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EUGENE

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THE SCHOOL OF PHYSICAL EDUCATION

ANNOUNCEMENTS
1921-1922

U. of O.

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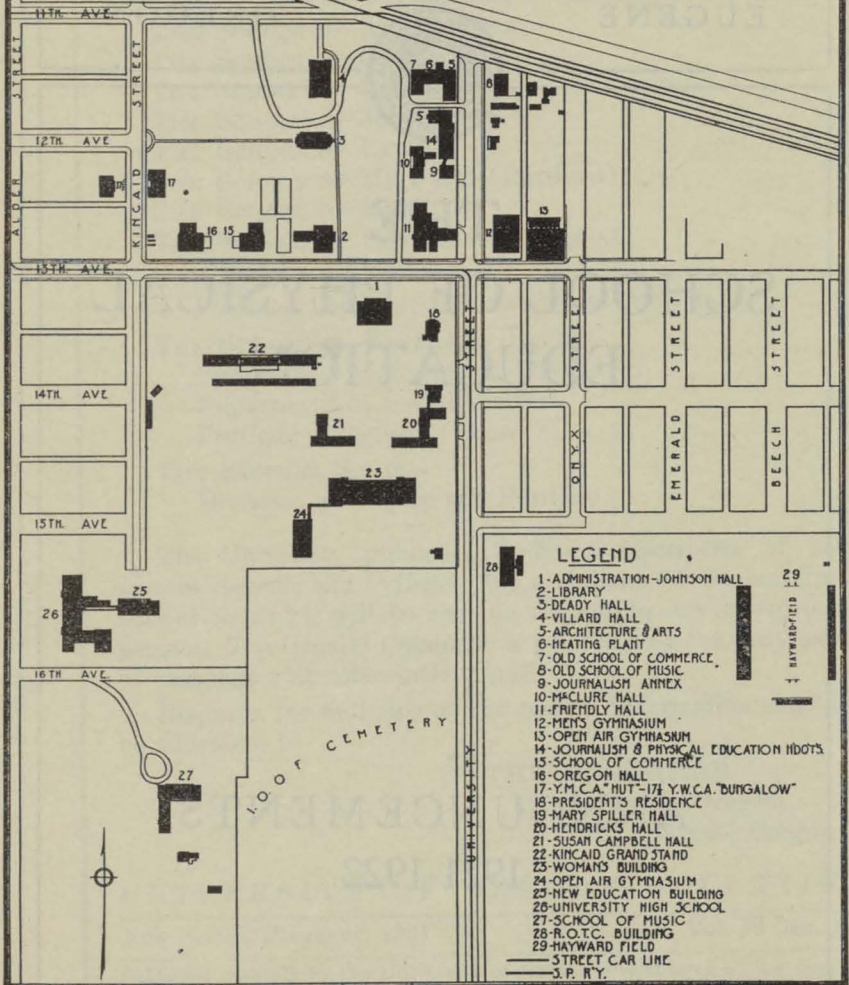
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no. 3

UNIVERSITY of OREGON

EUGENE-OREGON

PLAN of CAMPUS



BOARD OF REGENTS

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HON. A. C. DIXON, Vice-President

L. H. JOHNSON, Secretary

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HON. SAM KOZER, Secretary of StateSalem

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.....Salem

APPOINTED BY THE GOVERNOR

Name and Address	Term Expires
HON. A. C. DIXON, Eugene.....	April 15, 1923
HON. CHAS. H. FISHER, Eugene	April 15, 1923
HON. JAMES W. HAMILTON, Roseburg.....	April 15, 1925
MRS. G. T. GERLINGER, Dallas.....	April 15, 1927
HON. C. C. COLT, Portland.....	April 15, 1927
HON. HENRY MCKINNEY, Baker.....	April 15, 1927
HON. LLOYD L. MULIT, Portland.....	April 15, 1929
HON. VERNON H. VAWTER, Medford.....	April 15, 1931
HON. C. E. WOODSON, Heppner.....	April 15, 1933
HON. WILLIAM S. GILBERT, Astoria.....	April 15, 1933

REGULAR MEETINGS OF BOARD OF REGENTS, 1921-22

Tuesday, January 17, 1922

Tuesday, June 13, 1922

CALENDAR, 1921

JULY	AUGUST	SEPTEMBER
S M T W T F S	S M T W T F S	S M T W T F S
3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30
OCTOBER	NOVEMBER	DECEMBER
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CALENDAR, 1922

JANUARY	FEBRUARY	MARCH
S M T W T F S	S M T W T F S	S M T W T F S
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APRIL	MAY	JUNE
S M T W T F S	S M T W T F S	S M T W T F S
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30
JULY	AUGUST	SEPTEMBER
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UNIVERSITY CALENDAR 1921-1922

SUMMER SESSIONS

June 20, Monday	Portland Session opens. Registration.
June 22, Wednesday	Eugene Session opens. Registration.
July 4, Monday	Independence day. A holiday.
July 29, Friday	Portland Session closes.
July 30, Saturday	Eugene Session closes.

FALL TERM

September 24, Saturday	Fall term opens. Examination in English Composition for Freshmen.
September 26, Monday	Registration day for upper class students.
September 27, Tuesday	Registration day for Freshmen.
September 28, Wednesday	All University work begins.
October 6, Thursday	Faculty meeting.
October 6, Thursday	Regular meeting Associated Students.
October 11, Tuesday	Last date in term for change of course.
November 1, Tuesday	Last date in term for withdrawal from class.
November 3, Thursday	Faculty meeting.
November 24, Thursday	Thanksgiving day.
December 1, Thursday	Faculty meeting.
December 5, 6, Monday, Tuesday	Examinations for the removal of conditions.
December 8, Thursday	Regular meeting of Associated Students.
December 10, Saturday	Meeting of Athletic Council.
December 14, 15, 16	Term examinations.
December 17, Saturday, to January 2, Monday	Christmas vacation.

WINTER TERM

January 3, Tuesday	Registration day.
January 4, Wednesday	Classes open.
January 5, Thursday	Faculty meeting.
January 10, Tuesday	Last date in term for change of course.
January 17, Tuesday	Regular meeting of the Board of Regents.
February 1, Wednesday	Last day in term for withdrawal from class.
February 1, Thursday	Faculty meeting.
February 22, Wednesday	Washington's birthday. A holiday.
March 2, Thursday	Faculty meeting.
March 9, Thursday	Regular meeting Associated Students.
March 11, Saturday	Athletic Council meeting.
March 22, 23, 24	Term examinations.
March 25, Saturday, to April 2, Sunday	Spring vacation.

SPRING TERM

April 3, Monday	Registration day.
April 4, Tuesday	Classes open.
April 6, Thursday	Faculty meeting.
April 10, Monday	Last date in term for change of course.
April 23, Saturday	Filing of Failing and Beekman orations.
May 1, Monday	Last day in term for withdrawal from class.
May 1, 2, Monday, Tuesday	Examinations for the removal of conditions.
May 4, Thursday	Faculty meeting.
May 4, Thursday	Annual meeting Associated Students.
May 12, 13, Friday, Saturday	Junior week-end.
May 30, Tuesday	Memorial day. A holiday.
June 1, Thursday	Faculty meeting.
June 1, Thursday	Associated Students meeting.
June 14, 15, 16	Term Examinations.
June 16, Friday	Flower and Fern Procession, 7 p. m.
June 16, Friday	Failing and Beekman orations, 8 p. m.
June 17, Saturday	Alumni Day.
June 18, Sunday	Baccalaureate sermon, 11 a. m.
June 19, Monday	Commencement, 10 a. m.

OFFICERS OF ADMINISTRATION THE UNIVERSITY

P. L. CAMPBELL, B.A., LL.D.	President
LOUIS H. JOHNSON	Comptroller
KARL W. ONTHANK, M.A.	Executive Secretary
CARLTON E. SPENCER, A.B., LL.B.	Registrar
JOHN STRAUB, M.A., Lit.D.	Dean of Men
ELIZABETH FREEMAN FOX, B.A.	Dean of Women
WILBUR K. NEWELL	Superintendent of University Properties
M. H. DOUGLASS, M.A.	Librarian

THE COLLEGES AND THE SCHOOLS

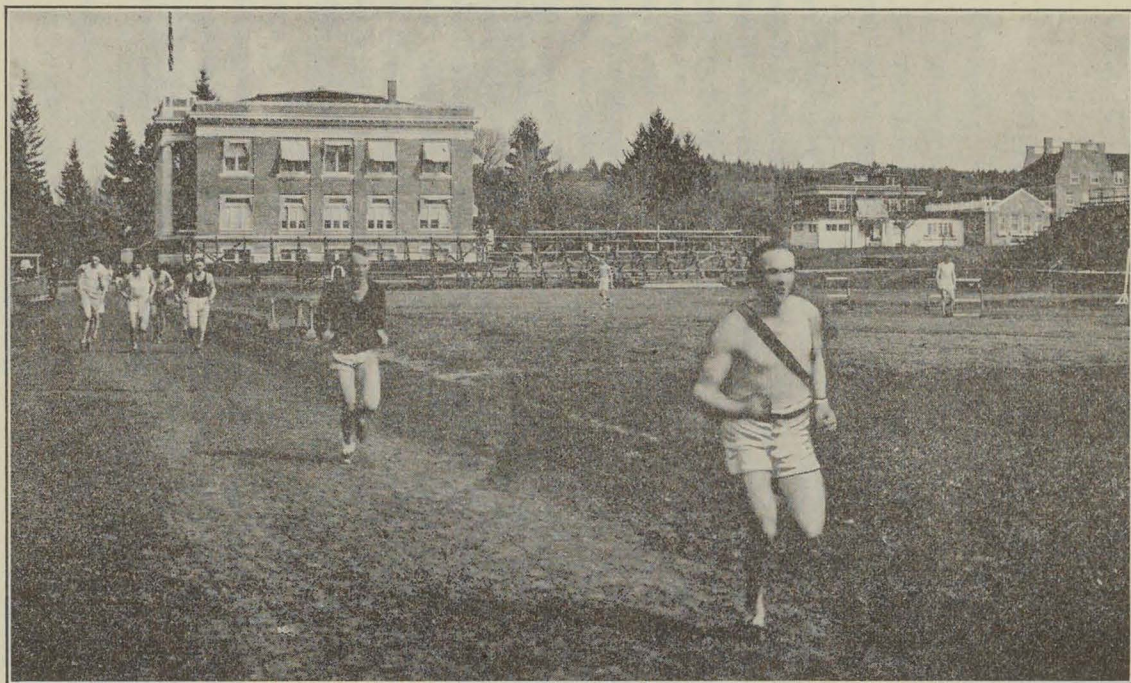
GEORGE REBEC, Ph.D.	Dean of the Graduate School
COLIN VICTOR DYMENT, B.A.	
.....	Dean of the College of Literature, Science, and the Arts
ELLIS F. LAWRENCE, M.S.	Dean of the School of Architecture
EDWIN CLYDE ROBBINS, Ph.D.	Dean of the School of Commerce
HENRY DAVIDSON SHELDON, Ph.D.	Dean of the School of Education
ERIC W. ALLEN, B.A.	Dean of the School of Journalism
WILLIAM G. HALE, B.S., LL.B.	Dean of the School of Law
RICHARD B. DILLEHUNT, B.S., M.D.	Dean of the School of Medicine
JOHN J. LANDBURY, Mus.D.	Dean of the School of Music
JOHN FREEMAN BOVARD, Ph.D.	
.....	Dean of the School of Physical Education
FREDERIC G. YOUNG, B.A., LL.D.	Dean of the School of Sociology
EARL KILPATRICK, B.A.	
.....	Director of Extension Division and Summer Schools

SCHOOL OF PHYSICAL EDUCATION

THE FACULTY

PRINCE L. CAMPBELL, LL.D. (Colorado)	<i>President of the University</i>
JOHN F. BOVARD, Ph.D. (California)	<i>Dean</i>
W. P. BOYNTON, Ph.D. (Clark)	<i>Professor of Physics</i>
E. S. CONKLIN, Ph.D. (Clark)	<i>Professor of Psychology</i>
MABEL C. CUMMINGS (Chicago)	<i>Director of Physical Education for Women</i>
B. W. DEBUSK, Ph.D. (Clark)	<i>Professor of Education</i>
WILLIAM HAYWARD	<i>Professor of Physical Education</i>
E. H. SAWYER, M.D. (Harvard)	<i>University Physician</i>
F. L. SHINN, Ph.D. (Wisconsin)	<i>Professor of Chemistry</i>
BERTHA STUART, M.D. (Michigan)	<i>University Physician</i>
HARRIET W. THOMPSON, A.B. (Michigan)	<i>Professor of Physical Education</i>
H. B. TORREY, Ph.D. (Columbia)	<i>Professor of Zoology</i>
G. H. BOHLER	<i>Assistant Professor of Physical Education</i>
CATHERINE WINSLOW, Ph.B. (Chicago)	<i>Assist. Professor of Physical Education</i>
CHARLES HUNTINGTON (Oregon)	<i>Instructor in Physical Education</i>
LAURA McALLESTER (Wellesley)	<i>Instructor in Physical Education</i>
GEACE ROBERTSON, R.N.	<i>Instructor in Physical Education</i>
EMMA WATERMAN, B.A. (Minnesota)	<i>Instructor in Physical Education</i>

C. K. DAWSON	<i>Assistant Instructor in Physical Education</i>
HENRY FOSTER	<i>Assistant Instructor in Physical Education</i>
J. C. HEDGES	<i>Assistant Instructor in Physical Education</i>
ARVOL SIMOLA	<i>Assistant Instructor in Physical Education</i>



SCHOOL OF PHYSICAL EDUCATION

ORGANIZATION

The School of Physical Education was authorized by the Board of Regents during the summer of 1920. It was intended that the School should be broad in its scope and not limited to the theoretical work in physical training. The School was organized to embrace all the work done in physical education for both men and women, the work in hygiene and all the activities concerned with student health. At the same time the United States Interdepartmental Social Hygiene Board granted the University a substantial sum to encourage the work in Physical Education and Hygiene with the hope that teachers of Hygiene could be trained who would make a favorable impression on the youth of the country as regards the large problems of health.

The College of Literature, Science and the Arts already had many of the phases of Physical Education work given as a part of its curriculum. The Physical Education for Women was well organized and gave an admirable normal course for teachers. The department for men had no normal course as such, but was training many successful coaches for high schools. The University Infirmary was an institution of proven value and had been operating for nearly two years.

The School of Physical Education unites all of these interests in the following organizations:

- I. Physical Education for Women
- II. Physical Education for Men
- III. Interecollegiate Athletics
- IV. Department of Hygiene
- V. University Health Service

AIMS

The function of this school is threefold—

First, it aims to provide opportunities and equipment for the physical education of the University, students and faculty alike, and to this end provides well equipped gymnasiums for men and women, and outdoor playing fields, tennis courts, etc. The faculty are eager to help and give freely of their time. Intramural and intercollegiate sports are an expression of the athletic life of the student body and an integral part of the program of the school.

Second, the school aims to set forth a health program for the University. To this end it maintains an infirmary and staff of physicians who look after the sick. It is also planned to place those who are not sick on a better physical basis, to raise them to the point of their highest efficiency. This is called the Health Service. One of the most important phases of this service is the endeavor to provide every member of the entire University with a "Recreational Program." The desire is not to make an athlete out of every student, but to provide every facility and to encourage every one to engage in some recreational sport, either indoor or outdoor. The purpose is to have every student not only actually participating, but also enthusiastically interested in this kind of a program. As a supplement to this, provision is made to promote health information, to establish health habits, and to train in methods of health instruction.

The third function of this school is to develop a normal course of the highest type for the training of teachers of physical education. The course is arranged to prepare playground supervisors, teachers of physical education for schools and colleges and specialists in phases of physical education, such as corrective gymnastics and physiotherapy.

Work in the School of Physical Education may be taken either as a major or a minor. There is a great need for students with each type of preparation.

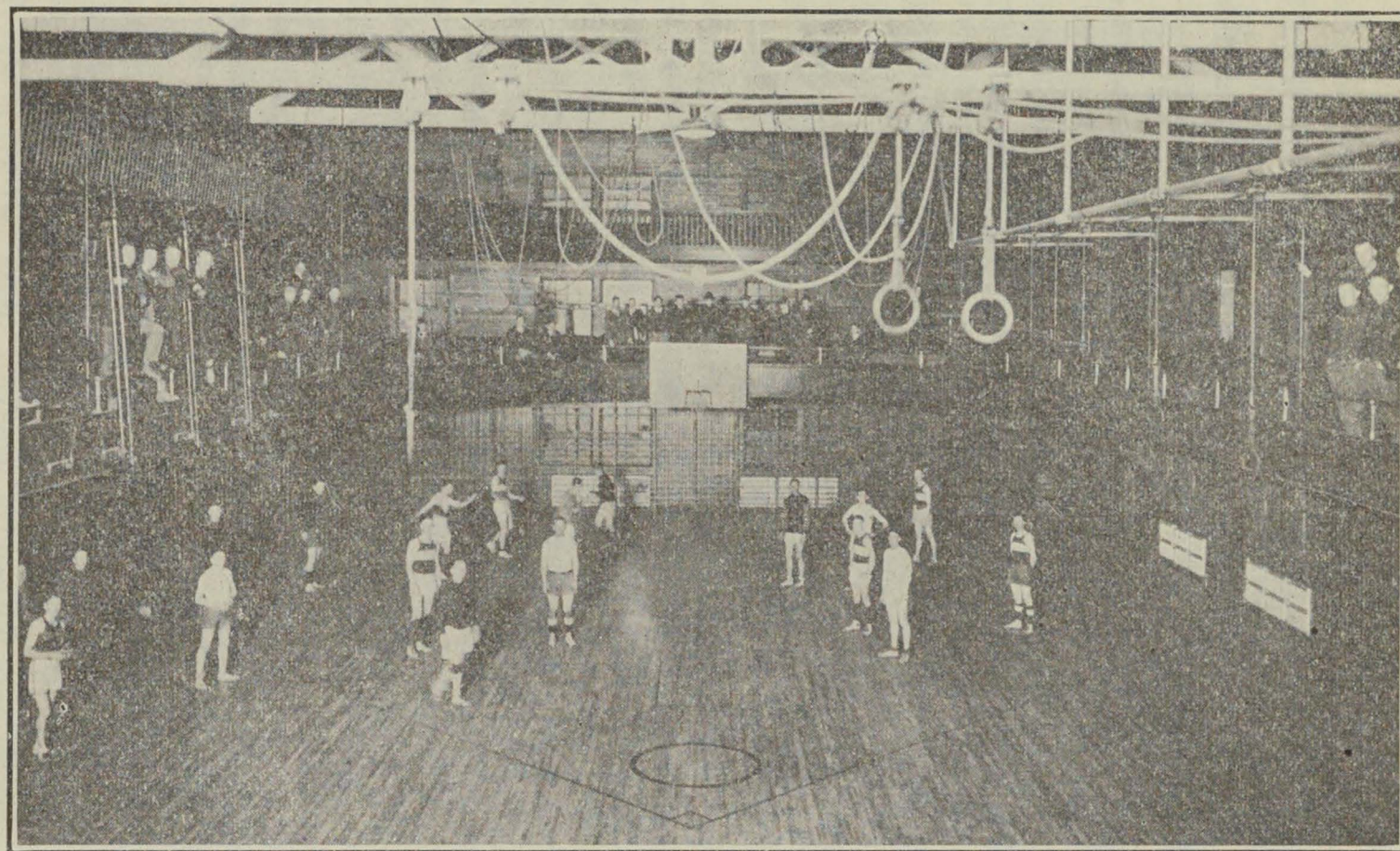
EQUIPMENT

Woman's Memorial Building.—This building, finished during the year 1921, is one of the most complete and convenient equipments for college physical education work in the country. It is one of the very few University buildings in the world planned expressly for the training of physical education teachers.

In addition to the large indoor and open-air gymnasiums for general class work, the two smaller gymnasiums for remedial and corrective exercise and massage, the most modern and commodious locker, dressing and shower rooms, there are arranged for professional students, in the west wing of this building, special lecture rooms, study rooms, rest and dressing rooms, a suite of offices and an admirable arrangement of examining and recording rooms. In the basement of the west wing is situated a white tiled pool with a capacity of 100,000 gallons purified by continuous filtration, and stadium seats for one hundred and twenty-five spectators.

Men's Gymnasium.—The gymnasium is fitted with all modern gymnasium apparatus. The main hall is 59 by 106 feet, with a 20-foot ceiling. On the same floor are offices, a room for anthropometry, a tube hand ball court 20x20x50. There is also a gallery for spectators with a seating capacity of 450. Eight feet above the gallery is a 16-lap cork track, nine feet wide. The basement is fitted up with steel lockers, shower baths, a white tile swimming pool 30 by 60 feet with a depth of 3½ to 9 feet and special rooms for supplies, towels and first aid. In addition, an open air annex has recently been completed with a main floor 83x120 feet. This is divided by movable partitions into three rooms, each a regulation tennis court or basketball court, and adequate for indoor baseball. A moderate fee covers the use of a locker, clean towels and all equipment.

Physical Education Building.—This building is the headquarters of the School of Physical Education. Here are located the general offices of the Dean of the School and those of Dr. Stuart, the medical adviser for women. The building also contains the classrooms for work in hygiene and specially equipped rooms for classes in home nursing and care of children.



Playing Fields.—For men there are two playing fields. The field called Kincaid Field is now directly in the plot to be used for the newly constructed buildings, and so must be abandoned. It is now used, however, as a practice football field for freshmen, and as a soccer field.

There has been recently set aside a thirty-four-acre tract for the development of a recreational program. It already contains a football field and a quarter-mile track and grandstand with capacity of 9500 seats. Plans are drawn for four baseball diamonds, a soccer field, two practice football fields, three outdoor basketball courts, twelve handball courts and twenty tennis courts. Three tennis courts are now available.

For women there is a special field just south of the new Woman's Building. This contains a one-hundred-yard straightway track, baseball diamond, six tennis courts, archery course, basketball courts, and hockey field. Women also have access to the tennis courts on the recreational field.

DEGREES

BACHELOR OF ARTS OR SCIENCE

The courses in the School of Physical Education are so arranged that the student may fulfill all the requirements of the College of Literature, Science and the Arts, and may obtain either the B.A. or the B.S. degrees.

MASTER OF ARTS OR SCIENCE

Those who care to become specialists in the field of physical education are urged to take advantage of the graduate courses in the department and complete work for the M.A. or M.S. degree. Two lines of endeavor are open now, one in physiotherapy and the other in physiology.

The degree Master of Arts or Master of Science is open to those who have a Bachelor of Arts or Science degree from this institution or any other of approved standing.

The advanced courses are arranged to meet the needs of two classes of students, first, those who are going into physical education as a profession, and second, those who care to become specialists in certain phases of this work.

Further information concerning work for the advanced degrees may be found in the bulletin of the Graduate School issued by the University.

ENTRANCE REQUIREMENTS

REQUIREMENTS FOR ADMISSION TO THE FRESHMAN CLASS

To be admitted to the freshman class a student must have completed a four-year high school course or its equivalent, requiring not less than fifteen units of work as outlined below. The term "unit" means the equivalent of five recitations per week of not less than forty minutes each, in one branch of study, for a school year of not less than thirty-six weeks.

No one (with the exception of bona fide special students) will be admitted who does not have the full fifteen units.

Certificates from accredited high schools, or academies, or preparatory departments of colleges in the State of Oregon, will be accepted in lieu of entrance examinations.

Certificates from a high school or other secondary school in another state may be accepted in favor of the recommended graduate thereof, provided such school has been examined and accredited by some college or university at which the entrance requirements are equivalent to those of the University of Oregon.

Credentials should be filed with the Registrar at least two weeks before the opening day of the term at which the applicant expects to enter the University. Failure to do this may make it impossible for the student's credentials to be passed upon in time to enable the student to avoid the payment of the late registration fee.

Credentials filed become the permanent property of the University.

PRESCRIBED SUBJECTS

Ten units must be offered from the five departments of English, Mathematics, Foreign Languages, History (including Civics), and Science, distributed as follows:

English	3 units
Algebra	1 unit
Plane Geometry	1 unit
One Foreign Language	2 units
History	1 unit
Science	1 unit
Elective	1 unit

10 units

In the three units of English, emphasis is to be placed upon syntax and upon composition of an original character.

The science requirement may be satisfied with a full year's work in any of the following: Physics, Chemistry, Botany, Zoology, Biology, or General Science, provided it includes a substantial amount of competently supervised laboratory work.

Students are urged to present two units of foreign language, but if they are unable to do so, they will be permitted to enter conditionally and to substitute for the foreign language the same number of units of other work. However, students entering without any foreign language are required to take in the University fifteen term hours of foreign language in addition to the present requirements and those offering only one year, nine term hours additional.

ELECTIVE SUBJECTS

The remaining five units may be taken in any subject, either in the five departments named above, or in other subjects regularly or occasionally offered in the high school course of study in this state; provided that no credit shall be granted for drill, spelling, penmanship, physical training, or for work which may be classed as largely or purely a student activity.

It is recommended that students taking as much as five units outside the five specified departments should take significant

amounts of each subject, that the five units may not be devoted to smatterings of a number of unrelated or unorganized electives.

REQUIREMENTS FOR ADMISSION TO SPECIAL STUDENT STANDING

The privileges of a special student are intended for those who, for any reason, are unable to complete a college course, but who are qualified by age, character, practical experience, purpose and habits of study to profit by University courses.

Persons of maturity, twenty years of age or over, and teachers in public and private schools, who present satisfactory credentials and testimonials, may be admitted as special students, and permitted to take one or more college courses for which they are fitted.

ADMISSION TO ADVANCED STANDING

All applicants for advanced standing coming from other institutions of collegiate rank, must present a complete official transcript covering both their high school and college records, and a letter of honorable dismissal. These records must be filed with the Registrar on or before the day the student registers in the University.

Students who bring from accredited schools credits in excess of the requirements for matriculation must pass an examination at the University in the subjects covered by such credits before these may be counted as canceling any part of the 186 term hours required for graduation, but in no case does the amount of college credit so allowed exceed 60 per cent of the number of hours such subject or subjects covered in the preparatory school. The preparatory subjects in which advanced credits may be so earned are as follows: Latin, German, French, Greek, Higher Algebra, and Trigonometry. All examinations for such credit must be taken before the student is promoted to the upper division.

PHYSICAL AND MEDICAL EXAMINATIONS

All students whether freshmen or not, are required to have a physical examination upon entering the University. Examinations are conducted in the examination rooms of the physical education department during the week preceding the opening of the fall term

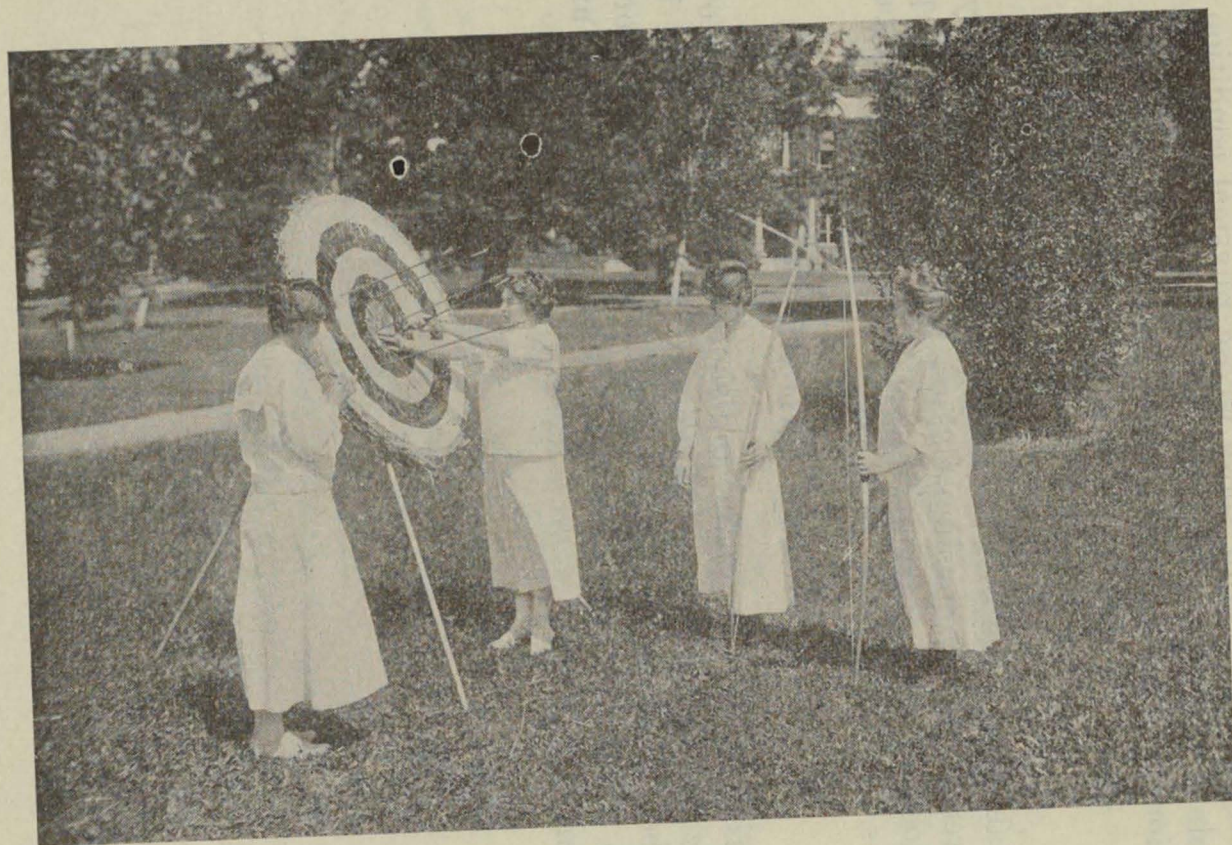
and the first week of this term; on the Saturday preceding the opening of the winter and spring terms and during the first week of these terms. Every effort should be made to have the physical examination completed before regular university work begins, especially in the case of those whose physical condition makes it probable that some modification of the regular work in physical education must be made.

FEEES

A laboratory fee of \$1.25 each term is charged every student registered in the gymnasium classes, to cover the use of pool and baths, locker, swimming suit, towels, bandages and other perishable supplies.

SUITS AND SHOES

Uniform gymnasium suits and shoes, which conform to definite hygienic requirements, are demanded. Neither should be purchased before entering college. For tennis and archery for women a white middy blouse, sport skirt and suitable shoes are class requirements.



THE COURSE OF STUDY

Certificates entitling the holder to teach in the high schools of the state are based, according to the Oregon school law, upon graduation from a standard college, with the completion of 180 term hours of academic work, including 22 term hours in Education. Certain courses in technical methods and practice teaching in physical education may be counted toward the required hours in Education. Details regarding certificates and how the requirements for them may be met will be found in the Bulletin of the School of Education.

The student is advised to make his course as broad as possible by a careful selection of elective courses. Whenever possible he should consistently take enough courses in some other departments to serve not only as a basis for a broader culture, but also as a preparation for the teaching of physical education in connection with other high school subjects.

On another page appear curricula designed for men and women registered as major students in physical education who are fitting themselves to take charge of such work in large schools which can employ full time directors. The completion of one of these courses will entitle the student to the degree of B.S., or in case the electives have included two years of foreign language, to the degree of B.A.

Students not taking physical education as a major subject, but wishing to specialize in it to an extent which will entitle them to the recommendation of the school, must have completed satisfactorily the regular prescribed work of the freshman and sophomore years, and in addition, or as a part of the above, they must have taken part in at least three sports, and have completed satisfactorily fifteen hours of theoretical work in the departments of the school. Such students may be recommended as teachers of physical education in connection with other subjects in which they have specialized.

CURRICULUM FOR MAJOR STUDENTS

PHYSICAL EDUCATION FOR WOMEN

FRESHMAN YEAR

	<i>Fall.</i>	<i>Winter.</i>	<i>Spring.</i>
Zoology 1	4	4	4
Gymnastics	1	1	
Sports			1
Physics 1 (where not in H. S.)	4	4	4
Elective (Group 1)	5	5	5
English Composition 1	3	3	
Personal Hygiene			3
Practical Ethics	1-3	1-3	1-3

SOPHOMORE YEAR

Chemistry 1	4	4	4
Psychology 1	3	3	3
Gymnastics	1	1	
Sports			1
Education 51, 52, 53	3	3	3
Elective	5	5	5
Dancing		1½	1½

JUNIOR YEAR

Mammalian Anatomy	4		
Applied Anatomy		4	
Kinesiology			5
Physiology		4	4
Playground Activities	3	3	
Playground Supervision			3
Technique of Gymnasium Teaching	2	2	2
Advanced Gymnastics and Sports	1	1	1
Education or Elective	6	2	
Dancing	1½	1½	1½

SENIOR YEAR

Principles of Physical Education	3		
Physical Education in Secondary Schools		3	
Physical Education in Elementary Schools			3
Principles of Corrective Gymnastics	3	3	
Physical Examination and Diagnosis			3
History of Physical Education	2		
Emergencies and Bandaging		2	
Eugenics			2
Gymnastics and Sports	1	1	1
Dancing	1½	1½	1½
Teaching	2	2	2
Elective	5	5	5

PHYSICAL EDUCATION FOR MEN

FRESHMAN YEAR

	<i>Fall.</i>	<i>Winter.</i>	<i>Spring.</i>
Zoology	4	4	4
English Composition	3	3	3
Chemistry	4	4	4
Personal Hygiene	3		
General Hygiene		3	
Elective (Intergroup Hygiene)			3
Elementary Physical Education	1	1	1
Military	1	1	1

SOPHOMORE YEAR

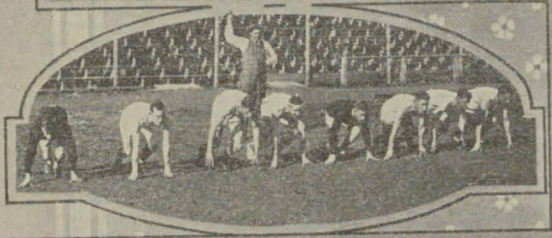
Physics	4	4	4
Biology	3	3	3
Education	3	3	3
Secondary Physical Education	1	1	1
Military	1	1	1
Elective (Group I)	5	5	5

JUNIOR YEAR

Mammalian Anatomy	4		
Applied Anatomy		4	
Kinesiology			5
Psychology	3	3	3
Elective Physical Education	4	4	4
Elective (Free)	3	3	2
Physical Education Technic	2	2	2

SENIOR YEAR

Electives in Physical Education	8	8	8
Education	4	4	4
Physical Education Technic	2	2	2
Elective (Free)	2	2	2



COURSES IN PHYSICAL EDUCATION

The statement regarding number of hours, following the description of each course, refers only to the number of term hours of credit attaching to the course. Any statement as to the actual number of hours required of the student in gymnasium and other practical courses is given in the body of the description. Major students in the school are limited to a maximum of one and one-half ($1\frac{1}{2}$) hours of credit in any one term for practical work on the floor or in sports. For others the maximum credit for practical work is one hour for each term of the first two years of residence.

LOWER DIVISION

Courses Primarily for Women

1. ELEMENTARY PHYSICAL EDUCATION. The regular freshman course consists of gymnastics with strong posture emphasis during the fall and winter terms, and of dancing, swimming or other sports during the spring term. Three periods a week.

One hour, each term.

2. ADVANCED PHYSICAL EDUCATION. The regular sophomore course, consists of outdoor sports during October, gymnastics with apparatus work from November 1 to the beginning of the spring term, and either dancing, swimming or outdoor sports during the spring term. Three periods a week.

One hour, each term.

3. CORRECTIVE, REMEDIAL OR RESTRICTED EXERCISE. For students unable to profit by courses 1 or 2. Special group work for posture, foot or other typical cases and individual prescriptive exercise or massage for those requiring such. Students needing special exercise should adapt their programs to the hours set aside for this work.

One hour, each term.

4. DANCING—FOLK AND NATIONAL DANCING. Suggested for playground supervisors and majors in physical education or public school music. Two periods a week each term. Open to any qualified. Credit given to majors in Physical Education only.

One-half hour, each term.

5. DANCING—ÆSTHETIC DANCING. Fundamental steps and terminology. Technique exercises and simple dances. For majors in physical education, dramatic interpretation and others qualified. Two periods a week. Credit given to majors in Physical Education only. *One-half hour, each term.*

6. SWIMMING—STROKES, DIVES AND SPEED SWIMMING. Normal methods and practice in teaching for seniors in physical education and others qualified. Credit for majors in Physical Education only. *One-half hour, any term*

7. PERSONAL HYGIENE. Lectures and text: Hough & Sedgwick's "Human Mechanism." *Three hours, any term.*

Courses Primarily for Men

51. ELEMENTARY PHYSICAL EDUCATION. All freshman men students should register in this course. After a physical examination the student is assigned to various classes by the instructor. Class work is given in the following: Gymnasium, floor work, swimming, boxing, wrestling, basketball, football, track, etc.

SWIMMING TEST. Every entering student is given as soon as practicable a test as to his swimming ability. Those not able to pass must take a course in swimming before the end of the sophomore year. Three periods a week. *One hour, each term.*

52. ADVANCED PHYSICAL EDUCATION. Required of all sophomores. Continuation of Course 51, but more advanced in character. Students are required to have engaged in at least three lines of recreational activities before the end of the sophomore year. Three periods a week. *One hour, each term.*

53. RESTRICTED PHYSICAL EDUCATION. A special course for those not adapted to the heavier regular class work. Students are given individual attention and assigned to recreational and corrective programs suited to their needs. Substitute for Courses 51 and 52. Three periods a week. *One hour, each term.*

54. INDIVIDUAL HYGIENE. A brief study of physiology followed by the application of the natural laws of hygiene for the

health welfare of the individual. Textbooks, references and lectures. Three lectures a week. *Three hours, fall or winter terms.*

55. DANCING. A study of certain folk and national dances and the elements of æsthetic dancing. For playground supervisors and for majors in physical education. Intended to develop poise, skill, balance, etc. Credit for majors in Physical Education only. Two periods a week. *One-half hour, spring term.*

Courses for Men and Women

71. GENERAL HYGIENE. A study of the natural laws of health—the agents that injure health, the contributory causes of poor health, the carriers of disease, the defenses of health and the producer of health. Three lectures a week.

Three hours, winter or spring term.

72. INTERGROUP HYGIENE. A study of the laws of health as applied to groups such as state and nation. Three lectures a week.

Three hours, spring term.

UPPER DIVISION

Courses Primarily for Women

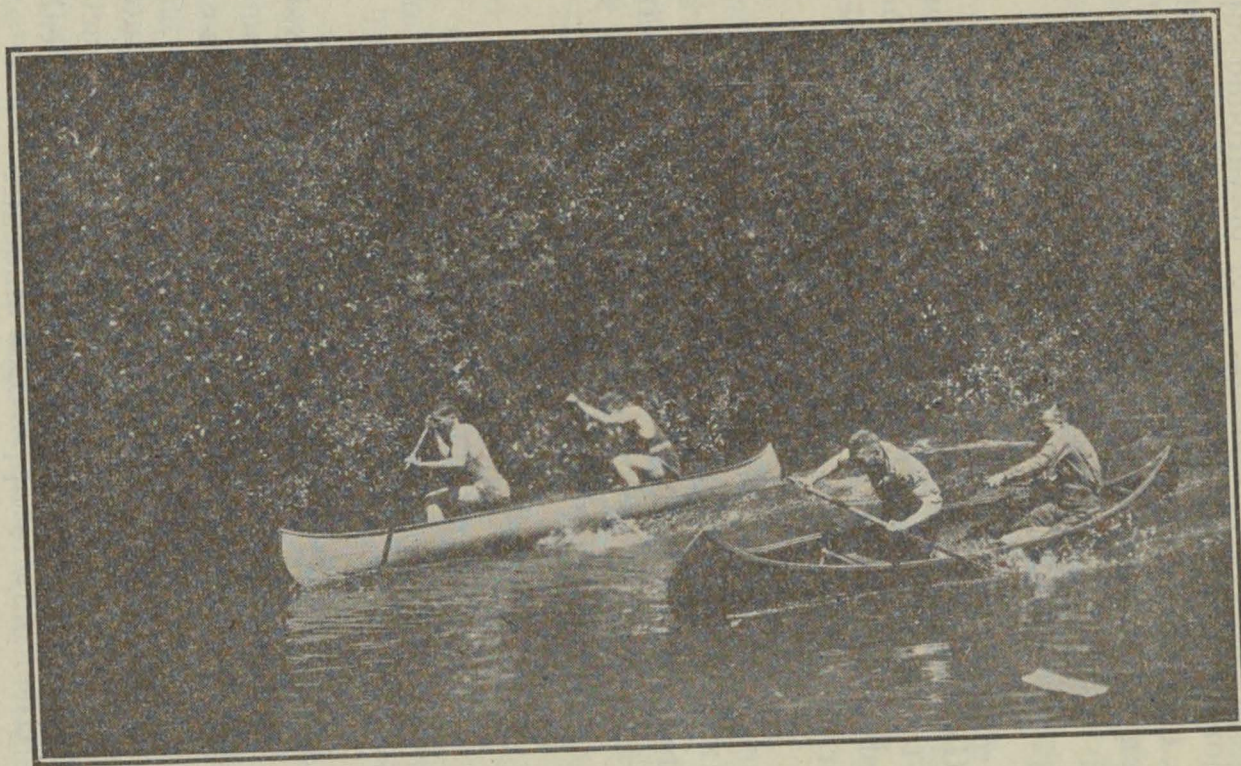
101. ADVANCED GYMNASTICS. For major in Physical Education and those preparing for playground supervision. Credit for Physical Education majors only. *One hour, each term.*

102. PLAYGROUND SUPERVISION. The hygienic, educational and social significance of play. The analysis of play activities; instruction in games, basketry and folk dancing; practical work with children. Open only to upperclass students.

Three hours, any term.

103. DANCING. A continuation of Course 14. Interpretive and character dances, dance composition, festivals. Three periods a week. Credit for Physical Education majors only.

One-half hour, each term.



104. **TECHNIQUE OF TEACHING.** Gymnastic terminology, readiness in the use of commands, voice and personal bearing of the teacher, are given chief attention. Two periods.

One hour, fall term.

105. **NORMAL INSTRUCTION.** Practice in class instruction for facility in methods of demonstration, command and correction. Responsibility for rapid lesson movement and suitable progression. During the spring term analysis and composition of light apparatus exercises and simple dances. Two periods a week. Text: Skarstrom's "Gymnastic Teaching."

One hour, winter and spring terms.

106. **EUGENICS.** Reproduction, heredity, environment and disease as related to racial health. Negative measures for race improvement; positive measures. Lectures and references. Pre-requisites, botany or zoology.

Two hours, winter term.

107. **TECHNIQUE OF PHYSICAL EXAMINATION.** The interpretation of health history and physical signs; the technique of physical measurements and tests. Pre-requisites, kinesiology and physiology.

Two hours, spring term.

108. **THEORY AND PRACTICE OF CORRECTIVE GYMNASTICS.** Lectures, demonstrations, assigned reading and practice of corrective gymnastics and massage. Two hours lecture; three hours practice. Pre-requisites, kinesiology and physiology.

Three hours, fall and winter terms.

109. **PLAYGROUND ACTIVITIES.** This course is concerned with the practical material for playground directors. The students get practice not only in playing the games, but also in teaching them. The material includes organized and unorganized games of every type. The various forms of relay races, stunts for special occasions, singing games, dramatized Mother Goose rhymes, simple folk dances, the use of playground apparatus, and the theory and practice of story plays.

Three hours, fall and winter terms.

110. **THEORY AND PRACTICE OF PHYSICAL EDUCATION.** Organization and administration of physical training (gymnastics, dance-

ing, and athletics) in the high school and elementary school. Public school supervision, normal school work, primary methods. The content, character, and adaptability of the gymnastic lesson with practice in building progressive series of lessons of different types. Lectures and library work, in which the student becomes more or less familiar with current literature on the subject.

Three hours, winter and spring terms.

Courses Primarily for Men

151. HIGH SCHOOL COACHING. A study of the theory of coaching sports in schools and playgrounds. The courses are given by seasons so the student can have the benefit of practice and analysis of the fundamentals of the sport. Two periods a week, elective.

PRE-REQUISITES. No student will be admitted to this course who has not spent at least one season on the squad or played the game in the intramural activities. He must also have Junior standing.

151-Fb. FOOTBALL.

Fall term.

151-Bk. BASKETBALL.

Winter term.

151-Bs. BASEBALL.

Spring term.

151-Tr. TRACK.

Spring term.

Two hours, any term.

152 a, b, c. PHYSICAL EDUCATION TECHNIC. Class work will consist in systematic and intensive study of the sport or activity. Special attention will be given to the perfection of form, methods of instruction and practice teaching. Required for majors in men's department. Four periods a week.

152a. SWIMMING AND WRESTLING.

One hour, fall term.

152b. BOXING AND TUMBLING.

One hour, winter term.

152c. ADVANCED GYMNASTICS AND MINOR SPORTS.

One hour, spring term.

153. THEORY AND PRACTICE OF CORRECTIVE WORK. Lectures demonstrations and assigned readings. Practice and theory of corrective gymnastics. Two lectures and one laboratory period.

Three hours, winter and spring terms.

154. PLAYGROUND ACTIVITIES. A study of the games, sports, and mass athletics suitable for public playgrounds and schools. Their organization and classification. Two lectures and one laboratory period.

Three hours, spring term.

155. PHYSICAL DIAGNOSIS. An advanced course elective for majors in physical education and others qualified. The interpretation of health history and physical signs; the technique of physical measurements and tests. Pre-requisites, Physiology and Health Service course.

Two hours, fall term.

Courses for Men and Women

171. APPLIED ANATOMY. A study of the joints and principal muscle groups of the human body, with particular attention to their action. Open to sophomores; a pre-requisite for majors in physical education. Text: Bowen & McKenzie. Anatomy. Pre-requisite, course in Mammalian Anatomy, Zoology 5.

Four hours, winter term.

172. KINESIOLOGY. The analysis of gymnastic, athletic and occupational movements from the standpoint of their motor mechanism. Pre-requisites, Courses 2 and 7. Text Skarstrom's Kinesiology.

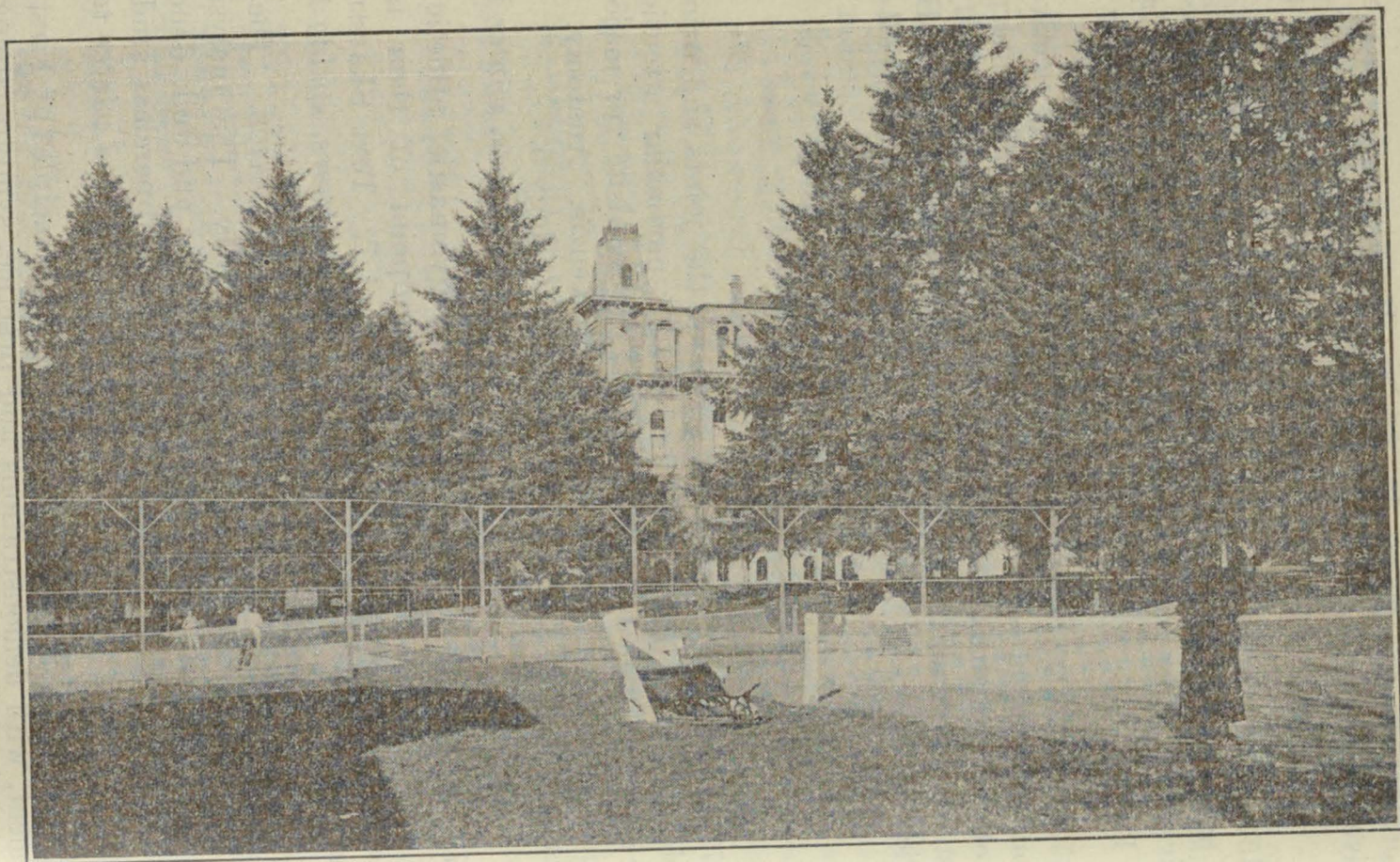
Five hours, spring term.

173. PLAYGROUNDS—MANAGEMENT AND PRACTICE. The hygienic, education and social significance of play. The analysis of play activities; instruction in games, basketry and folk dancing; practical work with children. Open only to upperclass students.

Three hours, fall and winter terms.

174. MEDICAL SERVICE. A study of the principles of First Aid Treatment, with demonstrations and practice, symptomatology of common ailments, and the general principles of training and conditioning of men.

Three hours, fall term.



175. THEORY AND PRACTICE OF PHYSICAL EDUCATION. Physical Education in relation to public health, its place in the educational scheme; adaptation of subject-matter and method. Organization and administration of physical training in high schools, in elementary schools, supervision. Lectures and library work, in which the student becomes more or less familiar with current literature on the subject. *Three hours, fall term.*

176. HISTORY OF PHYSICAL EDUCATION. A study of historical methods by which health and physical efficiency have been maintained through exercise. *Two hours, fall term.*

177. PHYSIOLOGY OF EXERCISE. Special study of the problems of muscle nerve physiology—nature and causes of fatigue, effect of internal secretions on muscular action, relation of blood pressure, etc. Two lectures and one laboratory. *Three hours, winter term.*

GRADUATE DIVISION

201. CORRECTIVE GYMNASTICS AND PHYSIOTHERAPY. An advanced course in the theory and practice of corrective work. Lectures and clinic. The student will have opportunity for making diagnosis and following cases through treatments. Dr. Stuart. *Three hours, each term.*

202. RESEARCH IN CORRECTIVE GYMNASTICS AND PHYSIOTHERAPY. Specially qualified students may arrange for work of this kind on consent of Dr. Stuart. Dr. Stuart.

203. PHYSIOLOGY OF EXERCISE. Lectures and laboratory work. An advanced course in physiology covering the physiology of muscle and nerve activities with applications to exercise, industrial fatigue problems, massage and corrective gymnastics. Bovard. *Three hours, one term.*

204. RESEARCH IN PHYSIOLOGY. Specially qualified students may arrange to take problems concerned with muscle nerve physiology. Bovard.

The University of Oregon

Includes the following Colleges and Schools, located at Eugene, except as stated:

- THE GRADUATE SCHOOL
- THE COLLEGE OF LITERATURE, SCIENCE AND THE ARTS
- THE SCHOOL OF ARCHITECTURE
- THE SCHOOL OF COMMERCE
- THE SCHOOL OF EDUCATION
- THE SCHOOL OF JOURNALISM
- THE SCHOOL OF LAW
- THE SCHOOL OF MEDICINE (Portland)
- THE SCHOOL OF MUSIC
- THE SCHOOL OF PHYSICAL EDUCATION
- THE SCHOOL OF SOCIOLOGY
- Portland Division of Social Work (Portland).
- THE EXTENSION DIVISION
 - Department of Extension Instruction.
 - Department of Social Welfare.
 - Portland Extension Center.
- THE SUMMER SESSION
 - Divisions at Eugene and Portland.

The University publishes Bulletins descriptive of its various Schools and Colleges, and a Bulletin of General Information which will be sent on request to any interested persons. The General Catalogue is printed only for purposes of exchange with other institutions.

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