



## TRAINING / EDUCATION (includes “training the trainers”)

- Educating Small Forestland Owners and facilitating defensible space training. I am also a wildland firefighter so I assist with suppression efforts.
- Sensor deployment, guidance on clean indoor air spaces, how to build partnerships, tools for communication.
- School districts, libraries, childcare centers - provide operational standards for smoke response that can reach all children.
- Working with state, tribal, local agencies who are engaging directly with community members and partners.

## DECISION MAKERS

- It depends on their access points. My levels are Spanish and English. Rural, entrepreneur and executive bodies for a city.
- With a lot of interest in how to proactively use fire to reduce future wildfire severity (and associated smoke impacts), I think engaging lawmakers and policy-makers is especially important in developing equitable programs that advance planning and implementation of beneficial fire.

**QUESTION 3:** What are key interests and/or issues of this audience? (Refer to Fig. 3)

## HOW DOES SMOKE AFFECT MY HEALTH? WHAT ACTIONS CAN I TAKE? WHAT SUPPORT IS AVAILABLE?

- How does smoke affect my own health during pregnancy, and that of my baby? How do I create a cleaner air space?
- Can/should I do activity? Are the people I love safe?
- Is there help for my utility bills if my bill increases due to use of my air filtration device and air conditioner (if smoke and heat are co-occurring).
- For renters / tenant’s groups, and workers - policies that require landlords and employers to provide air filters. Also, building codes or other local planning level req’s for air filters, etc. for renters / tenant’s groups.
- Preparation and alerts.
- How will management actions impact me and those I care about?
- Resources/capacity of local health is sometimes limited - staffing, etc.
- Recent air quality news blurb....Cave Junction has also improved, but remains among the worst in the world. (Source: KGW8 Staff, published Aug 28, 2023).

## WHO CAN I TRUST?

- There tends to be distrust of government and/or Federal agencies among the Hispanic/Latinx immigrant community due to immigration status and systemic racism/discrimination. Messaging coming from trusted community partners and word-of-mouth is more effective.

Fig. 3: Audience(s) Key Interests.



## SCHOOLS, LIBRARIES, CHILDCARE CENTERS – HOW DO WE USE THE AQI & DECIDE TO CLOSE OR STAY OPEN? HOW DO WE ADAPT?

- School districts, libraries, childcare centers - understanding the air quality index and process for decision making that is most beneficial for student health, having spaces for recreation during smoke events, safe transportation of students to and from school, having more equitable built infrastructure that is already prepared for heat, smoke and infectious disease control, shared networks of resources.

## HOW CAN I LEARN MORE ABOUT WHY THIS IS HAPPENING? WHAT CAN I DO?

- Educating about fire-adapted landscapes and about the WUI.
- For older youth: Why is this happening? Climate change / science interest.
- Adopting/adapting a holistic climate change curriculum ([Climate Stewards](#)) that engages at the whole community level to work toward public awareness and knowledge about climate change and build networks (communities of practice) to work toward community and individual resilience. Works with community partner to co-design a locally relevant climate resilience training.

## OTHER

- Interest it depends on who you ask. Wealthy = land protection. middle class poor = affordability to survive fires or prevent them.

**QUESTION 4:** What channels of communication do you use? Or could you use? (Refer to Fig. 4)

## OVERALL

*"It depends. Affluent communities = Emails, newspapers, surveys. Hard to reach communities = in person, radio, personal invites with their natural leader, flyers." - Participant*

## TRADITIONAL MEDIA (PRINT, FLYERS, RADIO)

- Printed materials.
- Radio.
- Newspaper.
- Reader boards.

## ONLINE (WEBSITE, SOCIAL MEDIA)

- Text messages, WhatsApp broadcast lists, Facebook.
- Website.
- Social media/website.
- Online newsletters.
- Email.
- Social forums (e.g., NextDoor, parent facilitated school groups on Facebook, Instagram).

## YOUTH SOCIAL CLUBS & ACTIVITY/EVENT ORGANIZERS

Fig. 4: Communication Channels.



- Youth clubs (e.g.) scouting-Boy Scouts America (BSA) has an Emergency Prep Badge...good opportunity. They have to discuss risks of different hazards, join a community exercise or drill. They also have badges on forestry, public health and sustainability. They also need badge counselors who can teach these badges (with background check requirement of course).
- Businesses who serve children including: Play-gyms and play cafes, private sports clubs (OSAA doesn't have jurisdiction over these).
- Private sector partners who employ youth or have youth volunteers, via OR-OSHA occupational standards, education.
- Summer/outdoor camp organizations/ facilities (non-school based).
- Event organizers: e.g. fun run, marathons, cycle cross, outdoor community fairs.
- Student newspaper collaboration (print and digital).

### **TRUSTED MESSENGERS**

- Health Care Providers
  - Clinicians: OB/GYN, Midwives, Pediatricians, Primary care clinicians.
  - Coordinated care organizations (to low income, Medicaid enrollees).
- Schools
  - Distribution through schools.
- Most of the time, owners in my area are older and prefer in-person meetings and printed resources. I make it a point to maintain community presence and involvement to educate this group that is disconnected from social media and technology.

### **CONNECTING WITH PARTNERS WHO ENGAGE IN OUTREACH**

- Stakeholder outreach.
- In-person interactions.
- Direct networking with partners.
- Proposed EPA grant calls for roundtables, community listening sessions, focus groups. This is designed to gather needs, information, etc. so that we can co-design a training that is relevant to the audience(s).
- Partnership with higher ed.
- Support capacity for direct outreach through one-one conversations and community classes that support protective actions.

**QUESTION 5:** What are the enabling factors for this audience? How do your channels of communication support these? (*Refer to Fig. 5*)

### **CLEAR, SIMPLE COMMUNICATION**

- Translating agency language to plain language for the public - must have both the trust of the agency and the public audience.
- Learning how to speak across disciplines and at different levels of complexity.
- Simplify the message into clear and easy-to-understand information that people can understand and implement. This requires culturally informed and culturally appropriate messaging, translation and transcreation. We sometimes record audio messages in WhatsApp for community members with limited literacy.

### **TRUSTED MESSENGERS**

- Clinicians can enable communication as they are among the most trusted messengers for health messaging. They are also in touch with patients at opportune moments to provide education (asthma diagnosis, pregnancy, newborn care). Clinicians help create access to commodities by

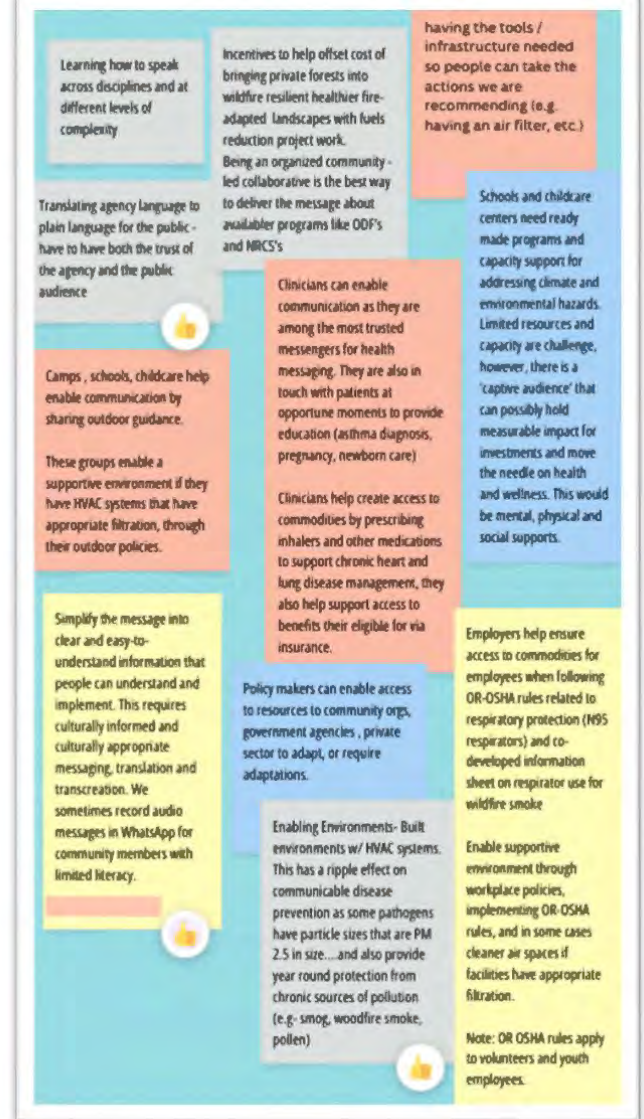
prescribing inhalers and other medications to support chronic heart and lung disease management, they also help support access to benefits their eligible for via insurance.

- Camps, schools, childcare help enable communication by sharing outdoor guidance. These groups enable a supportive environment if they have HVAC systems that have appropriate filtration, through their outdoor policies.

## NEEDS

- Policy makers can enable access to resources to community orgs, government agencies, private sector to adapt, or require adaptations.
- Having the tools / infrastructure needed so people can take the actions we are recommending (e.g. having an air filter, etc.).
- Enabling Environments- Built environments w/ HVAC systems. This has a ripple effect on communicable disease prevention as some pathogens have particle sizes that are PM 2.5 in size....and also provide year-round protection from chronic sources of pollution (e.g., smog, woodfire smoke, pollen).
- Schools and childcare centers need ready-made programs and capacity support for addressing climate and environmental hazards. Limited resources and capacity are challenge, however, there is a 'captive audience' that can possibly hold measurable impact for investments and move the needle on health and wellness. This would be mental, physical and social supports.
- Employers help ensure access to commodities for employees when following OR-OSHA rules related to respiratory protection (N95 respirators) and co-developed information sheet on respirator use for wildfire smoke. Enable supportive environment through workplace policies, implementing OR-OSHA rules, and in some cases cleaner air spaces if facilities have appropriate filtration. Note: OR OSHA rules apply to volunteers and youth employees.
- Incentives to help offset cost of bringing private forests into wildfire resilient healthier fire-adapted landscapes with fuels reduction project work. Being an organized, community-led collaborative is the best way to deliver the message about available programs like ODF's and NRCS's.

Fig. 5: Enabling Factors for Audience.



**QUESTION 6:** What is your frequency of engagement? Or what could it be? (Refer to Fig.6)

## OVERALL

- There should be support through the community response plans for smoke that help with year-round adaptations that are delivered to communities across Oregon. Smoke is seasonal by concentration, increasing and year-round and our communication should reflect this need.

## SOCIAL MEDIA

- We average 5 to 10 weekly posts on our WhatsApp broadcast lists and Facebook page.
- Content driven, with regular weekly or monthly but emergent during incidents.

## RELATIONAL

- 3 months = pitch and flyers; 2 months = tabling and personal relationships with natural leaders; 1 month = radio and flyers; 3 weeks = personal invites and flyers; 2 weeks = more radio and tabling; 1 week = text messages reminders if phone is available.

## PARTNER MEETINGS

- With wildfire resiliency stakeholders' regular monthly meetings. With community at large, sporadic, honestly!

## CLINICIANS

- Clinicians: public health clinicians via annual summer hazards call for official response partners. Ongoing; patient care factsheet available online. Indirectly via local public health.

Fig. 6: Frequency of Engagement.



# Internal and External Communication / Engagement Plan Brainstorm

INTERNAL AND EXTERNAL COMMUNICATION/ ENGAGEMENT					
AUDIENCE/ PARTNER	LEVEL OF ENGAGEMENT	KEY INTEREST & ISSUES, ENABLING FACTORS	CHANNEL(S) OF COMMUNICATION	FREQUENCY OF ENGAGEMENT/ COMMUNICATION	COMMENTS

**MANAGE YOUR COMMUNICATION PLAN IN SMARTSHEET**

# Whole Community Approach to Being Smoke Ready

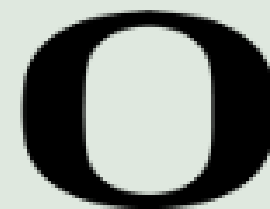
Nov 13, 2024

Jess Downey & Heidi Huber-Stearns



FOR MORE INFORMATION

<https://resilient.uoregon.edu/wildfire-smoke-center>



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**The Smoke Center**

CENTER FOR WILDFIRE SMOKE  
RESEARCH & PRACTICE  
University of Oregon

# Center for Wildfire Smoke Research & Practice



## OREGON HOUSEHOLDS' EXPERIENCES WITH SMOKE

How are households in Oregon experiencing wildfire smoke, seeking information, and preparing for smoke?



## SMOKE COMMUNICATIONS

What communication strategies are being used by organizations and agencies for smoke preparation and response?



## COMMUNITY SMOKE PREPARATION RESPONSE

How effective are community-level preparation and response strategies in Oregon communities during smoke events?

# Session Agenda

Workshop Day 2 of NWFSC's  
Equity & Environmental Justice in  
Wildland Fire series

- 9:10am** Framing the Conversation
- 9:20am** West Bend: The Role of Land Management & Public Health Partnerships
- 10:00am** Environmental Justice, Smoke Exposure, & Resources
- 10:30am** Whole Community Approach to Being Smoke Ready *\*audience exercise\**
- 11:00am** Break
- 11:10am** Community Voices *\*panel discussion\**
- 12:30pm** End of workshop Day 2



FRAMING THE  
CONVERSATION

## **Guiding Questions for Today's Discussion:**

- How can public health, land management, & other agencies / organizations increase coordination for wildfire & prescribed fire air quality concerns?
- What is a whole community approach to being smoke ready? How do we connect across the whole system of smoke preparedness and response?



RX FIRE LIT REVIEW:  
PROMISING PRACTICES

## **Recent Learnings from Prescribed Fire Literature Review**



RX FIRE LIT REVIEW:  
PROMISING PRACTICES

## Educational campaigns

### ↑ knowledge & support

- Mail-out brochures, news, radio, TV, social media
- Conduct pre- and post- Rx burn AND year-round

**DESCHUTES COUNTY** **Jefferson County** **CROOK COUNTY**  
Public Health  
Prevent. Promote. Protect.

### What to know about **smoke** during **prescribed fire** season

**Prescribed burning** can bring smoky air to Central Oregon. The good news is, we know when these burns are happening so we can be prepared. This is the best time to prepare for wildfire season, when the smoke can show up without warning, and stick around for longer.

**Why do we care about smoke?**  
Wildfire smoke affects everyone's health. It is important for all of us to limit our exposure to smoke! Some people may have worse symptoms, including people with health conditions or over age 65.

**How to protect your health from smoke during prescribed burns:**

- Close your windows! Smoke may be worse overnight
- Locate cleaner air spaces by calling 211
- Be willing to change your plans to avoid smoke
- Talk to your health care team and make a plan if you have health conditions
- The Air Quality Index (AQI) tells us when it is safe to be outdoors. Find the AQI for your area at [www.fire.airnow.gov](http://www.fire.airnow.gov)
- Wear an N95 mask for extreme smoke or long periods of time outside
- Keep indoor air as clean as possible

Have questions? Need more info? Learn more at <https://centraloregonfire.org/protect-your-health/> or scan here:

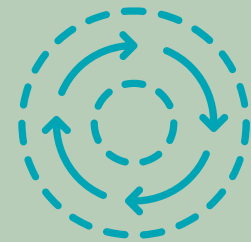


To request this information in an alternate format, please call (458) 292-8347 or email [healthservices@deschutes.org](mailto:healthservices@deschutes.org).



RX FIRE LIT REVIEW:  
PROMISING PRACTICES

## **Foster confidence in agency capability to conduct Rx fire**



Early & frequent engagement



Providing evidence of past successes

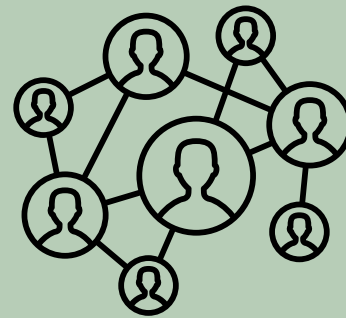


Communicating potential health risks of smoke and  
ways to reduce exposure



RX FIRE LIT REVIEW:  
PROMISING PRACTICES

## Leverage local trusted messengers



Identify messengers through deep involvement with local communities (focus groups, survey research)

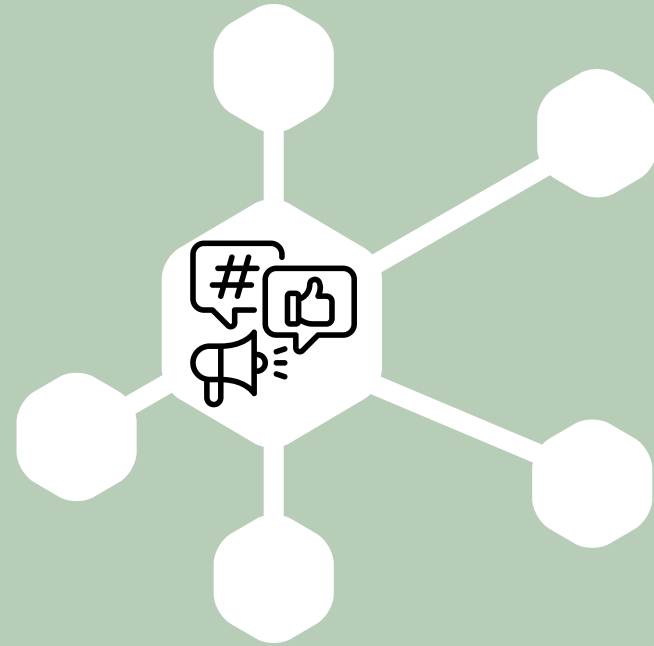


Coordinate between local groups when communicating about fire and smoke



RX FIRE LIT REVIEW:  
PROMISING PRACTICES

## Communicate through the most effective channels



Social media THROUGH a trusted local messenger



Radio is often a more effective form of communication in rural areas AND with Spanish speaking populations



RX FIRE LIT REVIEW:  
PROMISING PRACTICES

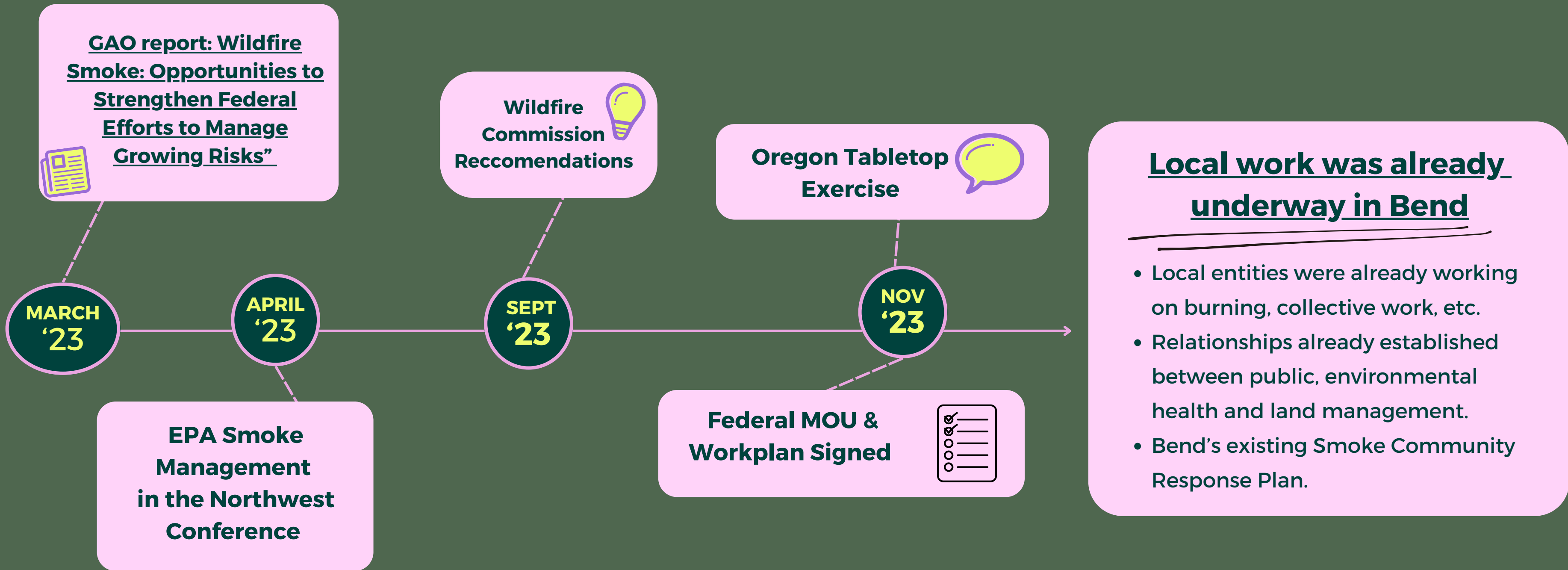
## **Provide actionable solutions for dealing with smoke & poor air quality year-round**

- ALL communication about Rx fire need to include specific info on actions to take to reduce smoke exposure
- Conduct pre- and post- Rx burn AND year-round



WEST BEND:  
SHARING LESSONS  
LEARNED

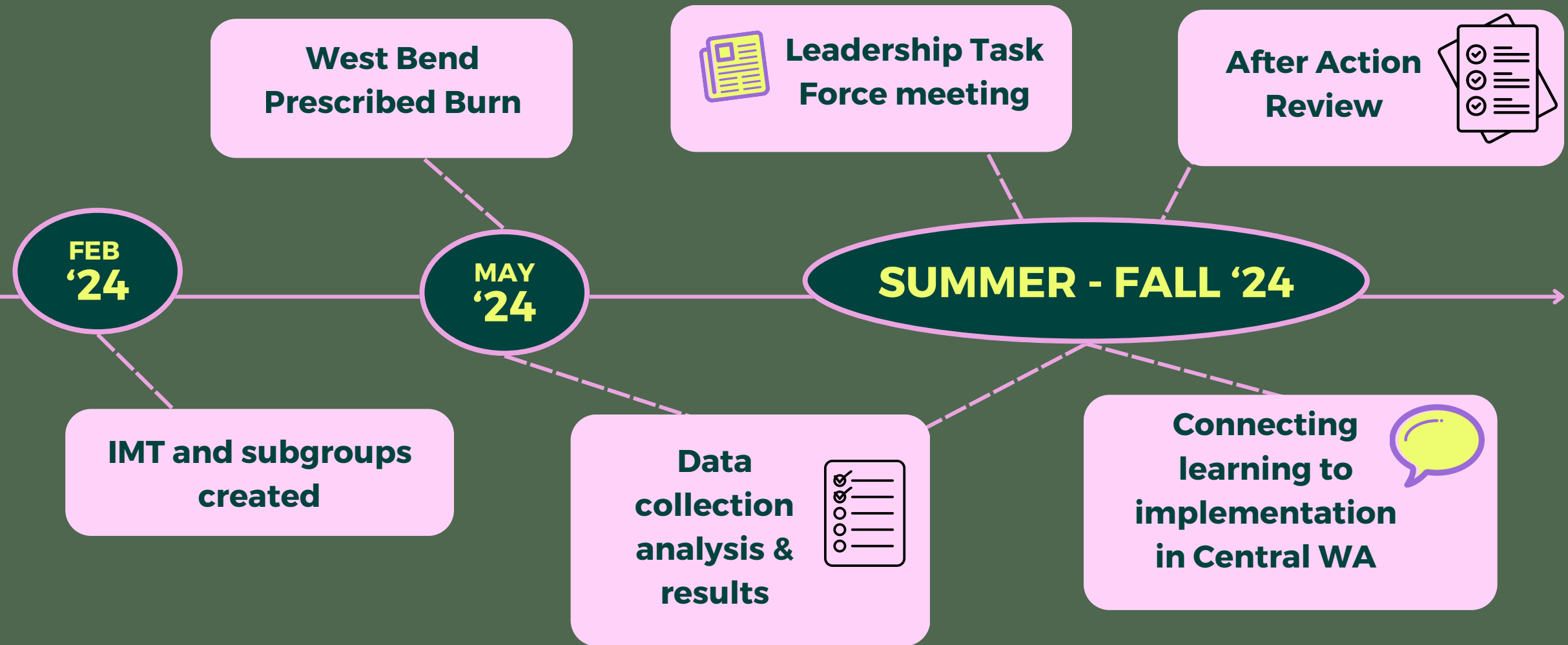
## **Recent Learning from Practice**





## PNW Regional Joint Statement of Intent Signed

- (1) Act with urgency.
- (2) Protect public health, safety, & property.
- (3) Identify and overcome the most limiting factors to achieving implementation of prescribed fire as a management tool at scale.
- (4) Be innovative & comprehensive in our approach & apply best practices.
- (5) Try new approaches, learn, & adapt based on experience.

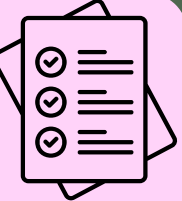


West Bend Prescribed Burn



Leadership Task Force meeting

After Action Review



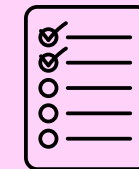
FEB '24

MAY '24

SUMMER - FALL '24

IMT and subgroups created

Data collection analysis & results



Connecting learning to implementation in Central WA





WEST BEND:  
SHARING LESSONS  
LEARNED

## Key Lessons Learned: West Bend After Action Review



Focused on experiences of individuals and organizations involved in the planning, preparation, and execution of the project.



Based on participant observation, survey (n = 35), interviews (n= 8), and multiple working sessions



WEST BEND:  
SHARING LESSONS  
LEARNED

## **Successes: West Bend After Action Review**

- Urgent action on larger burns
- Strong communication and coordination for project participants
- More reach and consistency in public health messaging
- Set a strong foundation to learn from and build on for future related efforts



WEST BEND:  
SHARING LESSONS  
LEARNED

## Areas of Learning: West Bend After Action Review



Redefining how this work “protects public health, safety and property”



Accessing overlooked or unaware portions of communities



Pivoting to whole community preparedness (with resources), year-round



WEST BEND:  
SHARING LESSONS  
LEARNED

Integrated planning  
and  
areas of learning

Cross functional  
collaboration

Alignment

Collaborative  
governance

Planning linked to resource  
allocation **and** metrics

Balancing aspiration  
with pragmatism

# Questions?

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EWP Co-Director  
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**Jess Downey**

UO Smoke Center Manager  
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Scan QR code to learn  
more about related work  
at the Smoke Center



**The Smoke Center**

CENTER FOR WILDFIRE SMOKE  
RESEARCH & PRACTICE  
University of Oregon



Forest Service  
U.S. DEPARTMENT OF AGRICULTURE

# West Bend: Sharing Lessons Learned

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The Role of Land Management and Public Health Partnerships

**Ryan Gordon**

Assistant Director, Natural Resources

USDA Forest Service, Region 6

# The Wildfire Crisis is a Public Health Crisis

*Prescribed fire is no longer solely a natural resource conversation - it is a public health priority and a climate adaptation strategy that mitigates the catastrophic impacts of wildfire.*

—  
Doug Grafe  
Wildfire and Military Advisor  
Office of Governor Tina Kotek



# West Bend Pilot Project: Proof Of Concept

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- Increase the pace and scale of prescribed fire
- Protect public health and build community awareness
- Explore the boundaries of current regulatory framework
- Develop a new way of doing business (learn and replicate)



# West Bend Pilot Project: Opportunities

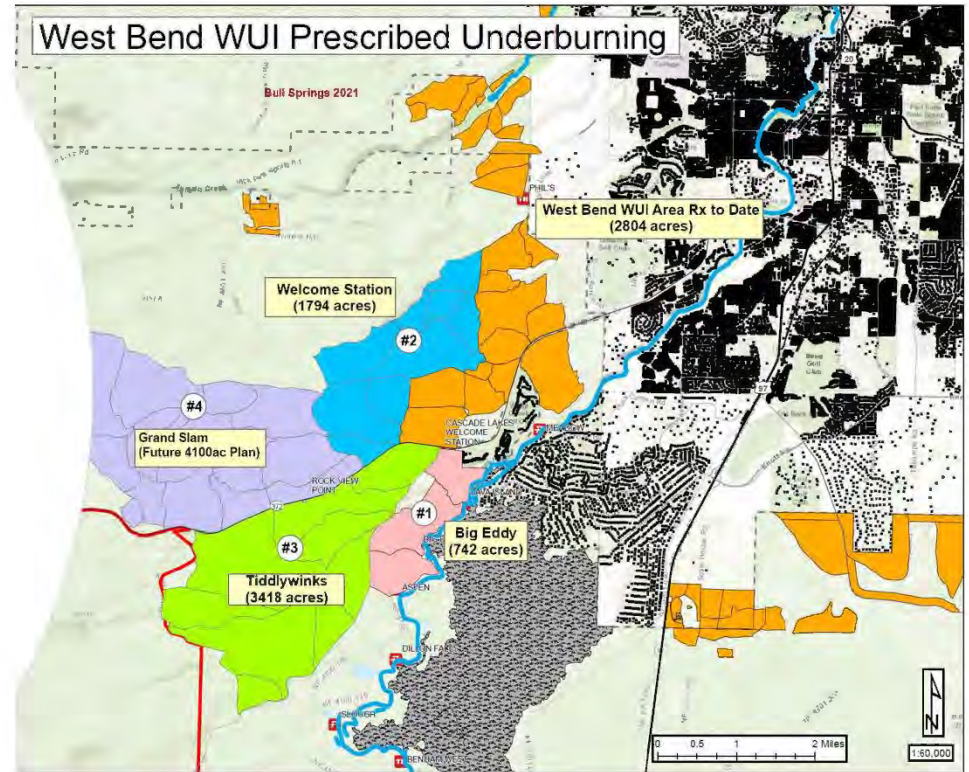
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- Strong leadership support among all partners
- Recognition of the challenges and opportunities
- Existing, planned project with record of success
- Community capacity
  - Strong local relationships, especially with public health
  - Existing community protection plan
  - High level of community awareness (regionally)
- Commitment to learning



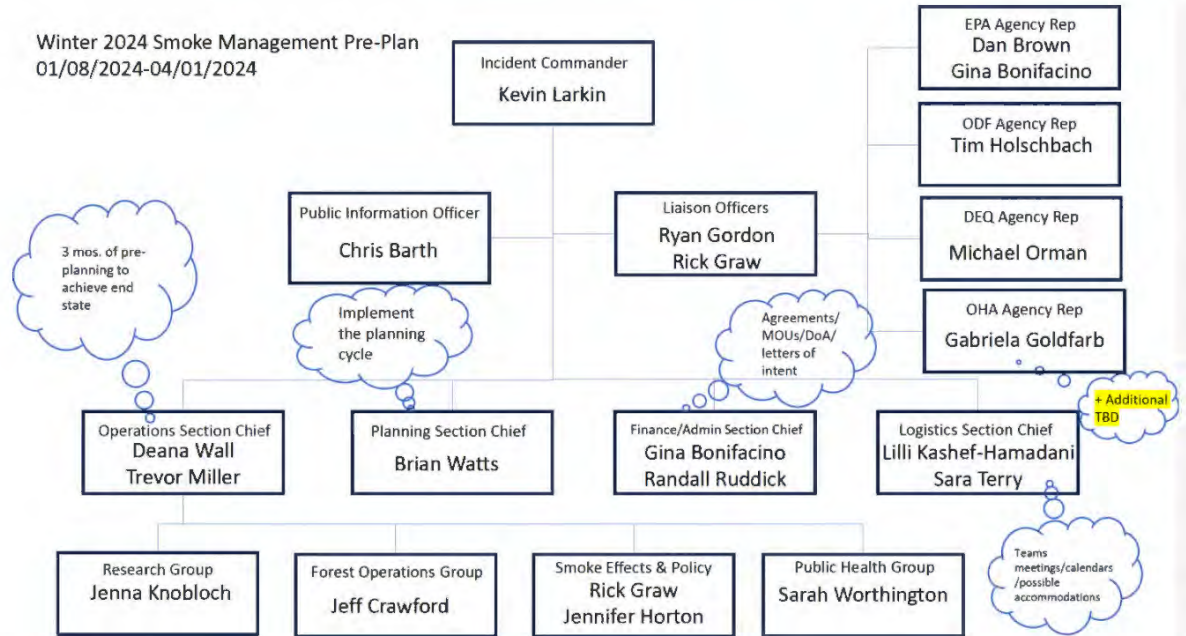
# West Bend Pilot Project: Challenges

- Multiple values at risk
- Smoke-impacted community
- History of limited burn windows
  - ~230 acres/year over last decade
- Short timeline / limited capacity
- Emphasis to go big
- New relationships, outside pressure
- How do we plan?



# West Bend Pilot Project: Planning

- Modified IMT Structure
- Focused on...
  - Planning, not implementation
  - Organization, not command
  - Roles & responsibilities
  - Sharing information
  - Learning



# West Bend Pilot Project: Communications

## Communication Wheelhouses



# West Bend Pilot Project: Outcomes

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- 1864 Acres Burned – 7X Increase
- Robust joint information team
- Weekly meetings for Agency Representatives
- Science
  - Indoor AQ – 79 Air Monitors
  - Outdoor AQ – Monitoring & Modeling
  - Social – 4250 surveys, response 800+
- Commitment to learning





# Forest Service

## U.S. DEPARTMENT OF AGRICULTURE

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### **Ryan Gordon**

Assistant Director, Natural Resources  
USDA Forest Service, Region 6

[Ryan.Gordon2@usda.gov](mailto:Ryan.Gordon2@usda.gov)

# West Bend Pilot Project: The Baseline

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- Act with Urgency
- Protect Public Health, Safety, and Property
- Identify and Overcome Limiting Factors
- Be Innovative and Comprehensive
- Try New Things. Learn. Adapt.



What lessons did we learn?  
How do we use them?  
Implications for policy?  
Are they replicable?

How does each pilot  
advance execution?

# West Bend Pilot Project: Successful?


- Proof of concept? Yes.
  - Coordination, Messaging, Implementation
- Protect public health? Science to come.
- Shared learning? Yes.
- Replicability? More to come.

## 2024 Prescribed Burning West Bend

This spring, the Deschutes National Forest plans to conduct up to 3,000 acres of prescribed burning in the forest directly west of Bend.

Prescribed burning is a critical tool to reduce the risk for catastrophic wildfire impacting our community. Forest restoration has been ongoing in West Bend since 2014 with these areas receiving thinning, mowing, mastication, and pile burning in preparation for returning low-intensity fire to the landscape.

Fire plays an integral role in Central Oregon's ecosystem. Some of the things we love most about our landscape, like Ponderosa pines, require frequent low-intensity fire to sustain.





West Bend, Big Lake, Ladbroke, Wickham Station, 110

Prescribed burns, which are primarily conducted in the spring and fall, are carefully planned and implemented under specific conditions including temperature, wind, humidity, and vegetation moisture. These prescribed conditions help to ensure that the fire burns with a low-intensity and reduces the likelihood that heavy smoke will blow into nearby communities. Firefighters work with Oregon Department of Environmental Quality, Oregon Department of Forestry Smoke Management, the Environmental Protection Agency, Oregon Health Authority and Deschutes County Public Health to conduct prescribed burns when conditions will minimize smoke impacts to communities. However, some smoke is inevitable and part of living in a fire-dependent ecosystem.

**Locations**  
Orange cross-hatched areas on the map above show units where firefighters may conduct prescribed burn operations.

**Dates**  
Prescribed burns are planned around specific wind, weather, and moisture conditions. As such, ignition days can only be determined up to 72 to 24 hours in advance.

**Stay Informed**  
Text **OCDFP** to **888-777** to receive text alerts on day of ignition.



# Begin with the end in mind.

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- Repeatable, flexible methodology needed to study the efficacy of this work.
- Impact v. Benefit – tradeoff of now versus later
- Complex planning scenarios: Where's the smoke coming from?



# Create opportunities for shared learning.

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- Understand each others' jobs – challenges, opportunities, and innovative solutions.
- Ensure integration between forecasting, public health, and real-time communications.
- Seat multi-agency representation on the command and general staff (leadership team).
- Avoid siloing (potential pitfall of IMT structure)





# Forest Service

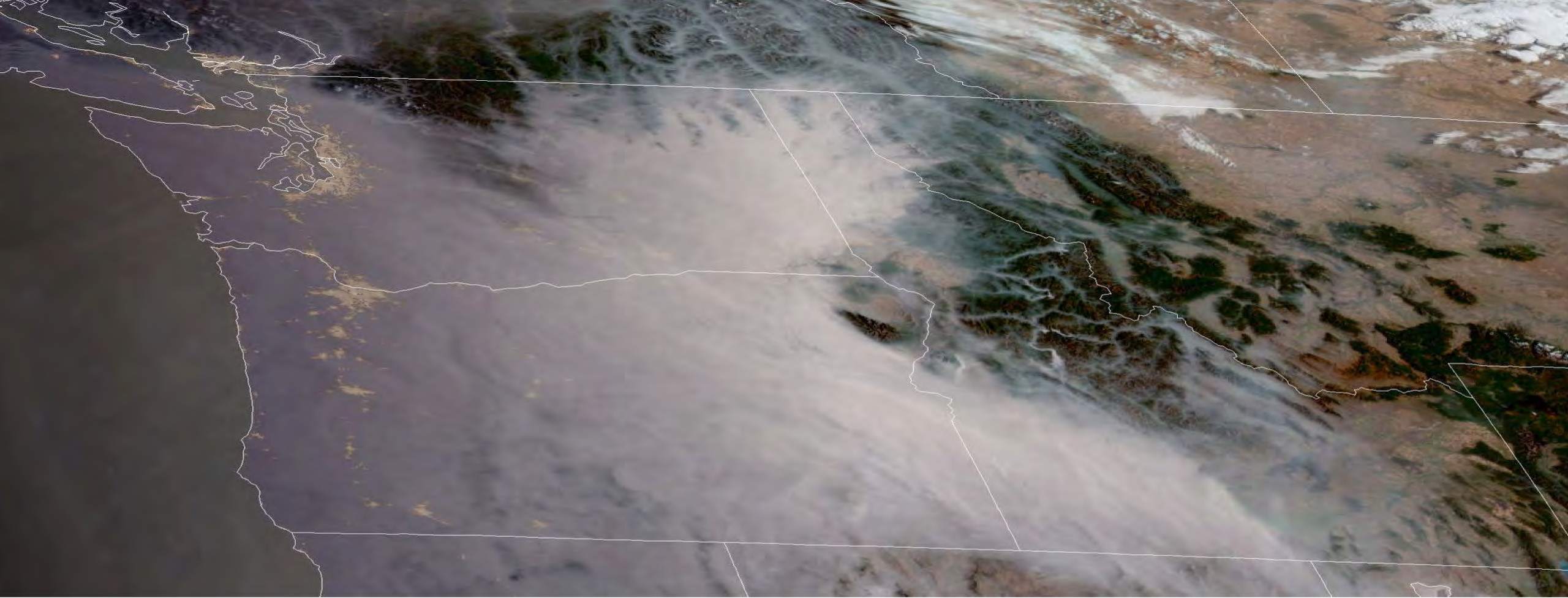
## U.S. DEPARTMENT OF AGRICULTURE

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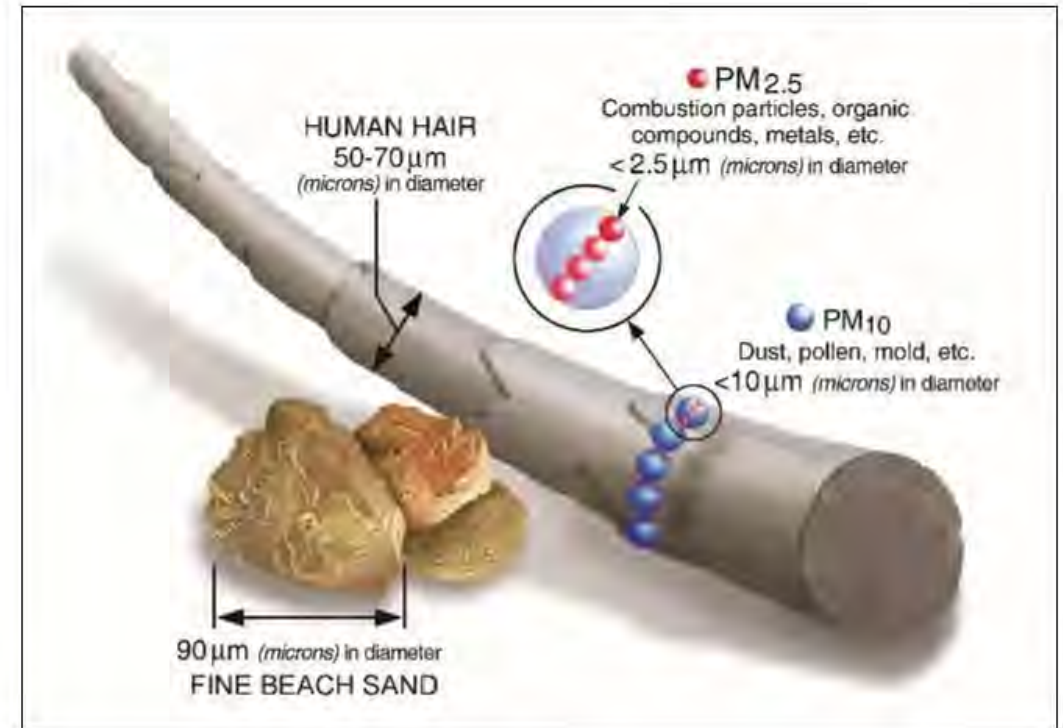
# WA STATE WILDFIRE SMOKE GUIDANCE

**Annie Doubleday**  
Ambient Air Quality Epidemiologist

# Wildfire smoke is a mixture of pollutants

PM<sub>2.5</sub> is 90% of the particle mass emitted from wildfires

- **Particulate Matter (PM<sub>2.5</sub> and PM<sub>10</sub>)**
- Ozone
- Carbon Monoxide
- Carbon Dioxide
- Hazardous Air Pollutants (HAPs)
- Volatile Organic Compounds (VOCs)
- Nitrogen Dioxide



Source: US EPA

# Minor to deadly responses to wildfire smoke

- Eye, nose, and throat irritation
- Cough, wheeze, shortness of breath
- Headaches
- Fatigue
- Irregular heartbeat, chest pain
- Exacerbations of chronic lung and heart conditions
- Overall increase in hospitalizations & deaths



sore throat



headaches



burning eyes



coughing



wheezing



shortness of  
breath

# Sensitive Groups with Increased Risk

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- People with health conditions
  - Lung & heart diseases
  - Respiratory illness
  - Diabetes
- People 18 and younger
- People 65 years and older
- Pregnant people
- Outdoor workers
- People of color
- Tribal and indigenous people
- People with low income



# Steps to reduce exposure to smoke

## 1. Stay updated on current and forecast air quality

- Check the air quality index (AQI)

## 2. Reduce exposure

- Avoid strenuous outdoor physical activity
- Limit time outdoors

## 3. Stay inside with cleaner indoor air

- Close windows and doors, unless its too hot to maintain safe temperatures
- Don't add to indoor air pollution
- Filter indoor air
  - HVAC system with a MERV 13 filter
  - Portable air cleaner with a HEPA filter
  - DIY box fan filter
- If unable to maintain clean air at home, go elsewhere for cleaner air, such as a friend's or public space

## 4. Pay attention to symptoms

- Seek medical help if needed



# Smoke from Fires Webpage

## Frequently Asked Questions

What health problems can smoke cause? ▾

Who is especially sensitive to smoke? ▾

How can I find out about the current air quality? ▾

What can I do to protect myself and my family from outdoor smoke? ▾

What if I don't have air conditioning and it's hot indoors? ▾

Should I use a respirator when there is outdoor smoke? ▾

How can I improve filtration in my home to reduce smoke levels? ▾

Should I exercise when it's smoky? ▾

What should I do if I have to drive when it's smoky? ▾

What can schools do to protect children students during smoky conditions? ▾

Can smoke impact my mental health? ▾

[www.doh.wa.gov/smokefromfires](http://www.doh.wa.gov/smokefromfires)

Available in 9 languages

### In this section

Air Quality

Indoor Air

Outdoor Air

Smoke From Fires ▾

Partner Toolkit

English

## Smoke From Fires

Outdoor smoke contains very small particles and gases. These particles can get into your eyes and lungs where they can cause health problems. The main sources of outdoor smoke in Washington are:

- Wildfires
- Wood stoves, pellet stoves, and fireplaces
- Agricultural burning
- Prescribed fires (used to manage forests)

# Smoke from Fires Toolkit

<https://doh.wa.gov/community-and-environment/air-quality/smoke-fires/smoke-wildfires-toolkit>

## Health Resources

**Washington Air Quality Guide for Particle Pollution:** [English](#) / [Spanish](#) / [Arabic](#) / [Chinese Simplified](#) / [Chinese Traditional](#) / [Korean](#) / [Punjabi](#) / [Russian](#) / [Somali](#) / [Tagalog](#) / [Ukrainian](#) / [Vietnamese](#)

**Washington Children and Youth Activities Guide for Air Quality:** [English](#) / [Spanish](#) / [Somali](#) / [Russian](#)

- Youth Activities Guide FAQs: [English](#) / [Spanish](#) / [Somali](#) / [Russian](#)

**Washington Guide for Public Health Actions for Wildfire Smoke:** [English](#)

**Wildfire Smoke Guidance for Canceling Outdoor Events or Activities and Closing Schools:** [English](#)

- Summary Wildfire Smoke Guidance for Cancelling Outdoor Public Events or Activities: [English](#)
- Summary Wildfire Smoke Guidance for Closing Schools: [English](#)

### **[Portable Air Cleaner Selection Guide](#)**

### **[Improving Ventilation and Indoor Air Quality During Wildfire Smoke Events \(PDF\)](#)**

**DOH Recommendations for Wildfire Smoke and Respiratory Viruses:** [English](#)

**Washington State CEMP ESF 8 Attachment 1 to Appendix 5 – Wildfire Response – Severe Smoke Episodes:** [English](#)

**Wildfire Smoke: A Guide for Public Health Officials:** [English](#)

**Smoke from fires can be dangerous flyers:**

For everyone:

[English](#) / [Spanish](#) / [Arabic](#) / [Chinese](#) / [Korean](#) / [Punjabi](#) / [Russian](#) / [Somali](#) / [Tagalog](#) / [Ukrainian](#) / [Vietnamese](#)

# Washington Air Quality Guide for Particle Pollution

**Washington Air Quality Guide for Particle Pollution**

Vehicle exhaust, woodstove emissions, industrial emissions, wildfire smoke, windblown dust, and other sources contain fine particles with diameters 2.5 micrometers or smaller (PM2.5) that can be dangerous to your health.

**The Air Quality Index (AQI) reports the level of air quality and health concern across six categories:**

Air Quality Index	What Should I Do?	Know the symptoms!
<b>Good</b> 0-50	It's a great day to be active outside and a good time to make a plan if worse air quality is in the forecast.	Burning eyes Coughing Throat and nose irritation Headaches Fatigue Wheezing and shortness of breath Irregular heartbeat Chest pain
<b>Moderate</b> 51-100	Some people are especially sensitive to lower levels of particle pollution and should reduce exposure. For example, limit time outside and avoid strenuous outdoor activity. All sensitive groups should watch for symptoms.	
<b>Unhealthy for Sensitive Groups</b> 101-150	Sensitive groups should take steps to reduce exposure. Limit time outside, avoid strenuous outdoor activity, and follow tips for cleaner indoor air. Everyone should watch for symptoms as a sign to reduce exposure.	
<b>Unhealthy</b> 151-200	Everyone should reduce exposure. Limit time outside, avoid strenuous outdoor activity, and follow tips for cleaner indoor air.	
<b>Very Unhealthy</b> 201-300	Everyone should reduce exposure. Stay inside and filter indoor air to keep it cleaner. Go elsewhere for cleaner air, if needed.	
<b>Hazardous</b> >300	Everyone should reduce exposure. Stay inside and filter indoor air to keep it cleaner. Go elsewhere for cleaner air, if needed.	

*See back page for steps to reduce exposure and a list of sensitive groups with increased risk.*

*For information on wildfire smoke and protecting health, go to [doh.wa.gov/smokefromfire](http://doh.wa.gov/smokefromfire).  
For information on wildfire smoke and outdoor worker safety, see WA State Department of Labor and Industries requirements.*

## WA Air Quality Guide for Particle Pollution

Air Quality Index	What Should I Do?
<b>Good</b> 0-50	It's a great day to be active outside and a good time to make a plan if worse air quality is in the forecast.
<b>Moderate</b> 51-100	Some people are especially sensitive to lower levels of particle pollution and should reduce exposure. For example, limit time outside and avoid strenuous outdoor activity. All sensitive groups should watch for symptoms.
<b>Unhealthy for Sensitive Groups</b> 101-150	Sensitive groups should take steps to reduce exposure. Limit time outside, avoid strenuous outdoor activity, and follow tips for cleaner indoor air. Everyone should watch for symptoms as a sign to reduce exposure.
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<b>Hazardous</b> >300	Everyone should reduce exposure. Stay inside and filter indoor air to keep it cleaner. Go elsewhere for cleaner air, if needed.

**Steps to Reduce Exposure**

- Limit duration and intensity of outside physical activity.
- Stay inside with cleaner indoor air:
  - Close windows and doors, unless it is too hot to maintain safe temperatures.
  - Don't add to indoor air pollution, such as cigarette smoking or burning candles.
  - Filter indoor air through an HVAC system, HEPA portable air cleaner, or DIY box fan filter.
  - Set air conditioning to recirculate.
- If unable to maintain clean air at home, go elsewhere for cleaner air such as a friend's place, public space, or unimpacted area.
- If you must be outside, wear a properly fitted, NIOSH-approved particulate respirator, such as an N95 mask.

**Sensitive Groups with Increased Risk**

- People with health conditions
  - Lung diseases, such as asthma and COPD
  - Heart diseases
  - Respiratory illnesses
  - Diabetes
- People 18 and younger or older than 65
- Pregnant people
- Outdoor workers
- People of color
- Tribal and indigenous people
- People with low income

Washington State Department of Health  
DEPARTMENT OF ECOLOGY  
State of Washington  
DOH 821-174  
April 2022  
To request this document in another format, call 1-800-525-1127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email [civildigit@doh.wa.gov](mailto:civildigit@doh.wa.gov).

*For information on wildfire smoke and protecting health, go to [doh.wa.gov/smokefromfire](http://doh.wa.gov/smokefromfire).  
For information on wildfire smoke and outdoor worker safety, see WA State Department of Labor and Industries requirements.*

Available in 12 languages on <https://doh.wa.gov/community-and-environment/air-quality/smoke-fires/smoke-wildfires-toolkit>

# Washington Children and Youth Activities Guide for Air Quality



The following public health recommendations are to protect children and youth (18 years and younger) from fine particle air pollution (PM2.5). Apply this guide to school, child care, athletic practices and games, before and after school programs, camps, field trips, and other outdoor programming and activities.

Check current and forecast air quality at [AirNow.gov](http://AirNow.gov) or during wildfire smoke at [wasmoke.blogspot.com](http://wasmoke.blogspot.com)

(See Appendix A)

## Outside Air Quality Index (AQI): PM2.5

Activity Duration	Good (0-50 AQI)	Moderate (51-100 AQI)	Unhealthy for Sensitive Groups (101-150 AQI)	Unhealthy, Very Unhealthy, or Hazardous (≥151 AQI)	ADDITIONAL CONSIDERATIONS
15 mins to 1 hour (e.g., recess, PE, classes typically held outside)	No restrictions.	Allow children and youth with health conditions to opt out or stay indoors. Limit intensity of activities for these children and youth if needed.	Limit to moderate intensity activities outside. For children and youth with health conditions, further limit intensity or move to an area with safer air quality if needed.	Cancel outdoor activity or move to an area with safer air quality, either indoors with filtered air or to a different location. Limit to light intensity activities indoors if indoor PM2.5 levels are elevated.	Close windows and doors when activities are moved indoors. Pay attention to heat.  Indoor air filtration can reduce elevated levels of indoor PM2.5. See Appendix C. To measure indoor PM2.5 levels, see Appendix B.
1-4 hours (e.g., athletic events and practices)	No restrictions.	Allow children and youth with health conditions to opt out or stay indoors. Limit intensity of activities for these children & youth if needed.	Limit to light intensity activities or to a 1-hour total duration with moderate intensity activities. If intensity level and time cannot be modified, consider canceling outdoor activity or move to an area with safer air quality, either indoors or to a different location. For children & youth with health conditions, further limit time or intensity if needed.	Cancel outdoor activity or move to an area with safer air quality, either indoors with filtered air or to a different location. Limit to light intensity activities indoors if indoor PM2.5 levels are elevated.	Consider time spent in activity duration.
> 4 hours (e.g., outdoor school or programming, day camp, overnight camp)	No restrictions.	Move children and youth with health conditions to an area with safer air quality, either indoors or to a different location if needed. Allow children and youth without health conditions to opt out or stay indoors and limit intensity of activities.	Limit to light intensity activities and under 4-hr total duration. If intensity level and time cannot be modified, cancel outdoor activity, or move it to an area with safer air quality, either indoors or to a different location. For children and youth with health conditions, further limit time or intensity if needed.	Cancel outdoor activity or move to an area with safer air quality, either indoors with filtered air or to a different location. Limit to light intensity activities indoors if indoor PM2.5 levels are elevated.	All children and youth 18 and younger are considered a sensitive group. Health conditions include but are not limited to asthma and other lung disease, heart disease, diabetes, and respiratory infection (e.g., RSV and pneumonia).

### Sources of PM2.5

The primary sources of PM2.5 are typically wildfire smoke during warmer months and smoke from home heating during colder months, though this varies by location. Other sources include vehicle exhaust, industrial emissions, and prescribed burning.

### Children's Health & Increased Risk

Children and youth are more sensitive to health effects from breathing in PM2.5 because they breathe in more air than adults for their body weight. This increases their total dose of air pollution. The respiratory system also develops until about age 21. Children and youth with health conditions (including asthma and other lung diseases, heart disease, and diabetes) have a higher risk of emergency department visits and hospitalizations compared to children without health conditions. Children and youth may also be at risk for declines in academic performance, neurodevelopmental problems, and chronic conditions in adulthood. Children with asthma should follow their [Asthma Action Plan](#).

### Symptoms

Symptoms of PM2.5 exposure include burning eyes, coughing, throat and nose irritation, fatigue, headache, wheezing, and shortness of breath. Monitor symptoms. If symptoms become serious, seek medical attention. Symptoms can continue or appear in the week following exposure to PM2.5.

### Physical Activity

**CDC recommends** children and youth 6-17 years old exercise an hour or more every day as an important part of health. WAC 110-300-0360(2)(c) requires minimum outdoor activity/active play in child care programs with an exception for extreme weather. Safe outdoor play when PM2.5 levels are high, especially for days or weeks, requires precautions. People breathe deeper and take more air into their lungs when exercising, thus taking in more air pollution. Children and youth's breathing rates increase over 2 times during light intensity physical activity, over 4 times during moderate intensity activity, and over 8 times during high intensity activity compared to being at rest. Intensity level is related to the exertion and varies individually, but as examples:

- » Light Intensity Activities: playing board games, playing catch, and stacking blocks
- » Moderate Intensity Activities: climbing on playground, dodgeball, four-square, golf, gymnastics, hopscotch, lightly riding a tricycle/bicycle, marching band, moderate or brisk walking, shooting basketballs, softball/baseball, table tennis, volleyball, weight training, and yoga
- » Vigorous Intensity Activities: aerobic dance, basketball, cheer, competitive swimming, football, jogging, jumping jacks, jump rope, karate, race walking, running, soccer, swimming, tennis, and vigorous bicycling

For a more detailed list see [CDC's guidance, Measuring Physical Activity Intensity](#).

### Reducing Exposures

As PM2.5 pollution increases, each action is increasingly important to protect health: limit duration and intensity of outside physical activity (e.g., increase rest periods), stay indoors when possible and keep indoor air clean. Consider a child's total exposure throughout the day and night, including time spent at school, home, and in transit. Walking, biking, or riding in a bus with windows opened is time outdoors. Some children may not have cleaner air at home.

### Masks & Respirators

A NIOSH approved N95 or other particulate respirator can be an option when you have no other way to avoid wildfire smoke. NIOSH approved respirators do not come in suitable sizes for very young children and have not been tested for broad use in children. Effective use requires proper selection, size and fit. See [Western States PEHSU guidance](#) on respirator use by children. More [NIOSH information](#) here.

### Air Quality Monitoring & Low-Cost Sensors

**Outdoor Air Monitoring:** Use air pollution forecasts and government agency monitors on [AirNow.gov](http://AirNow.gov) for non-wildfire smoke pollution. Use the [Washington Smoke Blog](#) for wildfire smoke. The Smoke Blog includes low-cost sensors and has the most relevant forecasts for Washington wildfire smoke. See Appendix A.

**Indoor Air Monitoring:** Indoor low-cost sensors can be used for indoor activities. Do not compare uncorrected sensor data to the AQI. Compare sensor data in locations throughout the facility and indoors vs outdoors. See Appendix B.

### Indoor Air Quality

During high levels of PM2.5 or extended durations of poor air quality, taking steps to improve indoor air quality is extra important because PM2.5 will seep into buildings. If you're not sure whether indoor PM2.5 levels are lower than outside, assume levels are similar and increase steps to reduce exposure. Indoor air filtration (HVAC systems with enhanced filtration or HEPA portable air cleaners) can reduce indoor levels of PM2.5. Do not use air cleaners that produce ozone or have additive technology, such as ionization and plasma. See Appendix C.

### Adult Staff & Volunteers

Adult staff and volunteers can be impacted by air pollution, see [WA Air Quality Guide for Particle Pollution](#). For policies on outdoor workers during wildfire smoke, see [WA L&I's Wildfire Smoke Workplace Safety & Health webpage](#).

### School Closures

Consider school and facility closures if you cannot maintain indoor 125.5 µg/m3 (AQI value of 201). See [Summary Wildfire Smoke Guidance for Closing Schools](#), which includes factors to consider.

### Resources

**Websites:** WA DOH's [Air Quality and Health](#) or [Smoke from Fires and Health](#), EPA's [Air Quality Flag Program](#). For technical assistance: [airquality@doh.wa.gov](mailto:airquality@doh.wa.gov).

# Washington Guide for Public Health Actions for Wildfire Smoke

This guide is designed for air quality, public health, and other officials making local decisions.



Air Quality Index	Recommended Public Health Actions Check current and forecasted air quality at <a href="http://wasmoke.blogspot.com">wasmoke.blogspot.com</a> .
<p><b>Good</b> (0-50)</p>	<p><b>Prior to wildfire season:</b></p> <ul style="list-style-type: none"> <li>Coordinate a local plan for public health actions and distribute preparedness information to the public.</li> <li>Identify indoor spaces where individuals will seek cleaner air during wildfire smoke events and <b>develop plans to protect indoor air quality</b>, including filtration.                             <ul style="list-style-type: none"> <li>Indoor spaces used by sensitive groups, such as schools, child care facilities, and long-term care facilities.</li> <li>Community cleaner air settings, such as libraries.</li> <li>Temporary cleaner air shelters.</li> </ul> </li> </ul> <p><b>During wildfire season:</b></p> <ul style="list-style-type: none"> <li>Monitor wildfires, smoke forecasts, and air quality at <a href="http://WA Smoke Blog">WA Smoke Blog</a>.</li> <li>If forecasts predict smoke in your area, review <a href="#">the Washington Wildfire Response document for Severe Smoke Episodes</a> and the <a href="#">Wildfire Smoke Guide for Public Health Officials</a>.</li> </ul>
<p><b>Moderate</b> (51-100)</p>	<p><b>Above recommendations, plus:</b></p> <ul style="list-style-type: none"> <li>Distribute health information to the public, including steps to take with health advisory categories: <a href="#">Washington Air Quality Guide for Particle Pollution</a>.                             <ul style="list-style-type: none"> <li>Refer to the WA Smoke Blog for information about wildfires, smoke forecasts, and air quality.</li> <li>Identify and focus outreach efforts for sensitive groups.</li> </ul> </li> <li>Coordinate with public health partners to follow recommended public health actions.</li> <li>Recommend following the <a href="#">Washington Children and Youth Activities Guide for Air Quality</a>.</li> <li>For outdoor workers, start following <a href="#">WA Department of Labor and Industries'</a> requirements.</li> </ul>
<p><b>Unhealthy for Sensitive Groups</b> (101-150)</p>	<p><b>Above recommendations, plus:</b></p> <ul style="list-style-type: none"> <li>Recommend sensitive groups take steps to reduce exposure (limit time outside, avoid strenuous outdoor activity, and follow tips for cleaner indoor air).</li> <li>Recommend sensitive groups spend time in a cleaner air setting in the community, such as a library, if they cannot maintain cleaner air at home.</li> <li>Cancel children's outdoor athletic events and practices or move them to an area with safe air quality, either indoors or at a different outside location: <a href="#">Washington Children and Youth Activities Guide for Air Quality</a>.</li> <li>For an extended duration of smoke, consider opening a cleaner air shelter for sensitive groups.</li> </ul>

Air Quality Index	Recommended Public Health Actions Check current and forecasted air quality at <a href="http://wasmoke.blogspot.com">wasmoke.blogspot.com</a> .
<p><b>Unhealthy</b> (151-200)</p>	<p><b>Above recommendations, plus:</b></p> <ul style="list-style-type: none"> <li>Recommend everyone take steps to reduce exposure (limit time outside, avoid strenuous outdoor activity, and follow tips for cleaner indoor air).</li> <li>Recommend everyone spend time in an identified cleaner air setting in the community, such as a library, if they cannot maintain cleaner air in their residence.</li> <li>Consider canceling outdoor public events and activities: <a href="#">Wildfire Smoke Guidance for Cancelling Outdoor Events or Activities and Closing Schools</a>.</li> <li>For an extended duration of smoke, consider opening a cleaner air shelter for the public.</li> </ul>
<p><b>Very Unhealthy</b> (201-300)</p>	<p><b>Above recommendations, plus:</b></p> <ul style="list-style-type: none"> <li>Strongly recommend everyone take steps to reduce exposure (stay inside and filter indoor air to keep it cleaner; go elsewhere for cleaner air if needed and possible).</li> <li>Cancel outdoor public events and activities: <a href="#">Wildfire Smoke Guidance for Cancelling Outdoor Events or Activities and Closing Schools</a>.</li> <li>If school is in session, discuss school closure with administrators if indoor air cannot be kept lower than <math>PM_{2.5}</math> 125.5 <math>\mu g/m^3</math> (AQI value of 201): <a href="#">Wildfire Smoke Guidance for Cancelling Outdoor Events or Activities and Closing Schools</a>.</li> <li>Distribute NIOSH-approved particulate respirators, such as N95 masks, as available, for limited use outside. Include <a href="#">training material</a> for proper fit and use.</li> <li>For an extended duration of smoke, consider recommending that sensitive groups voluntarily relocate to an unimpacted area.</li> </ul>
<p><b>Hazardous</b> (<math>\geq 300</math>)</p>	<p><b>Above recommendations, plus:</b></p> <ul style="list-style-type: none"> <li>For an extended duration of smoke, consider recommending that everyone voluntarily relocate to an unimpacted area.</li> </ul>





## Improving Ventilation and Indoor Air Quality During Wildfire Smoke Events

Recommendations for Schools, Homes, and Other Buildings with Mechanical Ventilation

### Wildfire Smoke Contaminants in Indoor Air

Wildfire smoke is a complex mixture of particulate matter and gases, including carbon monoxide (CO), volatile organic compounds (VOCs), and ground-level ozone (O<sub>3</sub>).

- Particulate matter consists of solid particles and liquid droplets suspended in the air. Particles with diameters less than 10 microns (PM<sub>10</sub>) are upper respiratory tract and eye irritants.
- Smaller particles (PM<sub>2.5</sub>) are an important health concern – they can be inhaled deep into the lungs and affect respiratory and heart health.
- CO, a colorless, odorless gas produced by incomplete combustion, is a particular health concern in dense wildfire smoke or in close proximity to a fire.
- Some VOCs and ground-level O<sub>3</sub> can also be health concerns in smoky environments.

Outdoor air pollutants, including smoke, enter and leave buildings in three main ways:

1. **Mechanical ventilation systems**, which actively draw in outdoor air through intake vents and distribute it throughout the building.
2. **Natural ventilation** from open doors or windows.
3. **Infiltration**, the passive entry of unfiltered outdoor air through small cracks and gaps such as around windows and doors.

Tightly closed buildings reduce exposure to outdoor air pollution. Upgrading the filter efficiency of the heating, ventilating, and air-conditioning (HVAC) system and changing filters frequently during periods of smoke greatly improves indoor air quality. Supplementing with High Efficiency Particulate Air (HEPA) portable air cleaners improves air quality even more.

See below for steps to take before and during a wildfire smoke event. Additional answers to frequently asked questions about wildfire smoke are available on DOH's [Smoke from Fires webpage](#).

### Upgrading and Maintaining HVAC Filters

Upgrading the filters on existing HVAC systems helps improve indoor air quality and can allow you to leave HVAC outdoor air intake vents open during some pollution events.

# Improving Indoor Air Quality for Schools and Buildings with Mechanical Ventilation

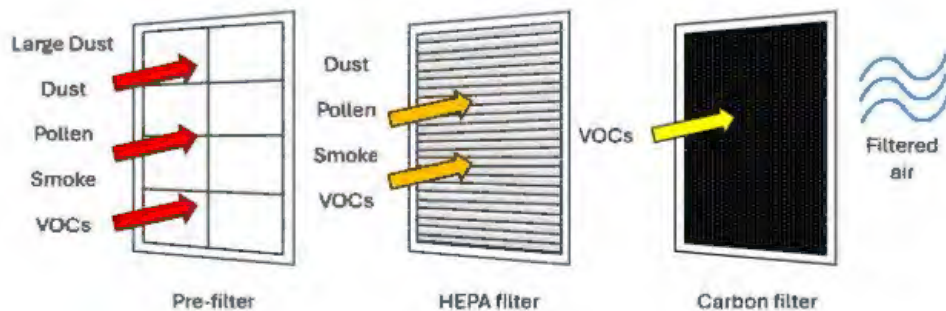
<https://doh.wa.gov/sites/default/files/legacy/Documents/Pubs/333-208.pdf>

# Portable Air Cleaner Selection Guidance

## Portable Air Cleaners

Portable air cleaners are an important way to remove wildfire smoke, respiratory viruses, dust, and pollen from indoor air. It's important to keep indoor air healthy. Contaminants in indoor air can cause health effects such as:

- Burning eyes, runny nose, headache, and coughing.
- Aggravation of existing heart and lung diseases, including asthma.
- Mental health concerns and psychological stress.



## Consider These Basic Criteria

When choosing a portable air cleaner for your home, classroom, workplace, or other criteria.

**1. Filter only - no ionic, ozone, or UV technologies**

**2. A real HEPA filter**

**3. The right size for your room**

**4. Not too loud**

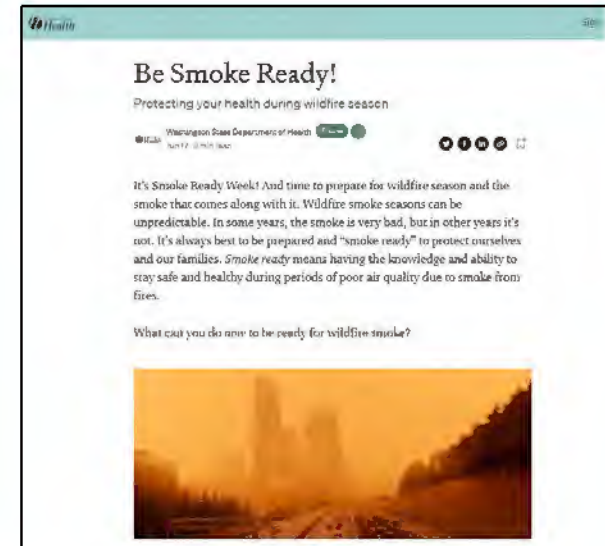
<https://doh.wa.gov/community-and-environment/air-quality/indoor-air/portable-air-cleaners>

# Be Smoke Ready

“Being smoke ready means that communities and individuals have the knowledge and ability to stay reasonably safe and healthy during smoke episodes.”

– *Interagency Wildland Fire Air Quality Response Program*

1. Know how to access forecast and current air quality conditions
2. Know what’s in smoke and why it’s bad for health
3. Know the health effects and symptoms of exposure to smoke and who is at risk
4. Know how to reduce exposure to smoke and have the resources and ability to do so



# Thank you!

**Annie Doubleday, PhD MPH**

Ambient Air Quality Epidemiologist

[Ann.doubleday@doh.wa.gov](mailto:Ann.doubleday@doh.wa.gov)



# Smoke: Environmental Justice, Exposure, & Resources

# Roles and Responsibilities

## Washington Department of Natural Resources

- State agency responsible for wildfire suppression
- Administers Smoke Management Plan as approved by EPA
  - Regulates permitting process for all silvicultural burns
  - Provides authoritative Go/No-Go decisions on all permit burns >100 tons
  - Developed Certified Burner Program which focuses on safe burning and smoke techniques
- **NEW** House Bill 1578 (2023) activities
  - Added 3 full time staff for smoke forecasting
  - Provided \$600k+ total to 5 local health jurisdictions for smoke readiness training and air filtration equipment
  - Procured 2 air quality sensors for deployment during large prescribed fire operations

## Washington Department of Ecology

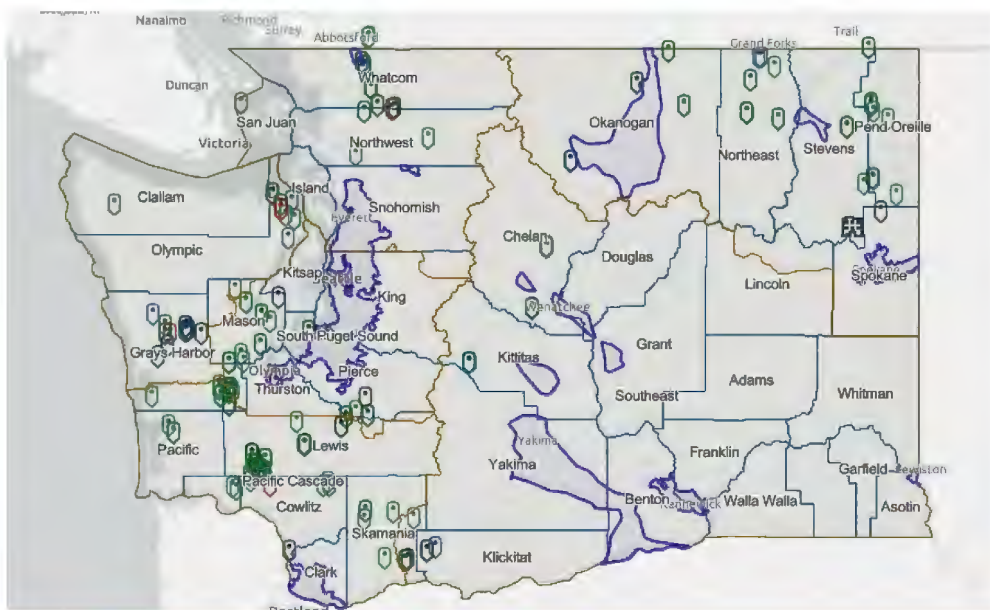
- Regulates agricultural, land clearing, and residential burning alongside local clean air agencies (LCAA's)
  - Issues permits and coordinates with WA DNR on burn decisions
  - Holds authority for calling air quality burn bans
- Manages state air quality monitoring program
- Through Climate Commitment Act, administers \$10m grant program to reduce criteria air pollution in overburdened communities
- Leads Washington Smoke Blog: [wasmoke.blogspot.com](http://wasmoke.blogspot.com)
  - In partnership with DNR & DOH
  - Information on wildfire smoke, in particular

# Resources

## Washington Department of Natural Resources

- Washington Burn Portal: <https://burnportal.dnr.wa.gov/>
  - Hub for all burn permits, approved/denied burn requests, smoke complaint submission system, and regulatory information
  - Twice weekly smoke coordination calls (Monday/Thursday)

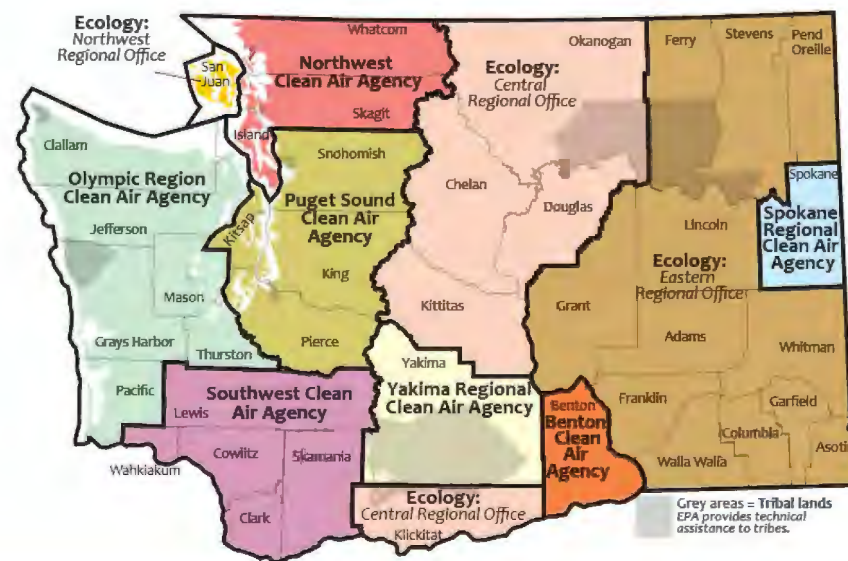
### All Burn Requests: October 27 – November 2



## Washington Department of Ecology

- Smoke And Fire Management Webpage <https://ecology.wa.gov/air-climate/air-quality/smoke-fire>
  - Air quality monitoring and forecasting, burn ban monitor, illegal burning/smoke exposure hotline, LCAA links, DIY filter instructions in multiple languages

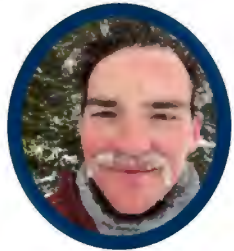
### Local Clean Air Agencies





# Contact

***smoke@dnr.wa.gov***



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# EPA Wildland Fire & Smoke Resources

Erin McTigue, Smoke Management Coordinator, EPA Region 10 (Alaska, Oregon, Washington, Idaho)

*Pioneer Fire, WA, 7/28/24, InciWeb*

# AirNow Wildfires Landing Page

[airnow.gov/wildfires](https://airnow.gov/wildfires)

Before a Fire



• [Be Smoke Ready](#)

During a Fire



• [During a Fire](#)

After a Fire

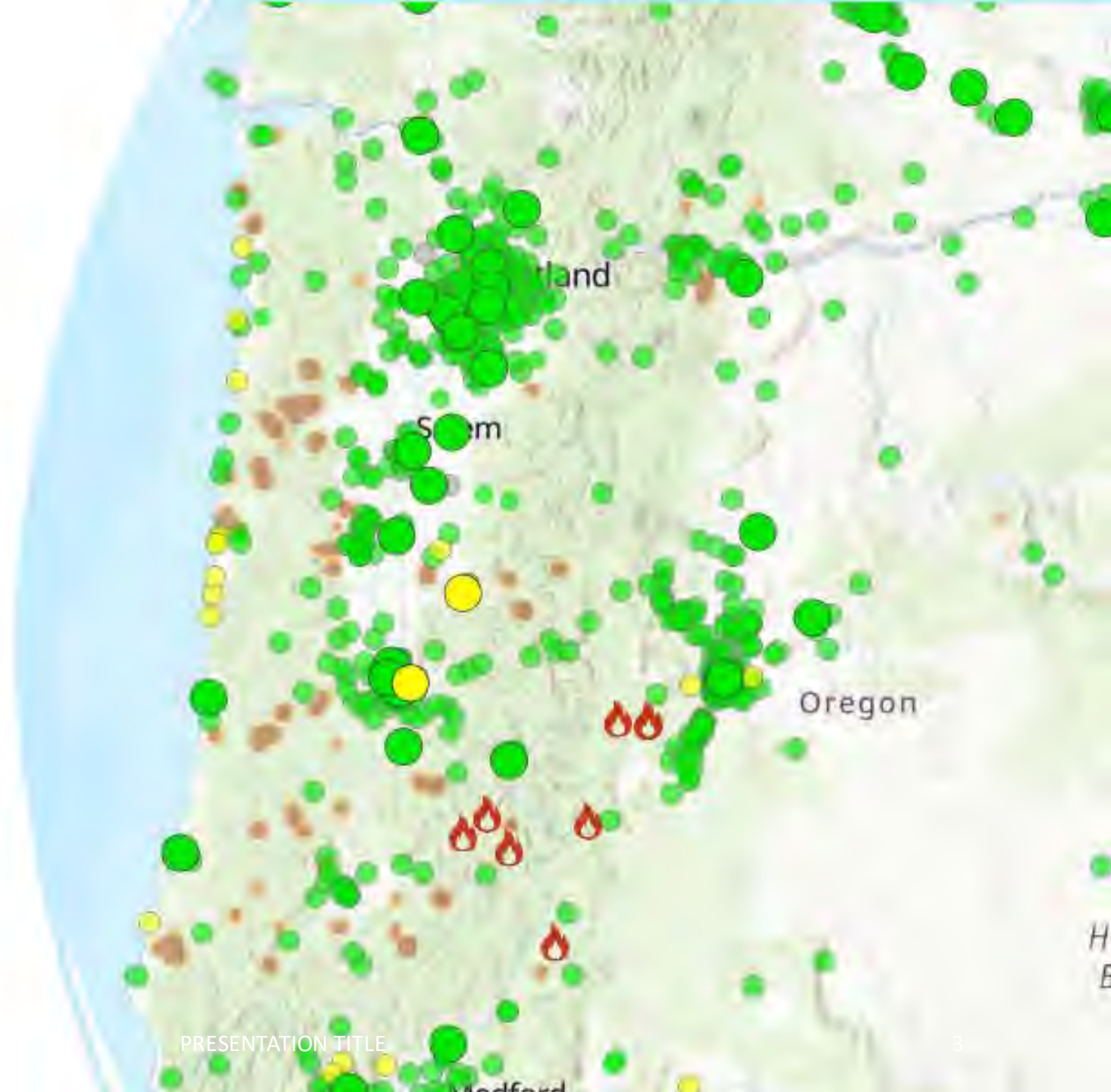


• [After a Fire](#)

# AirNow Fire & Smoke Map

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- <https://fire.airnow.gov/>
- English & Spanish
- Regulatory monitors and low-cost sensors
- Wildfire information and linked Air Resource Advisor forecasts
- Recently added ~1000 Canada based sensors

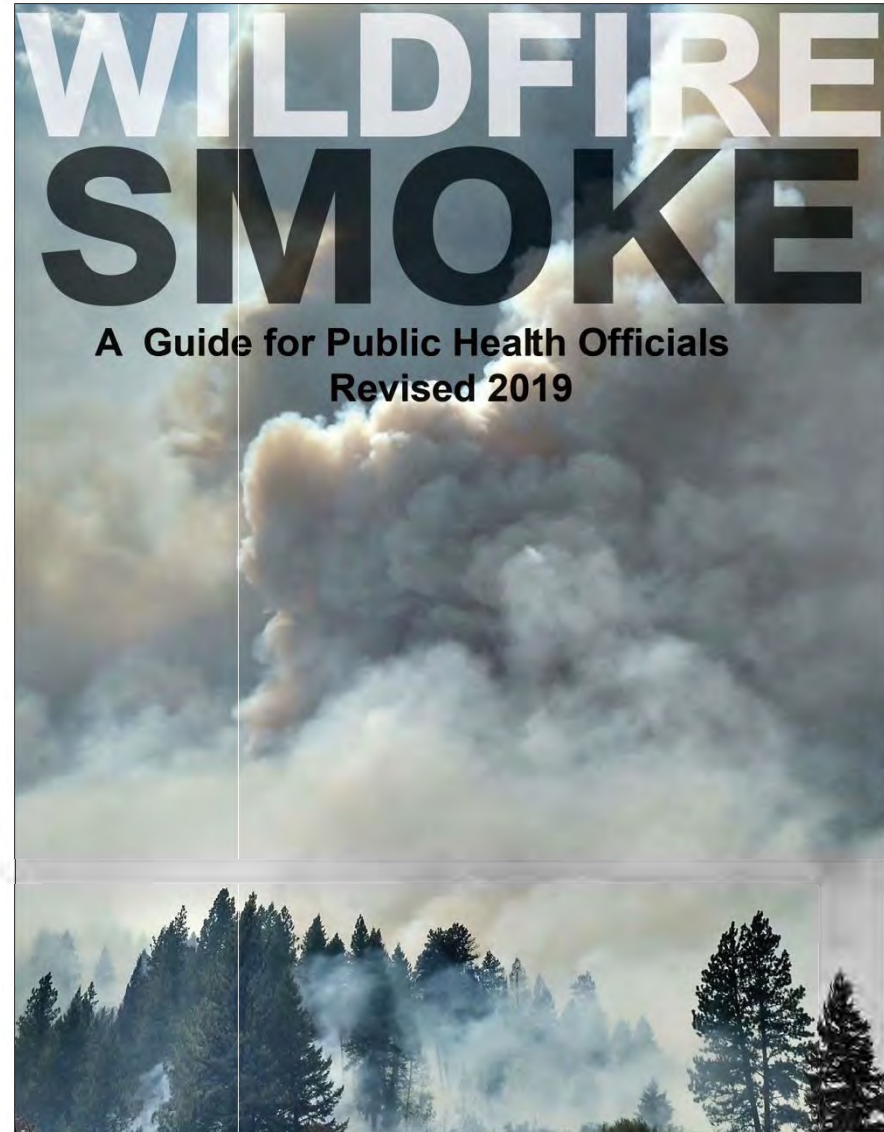


# Wildfire Smoke: A Guide for Public Health Officials

## *Revising the 2021 Version*

<https://www.airnow.gov/wildfire-guide-information/>

- Multi-agency effort (CARB, CDC, EPA, USFS)
- Includes health impacts, exposure reduction strategies, communications tools, etc.
- Considering content about Rx fires
- Expected completion FY25




# Wildfire Guide Factsheets

- Prepare for Fire Season
- Reduce Your Smoke Exposure
- Protecting Children from Wildfire Smoke and Ash
- Protect Your Lungs from Wildfire Smoke or Ash
- How to Create a Clean Room at Home
- Indoor Air Filtration
- Coping with the Stress of Wildfire Smoke
- Using Air Quality Sensors for Smoke
- Protect Your Pets
- Protect Your Large Animals and Livestock
- Protect Yourself from Ash
- Protect Yourself from Smoke and Extreme Heat (coming 2024)

<https://www.airnow.gov/wildfire-guide-factsheets/>

### WILDFIRE SMOKE FACT SHEET

#### At-Risk Groups of People



Wildfire smoke is a mixture of many different air pollutants. Of these, fine particulate matter, also called particle pollution or PM<sub>2.5</sub>, is the biggest threat to your health, especially if you are in an at-risk group. This fact sheet tells you about wildfire smoke, who is at risk and why, and how to protect yourself.

When should I be concerned? Even if you only breathe smoke for a few days, breathing smoky air for several days can increase risk to your health. To reduce your exposure to wildfire smoke, especially if it is smoky, you should take steps to reduce your exposure to wildfire smoke, especially if it is smoky.

Who is at risk? Most healthy adults and children recover quickly from long-lasting health effects. However, if you are in any of the following groups, your risk of long-lasting health effects is higher.

<b>People with chronic diseases</b>	Effect: People with chronic diseases are more likely to have health problems during a wildfire smoke event.
<b>Asthma and other lung diseases</b>	Effect: People with asthma and other lung diseases are more likely to have health problems during a wildfire smoke event.
<b>Why: Smoke exposure can trigger severe breathing responses in people with lung diseases.</b>	Effect: People with asthma and other lung diseases are more likely to have health problems during a wildfire smoke event.
<b>Effects: Trouble breathing (e.g., coughing, wheezing, and chest tightness), and worsening of chronic lung diseases, such as asthma and COPD, that require a trip to the emergency department or a hospital stay.</b>	Effect: People with asthma and other lung diseases are more likely to have health problems during a wildfire smoke event.
<b>Cardiovascular</b>	Effect: People with cardiovascular disease are more likely to have health problems during a wildfire smoke event.
<b>Why: Smoke exposure can trigger severe breathing responses in people with lung diseases.</b>	Effect: People with cardiovascular disease are more likely to have health problems during a wildfire smoke event.
<b>Effects: May include a trip to the emergency department or a hospital stay.</b>	Effect: People with cardiovascular disease are more likely to have health problems during a wildfire smoke event.
<b>Lifestages and Children</b>	Effect: Children are more likely to have health problems during a wildfire smoke event.
<b>Why: Children are more likely to have health problems during a wildfire smoke event.</b>	Effect: Children are more likely to have health problems during a wildfire smoke event.

### WILDFIRE SMOKE FACTSHEET

#### Indoor Air Filtration



When wildfire smoke gets inside your home it can make your indoor air unhealthy, but there are steps you can take to protect your health and improve the air quality in your home. Reducing indoor sources of pollution is a major step toward lowering the concentrations of pollutants indoors. For example, avoid burning candles, smoking tobacco products, using aerosol products, and avoid using a gas or wood-burning stove or fireplace. Another step is air filtration. This fact sheet discusses effective options for filtering your home's indoor air to reduce indoor air pollution.

**Filtration Options**


High-efficiency particulate air (HEPA) filters can reduce indoor particulates by as much as 95 percent. Filters with a High Efficiency Particulate Air (HEPA) rating, or MERV 17-20 are the most efficient. You may need to consult with a local heating and air technician or the manufacturer of your central air system to confirm which (or if) high efficiency filters will work with your system. If you can't switch to a more efficient filter, running the system continuously by setting the thermostat fan from "Auto" to "On" has been shown to reduce particulate concentrations by as much as 24 percent.

**Portable Air Cleaners**

Portable air cleaners are self-contained air filtration appliances that can be used alone or with enhanced central air filtration to effectively remove particles. How well they reduce air particle concentrations depends on several factors such as the size of the air cleaner, the area to be cleaned, the filter efficiency, how frequently the unit is turned on and the air speed. Portable air cleaners should only be used in the room where the pollution is highest.

### WILDFIRE SMOKE FACT SHEET

#### Using Air Quality Sensors for Smoke: What to Consider



Air sensors, also called portable, low- or lower-cost air quality sensors, or sometimes "monitors," have made it easier for people to monitor air quality where they spend time. Air sensor costs range from under \$100 to several hundred dollars. Because they provide localized readings, air sensors can help you make decisions about personal activities, but they are not intended to replace the highly accurate readings taken by monitors typically used by government agencies.

Learning how to use an air sensor can help you get the most useful information from your device during a wildfire smoke event. This fact sheet focuses on using sensors to measure fine particulate matter in wildfire smoke. Many of the same considerations apply to other pollutants like ozone and carbon monoxide.


or download your data to a mobile device app, store data on a removable storage device, or use a computer to download a computer program that can display graphics, colors, and indicate real-time performance directly on the device or through a mobile app.

**What type of sensor best fits your needs?**

A sensor with a display that connects to a computer, a mobile device, or a remote location will allow you to view or print information about current air quality. One that connects to a computer, a mobile device, or a remote location will allow you to view or print information about current air quality. One that connects to a computer, a mobile device, or a remote location will allow you to view or print information about current air quality.

### WILDFIRE SMOKE FACTSHEET

#### Coping with the Stress of Wildfire Smoke



Smoke from a wildfire can be a stressful reminder of a nearby threat. Even if there is no immediate danger, smoke from distant fires can be in the air for days or even weeks. Smoke can cause stress by limiting your daily outdoor activities, isolating you from friends and family, and disrupting your daily routines. Smoke can also trigger negative memories of other fires. Paying attention to how you and your loved ones are feeling, and knowing the steps to reduce your smoke exposure can help you effectively cope with the stress of smoke.

**Common signs of stress**

Stress can look different in different people. Some signs to look out for include:

- Feelings of worry, frustration, anger, or sadness.
- Loss of appetite.
- Tiredness or loss of energy.
- Trouble concentrating or making decisions.
- Nightmares and trouble sleeping.
- Headaches, upset stomach, and skin rashes.
- Worsening of chronic health problems.
- More use of alcohol, tobacco, or other drugs.

In children, this could also include:

- Clinging, fears, acting like a younger child.
- Uncooperative behaviors, irritability.

If any of these reactions interfere with your daily activities for several days, contact your healthcare professional. If you or someone you love is in crisis, call the Suicide and Crisis Lifeline at 988.

**Steps to care for yourself**

- Take care of your body: eat healthy, stay hydrated, get plenty of sleep, and exercise when and where it would be healthy for you to do so.
- Connect: share your feelings and keep in touch with friends and family members.


- If your community has cleaner air spaces, such as the library or a shopping mall, plan to spend time with people there.
- Take breaks: make time to unwind and do the things you enjoy.
- Ask for help: talk with counselors, health professionals, or someone else you trust about your feelings and concerns.

**Steps to reduce your smoke exposure**

- Stay informed. Listen to or read local [Air Quality Index \(AQI\)](#) reports and updates on fires and smoke from air quality or fire officials.
- When smoke is present, check the [Fire and Smoke Map](#) and look for Smoke Outlooks for your area.
- Take steps to reduce your smoke exposure. Check the AQI daily for forecast and current air quality information to decide when you can be active outdoors.
- Air quality can change rapidly. Don't see or smell smoke? It may be a good time to go outside.
- Exercise indoors if your indoor air is cleaner than outdoor air.
- Keep your [indoor air at home](#) as clean as possible.
- Consider creating a clean room at home, especially if children, older adults, pregnant people, or people with heart or lung disease live there.

### WILDFIRE SMOKE FACTSHEET

#### Prepare for Fire Season




If you live in an area that is regularly affected by smoke, whether the wildfire risk is high, take steps to prepare for fire season. Know how to get ready before a wildfire, know how to protect yourself from smoke exposure during a wildfire, know how to protect yourself from smoke exposure during a wildfire, know how to protect yourself from smoke exposure during a wildfire.

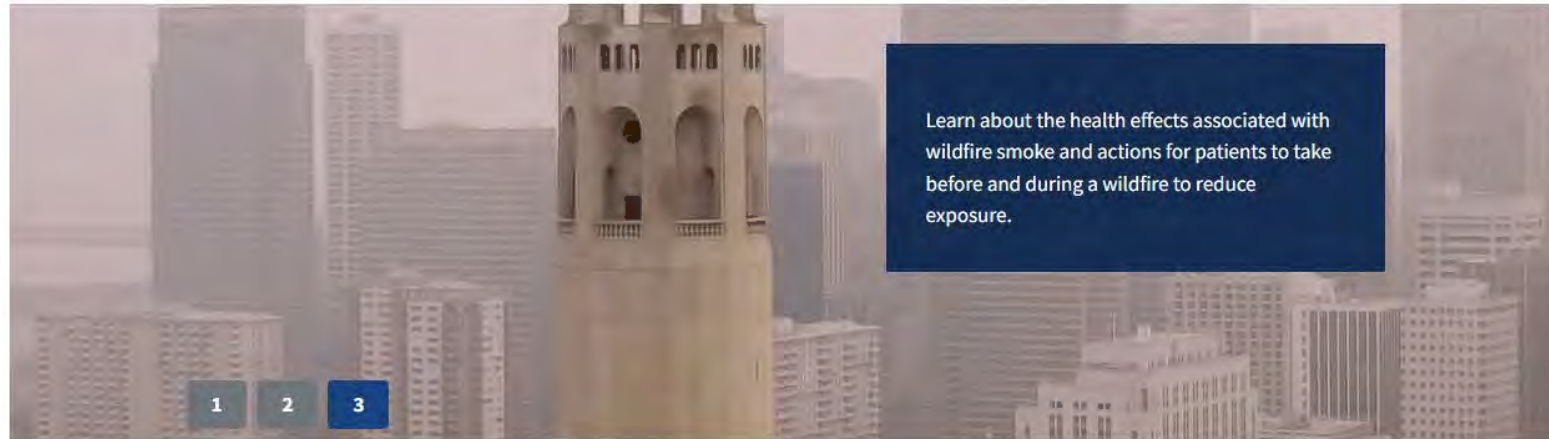
**Prepare Before a Wildfire**

- Stock up on your daily necessities and medications. Buy groceries that don't need to be refrigerated or cooked, because cooking can add to wildfire smoke exposure.
- Create a "clean room" in your home. Choose a room with as few windows and doors as possible, such as a bathroom. Use a portable air cleaner and seal indoor sources of pollution.
- Buy a portable air cleaner before there is a smoke event. High-efficiency particulate air (HEPA) filter air cleaners, and electrostatic precipitators that do not produce ozone, can help reduce indoor particulate levels.
- Understand how you will receive alerts and health warnings, including air quality alerts, and public service announcements from local officials.

- If you have heart or lung disease, such as asthma, talk to your doctor about what you should do during smoke events.
- If you have asthma or another lung disease, update your respiratory action plan.
- Have a supply of N95 masks and learn how to use them. They are sold at many hardware, home improvement stores and online.
- Organize your important items ahead of time and know where to go in case you have to evacuate.



## Wildfire Smoke and Your Patients' Health



This course is intended for physicians, registered nurses, asthma educators and others involved in clinical or health education.

[Meet the developers of this course.](#)

- [Start the Course](#)

Expected completion 2025. Revisions will be consistent with updates to Wildfire Guide

- At-risk groups
- Smoke and extreme heat
- Respirator use

Developing “*smoke action plan*” for healthcare providers to use with patients.

<https://www.epa.gov/wildfire-smoke-course> - Current course

# Guidance for Clean Indoor Air Spaces



## Schools as Cleaner Air and Cooling Centers Tips for Facilities Managers

Communities are facing the impacts of climate change, including severe health consequences from heat waves and wildfires. EPA launched a pilot project in 2021 called Schools as Community Cleaner Air and Cooling Centers to address the combined hazards of extreme heat and wildfire smoke with a focus on spaces that serve children. The goals of this project are to support practical strategies for safeguarding children in schools

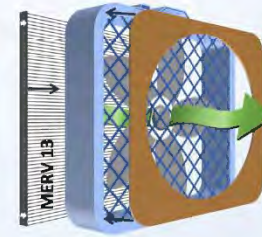
### Recommendations for Reducing Wildfire Smoke in Commercial Buildings and Schools

When a community is impacted by a wildfire, reducing smoke infiltration into buildings is important to protecting public health. Smoke can enter buildings through a variety of ways, including a building's heating, ventilation and air conditioning system.

#### Ten Elements of a Smoke Readiness Plan

The Planning Framework recommends a written, building-specific Smoke Readiness Plan that includes:

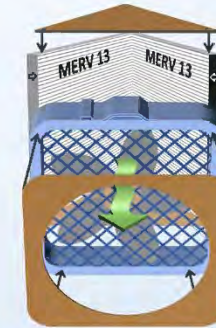
## DIY Air Cleaner Designs: Beyond the Basic



**Good**

**Basic Supplies:**

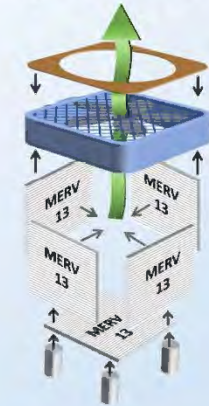
- 20" x 20" box fan
- 20" x 20" x 1" or 4" MERV 13 air filter
- 20" x 20" cardboard shroud (cutout the size of the fan blades)
- Clamps, duct tape, or bungee cords



**Better**

**Additional Supplies:**

- Two - MERV 13 air filters
- Triangle cardboard cutout for base on top



**Best**

**Additional Supplies:**

- Four or five - MERV 13 air filters
- If using five filter design, use leg supports (e.g., blocks) to allow airflow through bottom

**Ways to Improve Effectiveness:**

- Add a cardboard shroud (no-cost improvement)
- Use thicker filters (4" rather than 1" MERV 13 filters)
- Use multiple filters (2-5 filter designs)

**Key Reminders:**

- Only use certified fans with UL or ETL marking (2012 model or newer)
- Keep extra filters on hand
- Replace filters when dirty



# Air Sensor Loans

## Regional Sensor Loan Programs

Contact Erin for details.

## Wildfire Smoke Air Monitoring Response Technologies Program (EPA ORD)

Sensor loans for States, Tribes, Local Agencies: PurpleAir, VAMMS

## Tribal Air Monitoring Support Center (TAMS)

Tailored support for Tribes

# Social Media Tools

## *#SmokeReady* graphics from the NW Air Quality Communicators



### **SMOKE READY CHECKLIST**

Are you #SmokeReady?

- STAY INFORMED**  
Keep up-to-date with local air quality reports and weather forecasts.
- MITIGATE EXPOSURE**  
Decide with your healthcare provider if using a "particulate respirator" or N95 respirator is right for you during outdoor activities.
- OPTIMIZE INDOOR AIR QUALITY**  
Close windows and doors, use air purifiers (purchased or DIY), and avoid activities that generate indoor air pollution.
- KEEP A SMOKE READINESS PLAN**  
Develop a specific plan for household members who are sensitive to smoke, such as individuals with respiratory issues or the elderly. This plan may include additional precautions, evacuation plans, and access to necessary medications or specialized equipment.
- EMPHASIZE MENTAL HEALTH**  
Consider ideas to stay mentally strong during a smoke event, such as meditation, connecting with loved ones, or seeking support from mental health professionals if needed.

**Thank You**

[Mctigue.erin@epa.gov](mailto:Mctigue.erin@epa.gov)





# Wildland Fire Smoke and Environmental Justice

*R. Byron Rice and Jason Sacks*

*Integrated Climate Sciences Division (ICSD)*

*Center for Public Health and Environmental Assessment (CPHEA)*

*Office of Research and Development (ORD)*

*U.S. Environmental Protection Agency*

**Considering Public Health & Equity: Wildland Fire Air Quality  
Equity and Environmental Justice in Wildland Fire – Virtual Workshop  
Northwest Fire Science Consortium  
November 13, 2024**





## What is Environmental Justice?

*Just treatment and meaningful involvement of all people regardless of income, race, color, national origin, Tribal affiliation, or disability, in agency decision-making and other Federal activities that affect human health and the environment so that people:*

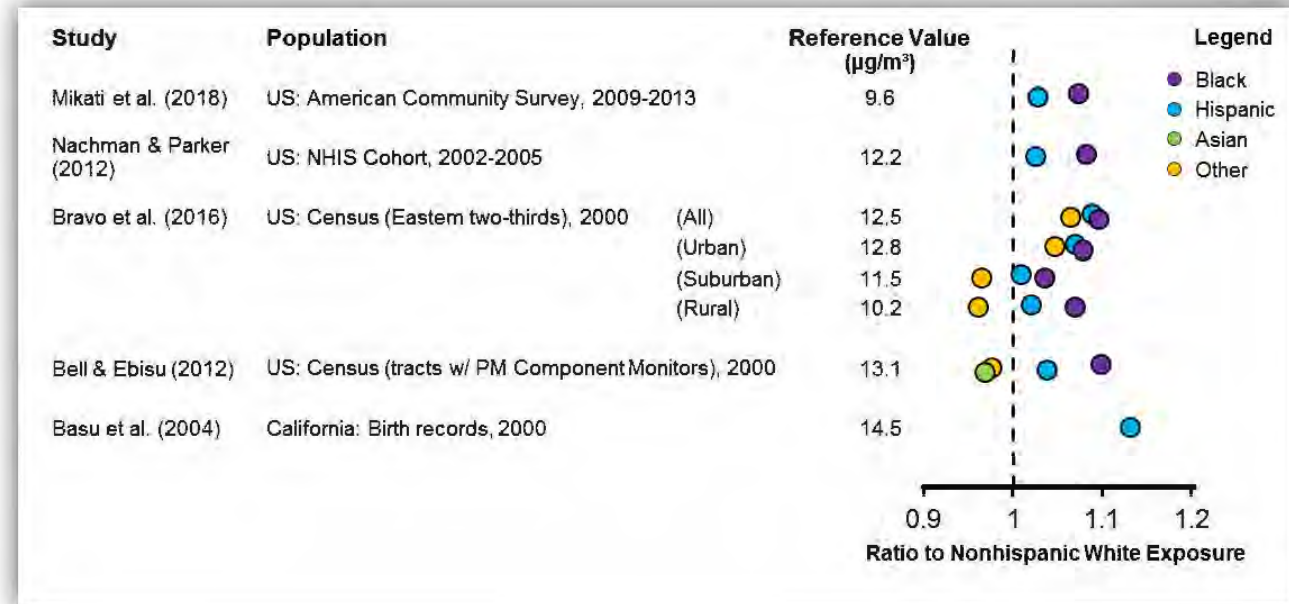
- are fully protected from disproportionate and adverse human health and environmental effects (including risks) and hazards, including those related to climate change, the cumulative impacts of environmental and other burdens, and the legacy of racism or other structural or systemic barriers; and
- have equitable access to a healthy, sustainable, and resilient environment in which to live, play, work, learn, grow, worship, and engage in cultural and subsistence practices

Source: <https://www.epa.gov/environmentaljustice>



# Environmental Justice and Ambient Air Pollution (PM<sub>2.5</sub>)

- EJ concerns are often defined as disparities in exposure and disparities in the risk of health effects
- Differences in pollution exposures can be attributed to the siting of different sources of emissions, history of housing discrimination, zoning decisions, etc.
- Both regulatory and other actions are taken to reduce these disproportionate burdens that follow defined patterns.



PM<sub>2.5</sub> exposure for Black, Hispanic, Asian, and other groups compared to Non-Hispanic White exposure


Source: U.S. EPA (2019). PM ISA. Figure 12-1.

- People with chronic diseases:
  - People with asthma and other lung diseases
  - People with cardiovascular disease
- Lifestages and populations:
  - Older adults (> 65 years of age)
  - Children (≤ 18 years of age)
  - Pregnant people and developing fetus
- People with higher exposure:
  - People from some ethnic and racial minority groups
  - People with lower incomes
  - Outdoor workers

**WILDFIRE SMOKE FACT SHEET**

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**At-Risk Groups of People**

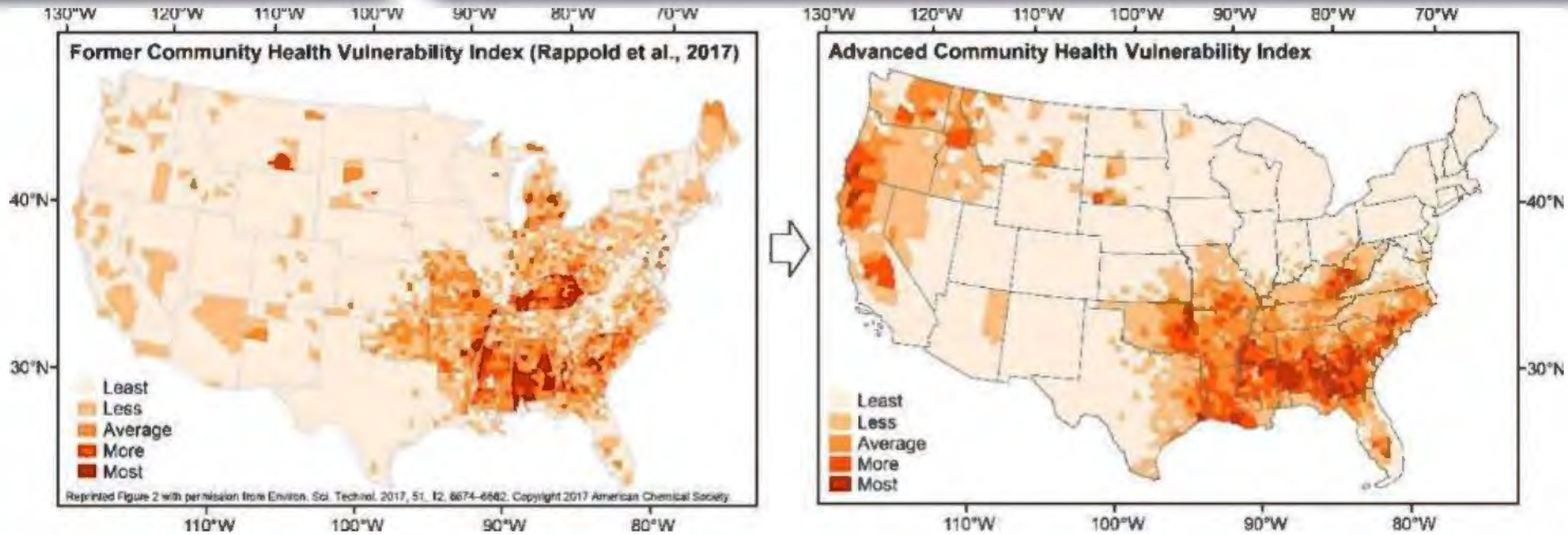


Wildfire smoke is a mixture of many different air pollutants. Of these, fine particulate matter, also called particle pollution or PM<sub>2.5</sub>, is the biggest threat to your health, especially if you are in an at-risk group. This fact sheet tells you **when to be concerned about wildfire smoke, who is at risk and why, and how to protect your health** from smoke.

**When should I be concerned?** Even if you only breathe smoky air for one day it can affect your health. Breathing smoky air for several days can increase risk to your health. That's why it's important to take actions to reduce your exposure to wildfire smoke, especially if it is smoky for more than a day.

**Who is at risk?** Most healthy adults and children recover quickly from smoke exposure and will not suffer from long-lasting health effects. However, if you are in any of the groups below, your risk of both immediate and long-lasting health effects is higher.

Source: [U.S. EPA \(2023\)](#). Wildfire Smoke Fact Sheet: At-Risk Groups of People.



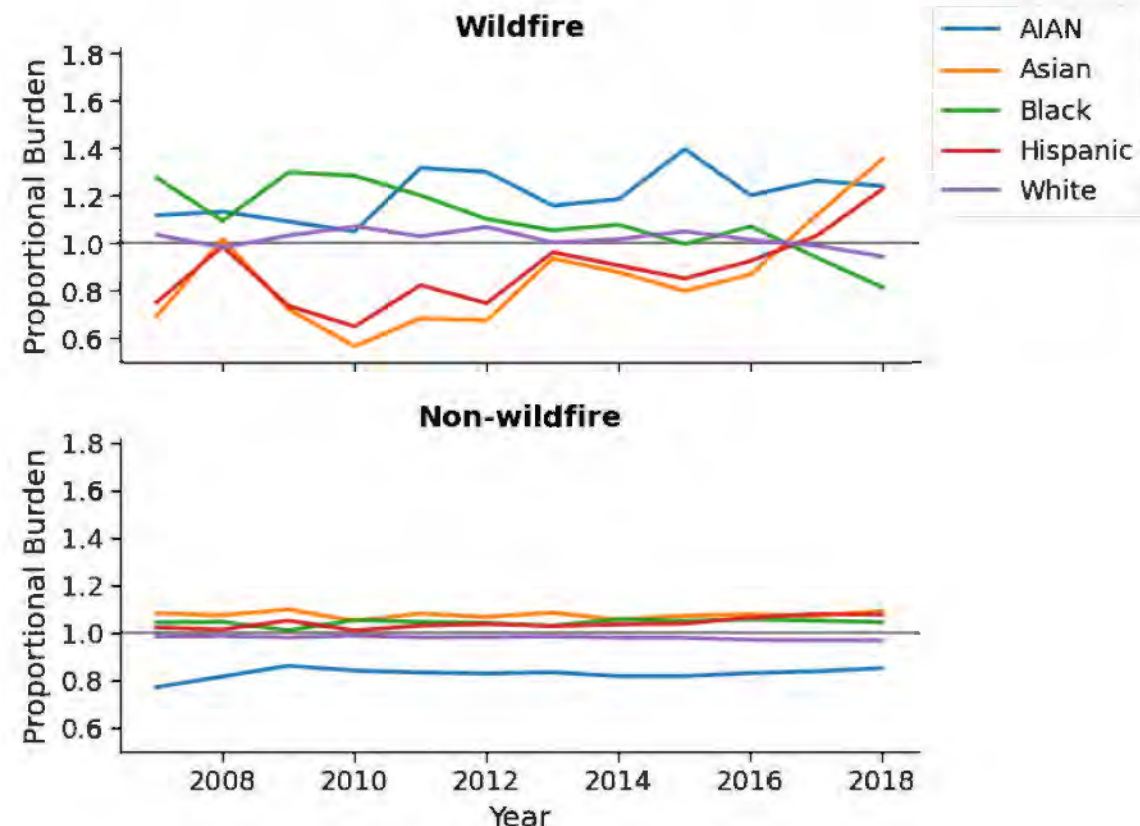
Source: [Rappold et al. \(2017\)](#). ES&T; [Jung et al. \(2023\)](#). STOTEN.

- CHVI identifies the most vulnerable counties
- **Factors of Vulnerability**
  - Pediatric & Adult Asthma
  - COPD
  - Obesity
  - Diabetes
  - Hypertension
  - % population age 65+
  - Income, education, poverty, unemployment
- Expanded initial CHVI to include:
  - Adaptive capacity
  - Sensitivity
  - Exposure at national and regional levels



# Wildfire and Non-Wildfire PM<sub>2.5</sub> Exposure Disparities

- Analysis of modeled PM<sub>2.5</sub> concentrations and Census demographic data
  - Continental U.S., 2007-2018
- Overall, wildfire fire PM<sub>2.5</sub> more variable than non-wildfire PM<sub>2.5</sub> burden
  - Wildfire PM<sub>2.5</sub> high in non-urban areas, opposite of non-wildfire PM<sub>2.5</sub>
  - American Indian and Alaskan Native (AIAN) population have low non-wildfire PM<sub>2.5</sub> but high wildfire PM<sub>2.5</sub>
  - Black people have high wildfire and non-wildfire PM<sub>2.5</sub> burden

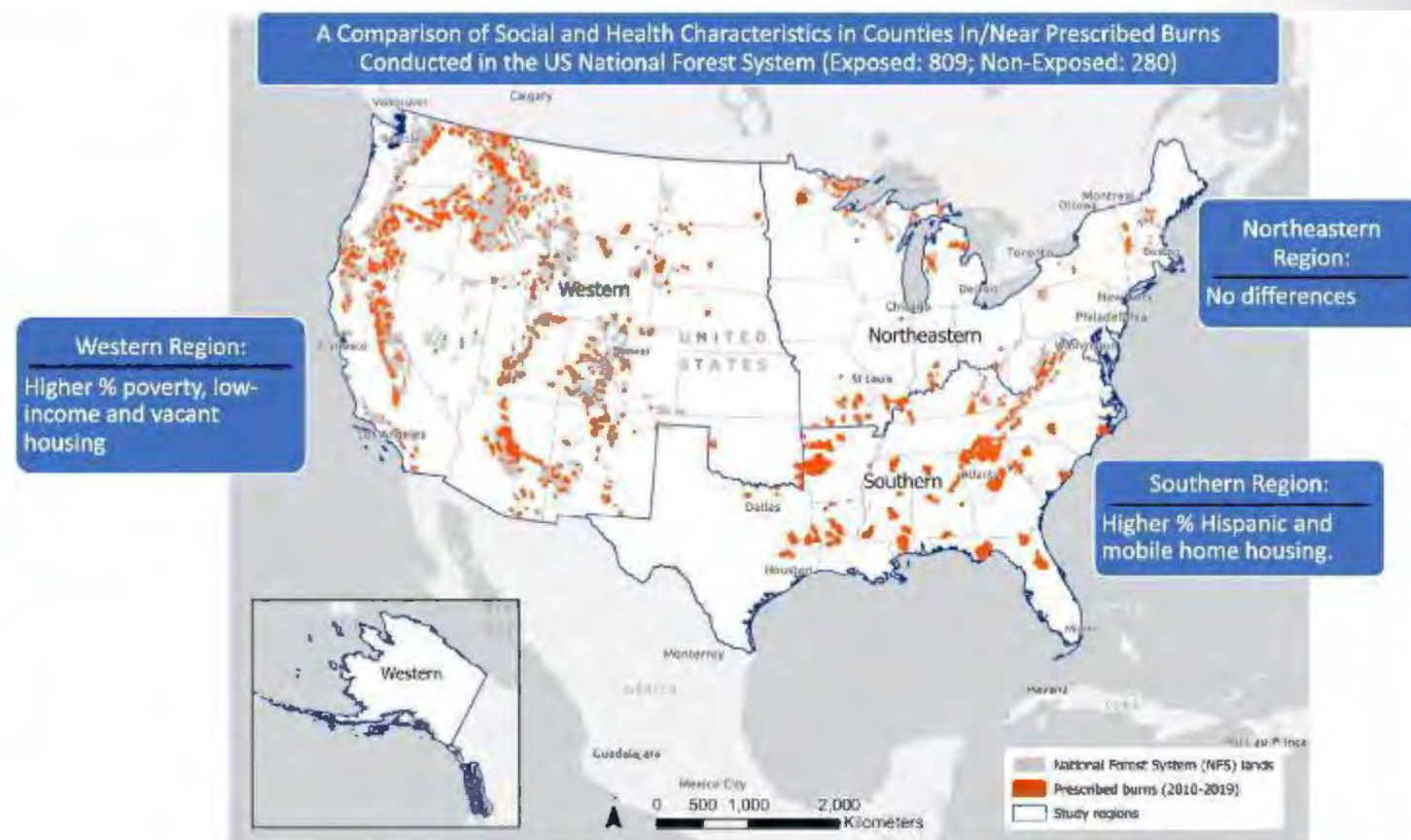


Proportional burden of PM<sub>2.5</sub> attributed to wildfire and non-wildfire sources among racial and ethnic groups.

Source: Rice et al. (Under Review). ES&T Air.

# Prescribed Fire and Exposure Disparities

- Studies have identified regional variability in groups disproportionately impacted by prescribed fire and prescribed fire smoke
  - Prescribed Fire:
    - Different groups nationally in [Kondo et al. \(2022\)](#)
  - Prescribed Fire Smoke:
    - Low socioeconomic status and Black people in Georgia ([Johnson-Gaither et al., 2019](#); [Afrin and Garcia-Menendez, 2021](#))
    - Areas with high social vulnerability index in Washington, Oregon, and California ([Schollaert et al., 2024](#))

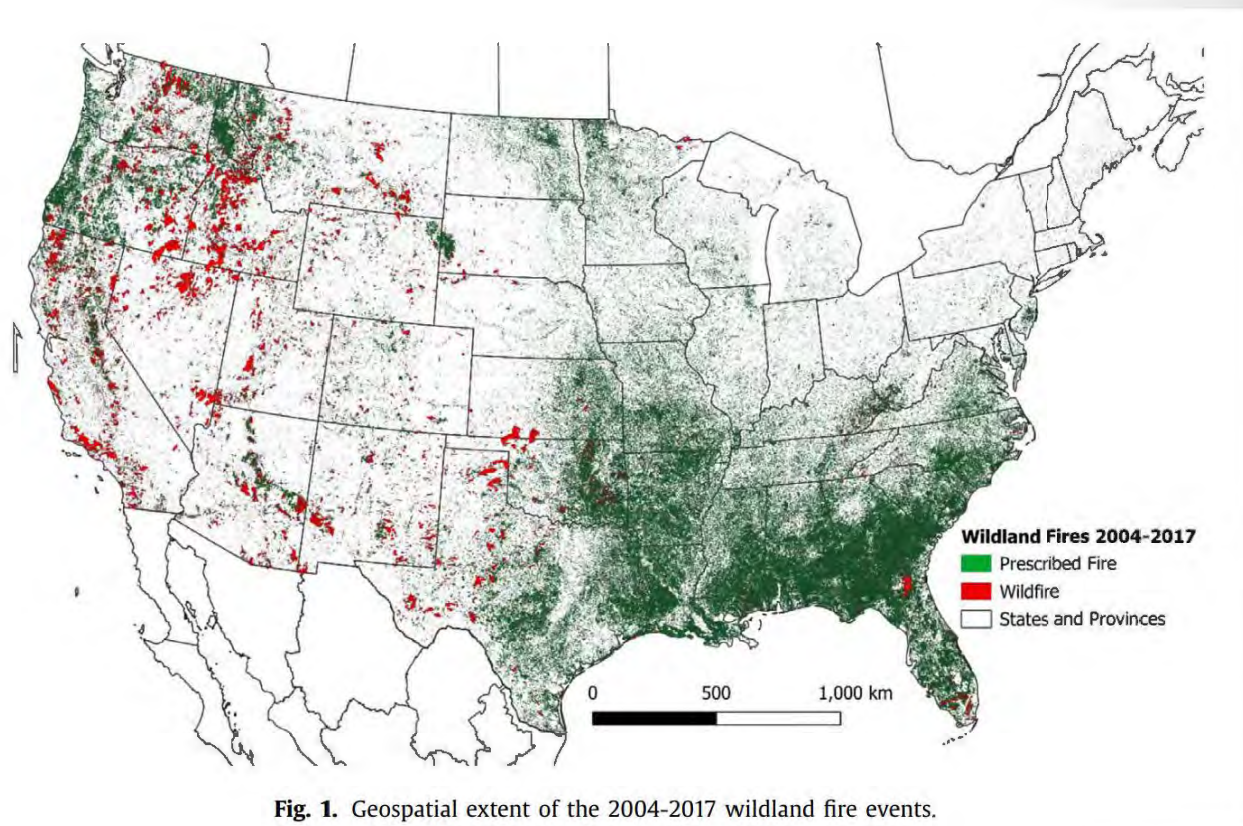


Source: [Kondo et al. \(2022\)](#) Science of The Total Environment



# Addressing Environmental Justice and Advancing Equity in Public Health Protection

- Wildfire Smoke
  - Uncontrolled timing and location
  - Understanding of populations and communities disproportionately impacted can allow for targeted messaging and interventions to reduce smoke exposure
- Prescribed Fire Smoke
  - Known timing and location of prescribed fire and communities potentially impacted
  - Provides an opportunity to identify communities potentially impacted and target messaging and interventions to reduce smoke exposure



Source: [Beidler et al. \(2024\)](#). Data in Brief 56 (2024) 110856



# Thank You



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November 12, 2024

# **A Whole Community Approach to Wildfire and Smoke Risk Reduction**

**Jamie Bash, MPH**

**Crisis and Emergency Risk Communication Analyst**

# Agenda

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- Contextual re-grounding:
  - Disaster risk reduction
  - Behavior change processes
  - Whole community approach
- Whole community approach to engagement and communication (Discussion)

## Goals:

- Time for reflection
- Support adaptation
- Drive strategic thinking



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# Contextual Regrounding

# Disaster Risk Reduction (DRR)

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Preventing disasters is largely grounded on:

- Understanding our disaster risk.
- Strengthening disaster risk governance.
- Investing in DRR for resilience.
- Enhancing disaster preparedness for effective response and to “Build Back Better” in recovery, rehabilitation and reconstruction.

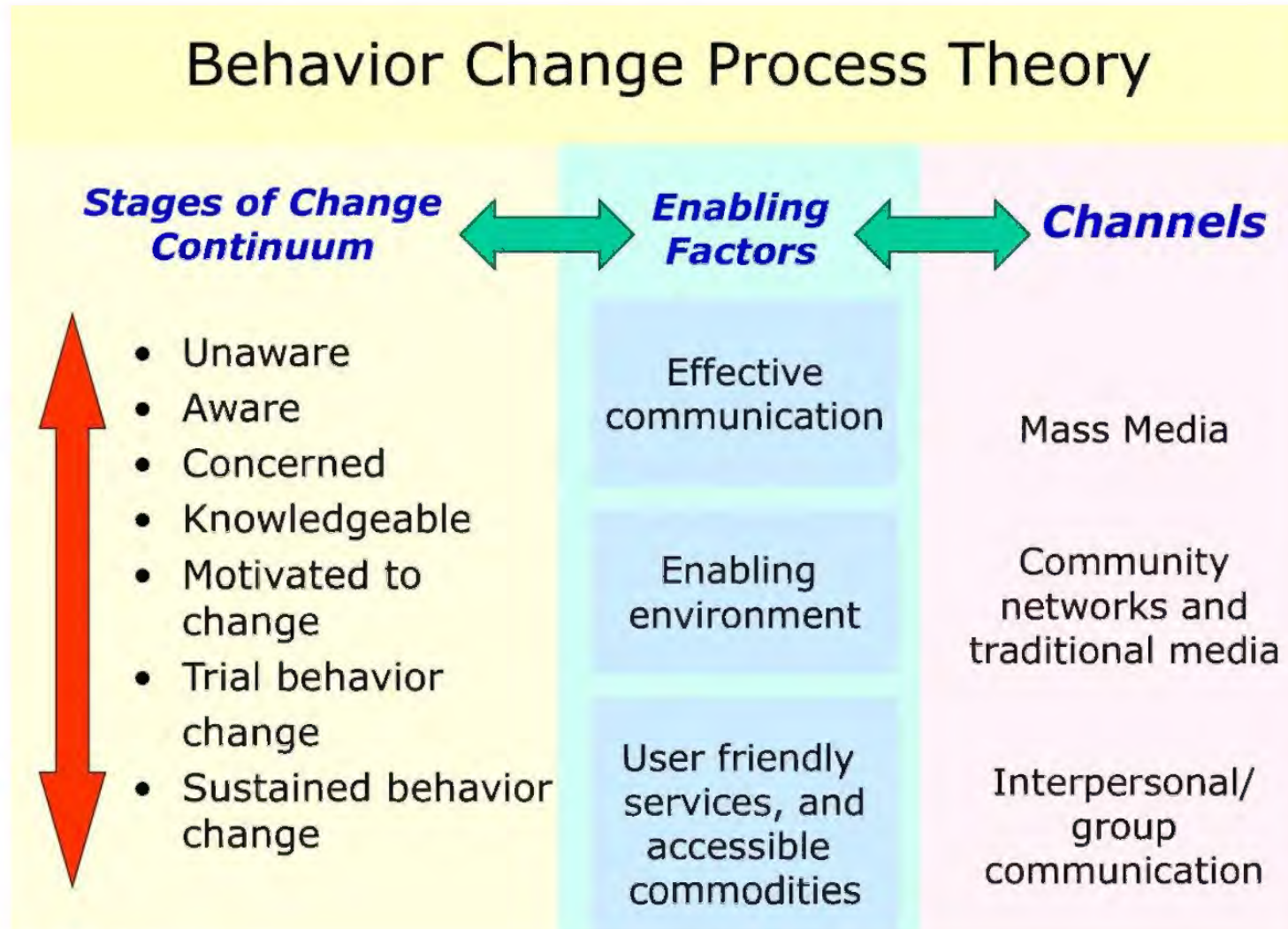
# Healthy communication ecosystem and DRR

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The public information and communication ecosystem supports DRR:

- Helps people understand disaster risk, prevention, protection and recovery.
- Supports inclusive decision-making.
- Promotes civic engagement, social capital
- Empowers communities.
- Accountability for governance (via media infrastructure).
- Supports alert and warning.

# Behavior Change Process



*“You can't solve problems until you understand the other side.”*

*–Jeffrey Manber*



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# Whole Community Approach

# Whole Community Approach

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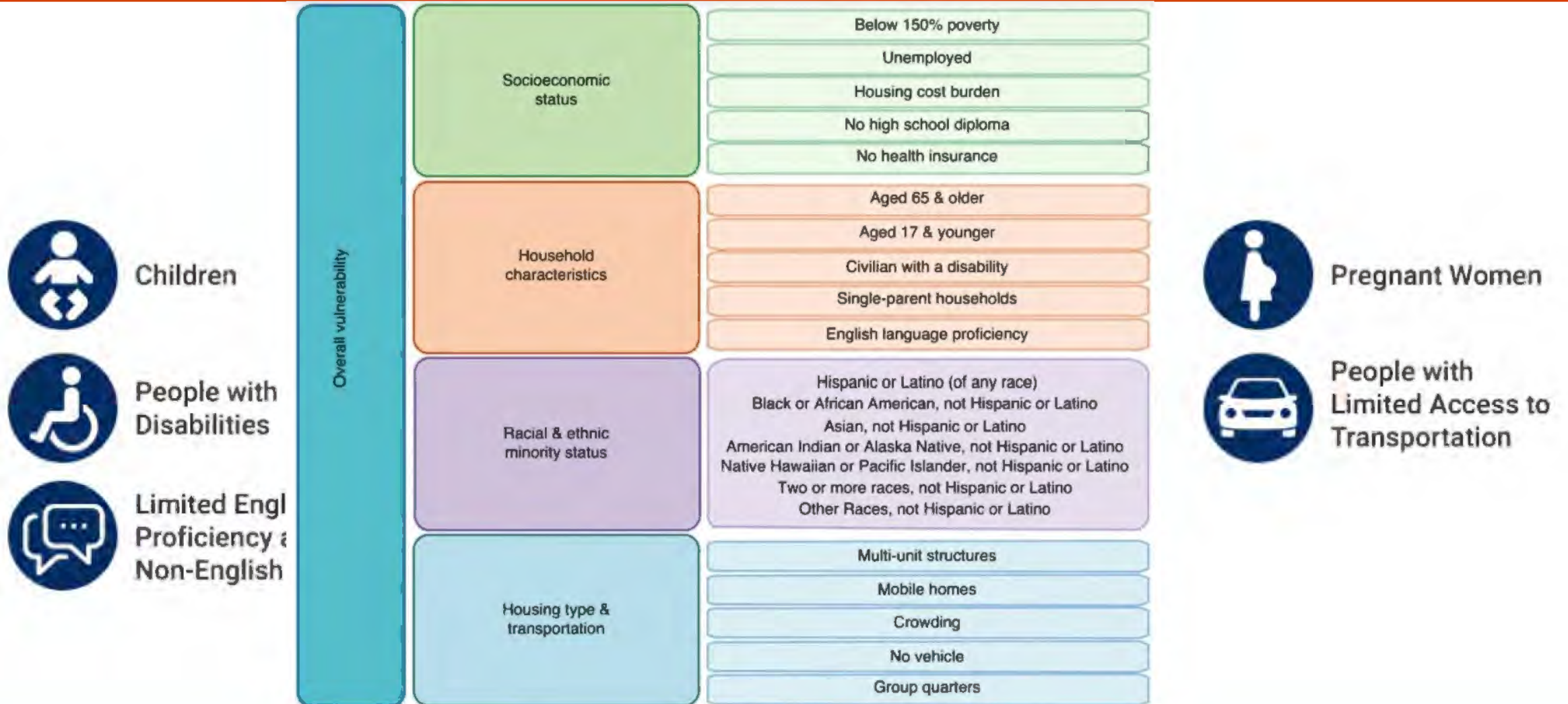
- Based on the idea that preparedness is a shared responsibility.
- The approach seeks to engage all sectors and sub-communities:
  - Individuals and families, including individuals with access and functional needs
  - Community and faith -based organizations
  - Private sector
  - **Media**
  - Schools and academia
  - Non-profit and philanthropic
  - Government of all levels
  - Private sector/business

# Access and Functional Needs

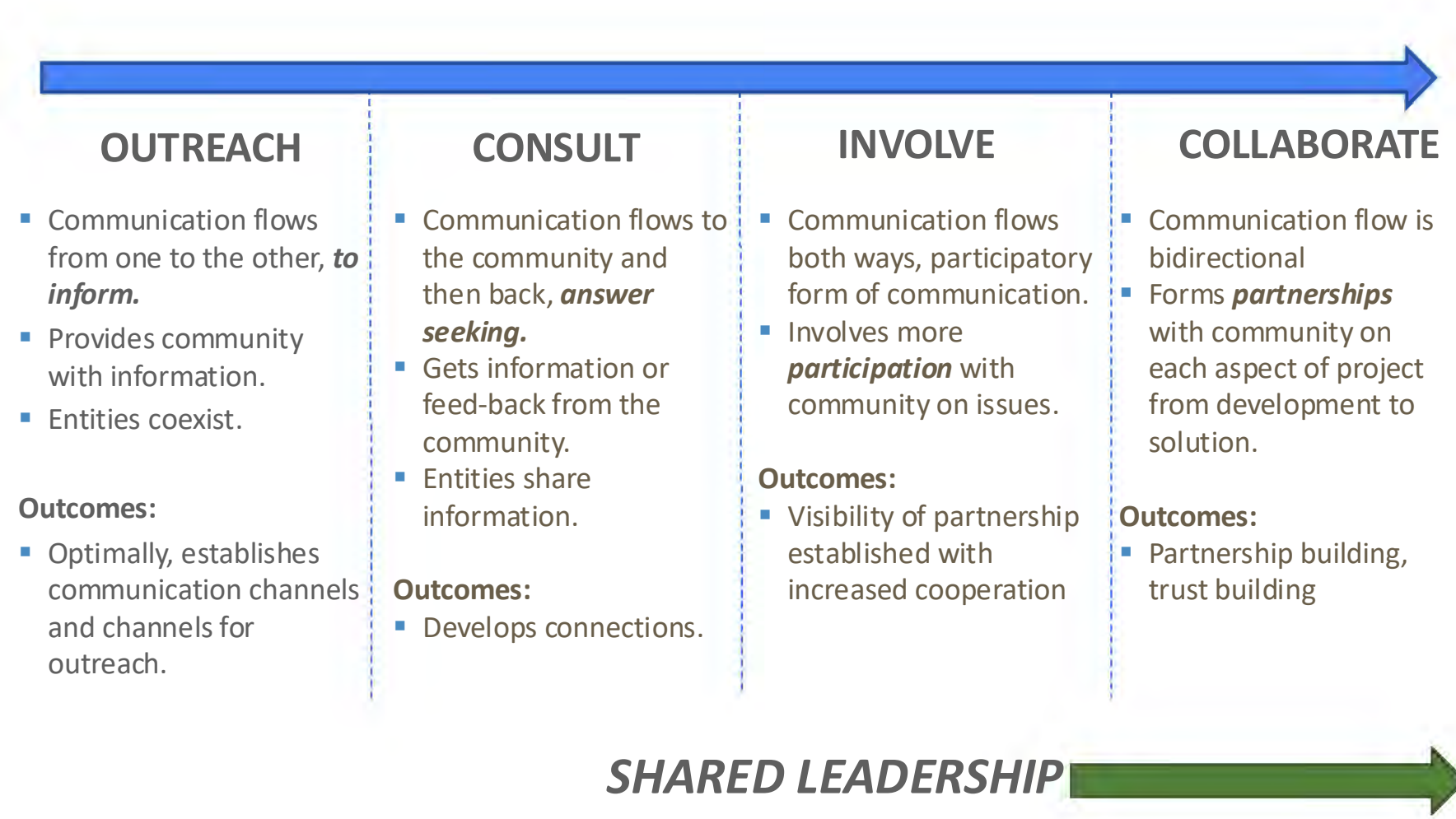
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- Individuals with and without disabilities, who may need additional assistance because of any condition (temporary or permanent) that may limit their ability to act in an emergency.
- Individuals with “access and functional needs” do not require any kind of diagnosis or specific evaluation.
- These may include but are not limited to:
  - individuals with disabilities
  - individuals with limited English proficiency
  - individuals with limited access to transportation
  - individuals with limited access to financial resources
  - older adults
  - others deemed “at risk” by the Pandemic and All-Hazards Preparedness and Advancing Innovation Act (PAHPAIA) or the Secretary of Health and Human Services

# Access and Functional Needs- others at risk

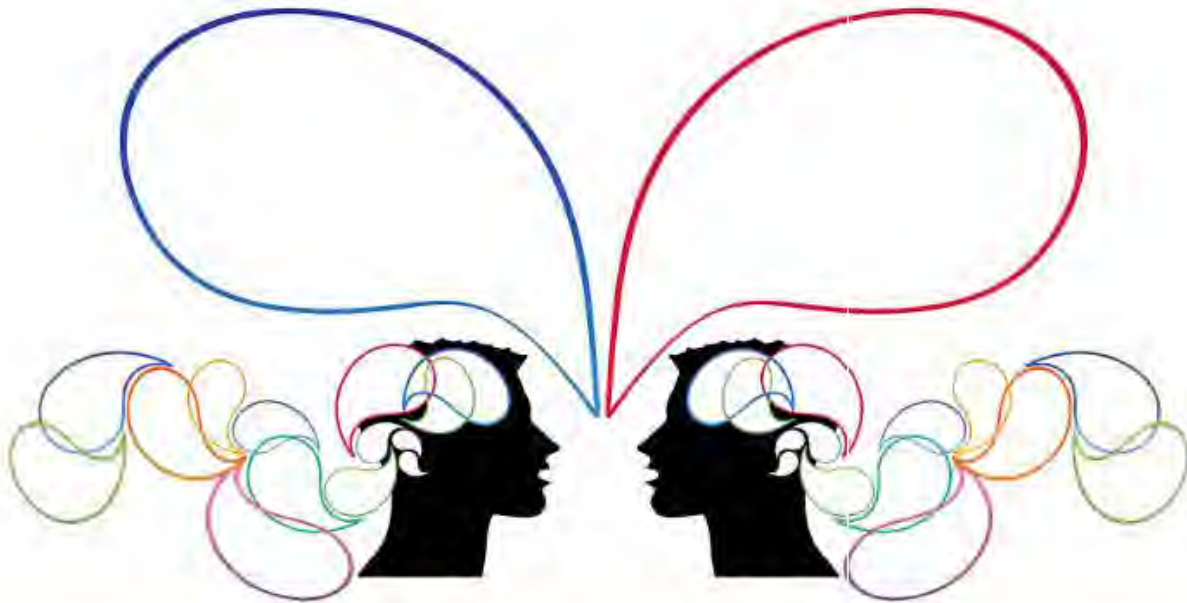


# Increasing level of community engagement

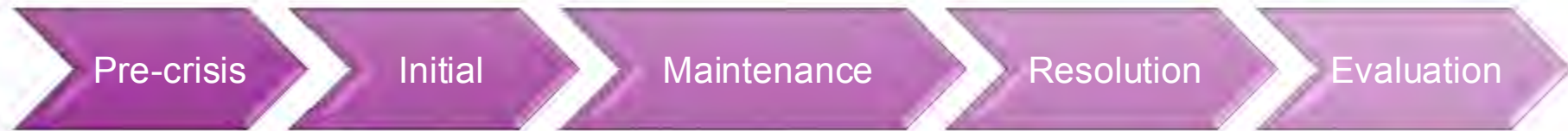


*“The...problem is we do not listen to understand.  
We listen to reply.”*

*- Stephen R. Covey*



# Crisis communication lifecycle



- **Prepare.**
- **Foster alliances.**
- **Develop consensus recommendations.**
- **Test messages.**
- **Evaluate plans.**
- **Express empathy.**
- **Provide simple risk explanations.**
- **Establish credibility.**
- **Recommend actions.**
- **Commit to stakeholders.**
- **Further explain risk by population groups.**
- **Provide more background.**
- **Gain support for response.**
- **Empower risk/benefit decision making.**
- **Capture feedback for analysis.**
- **Educate a primed public for future crises.**
- **Examine problems.**
- **Gain support for policy and resources.**
- **Promote your organization's role.**
- **Capture lessons learned.**
- **Develop an event SWOT.**
- **Improve plan.**
- **Return to pre-crisis planning.**



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# Finding Meaning in the Data

# Discussion

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If we are taking a whole community approach to wildfire smoke:

- Our primary audiences?
- The individuals, groups, organizations and businesses we should partner with across the whole of community to enable
  - Our communications and communication ecosystem
  - Our built, natural, social and policy environments
  - User friendly services, commodities and resources
- Where do we need to advance shared leadership?
- How could improved channels of communication or frequency of communication better support engagement?

# Thank you

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