the ISSUE

NATIONALLY

Prevalence of Illness
Percentage of U.S. Americans affected

mental illness	44 M
heart disease	23 M
diabetes	13 M
cancer	9.8 M

8.5 million
individuals with serious mental illness in the US who do not receive minimally adequate treatment each year

Source: Kaiser Health Disparities Report, Fact Sheet, Mental Health and Minorities, 2006

less than 1 in 6
# of people with serious mental illness who received minimally adequate treatment

LOCALLY

Oregon Suicide Rate
Per 100,000 people

35% vs national avg

Oregon ranks 10th in the nation for suicide rate

Number of Suicides
in Oregon each year

2008	665
2009	643
2010	670

Number of Calls
to Oregon Partnership's Suicide Lifeline

2008	11,303
2010	19,016

The map illustrates a lack of services in the downtown region, as well as a tendency to push mental health facilities to the "edges" of the city (Cascadia, Providence Behavioral Health & north community mental health programs).

Cascadia
Cascadia Behavioral Healthcare
Providence Behavioral Health
Providence Portland Medical Center
Trapper Creek
Columbia Hill
Columbia Hill
Columbia Hill
Columbia Hill
Cascadia
Cascadia

PORTLAND
Location of Mental Health Clinics

Community Mental Health Programs
Cascadia Behavioral Healthcare
Providence Behavioral Health
Providence Portland Medical Center
Project Quest: Integrative Health Center
Empowerment Initiatives

Mental Health Programs
Cascadia Behavioral Healthcare
Providence Behavioral Health
Portland Psychotherapy Services
Legacy Emanuel Hospital and Health Center
Project Quest: Integrative Health Center
Alliance Counseling Center
Crisis Assessment and Treatment Center
Portland Integrative Psychotherapy
Opening to Life
Pathways
Willamette Psychological Center
Dual Diagnosis Anonymous of Oregon
Portland Psychology Clinic
Oregon Psychiatry
A Better Way Counseling Center
Oregon Health & Science University
Neurohealth Associates LLP
Providence
Advanced Neurofeedback Clinic
Evergreen Clinic
Caremark Behavioral Health Services

Crisis Intervention
Hospital: $14,700
$1,163
Cascadia: $382
Cascadia Behavioral Healthcare

SOCIAL INJUSTICE

Portland Police treatment of the mentally ill

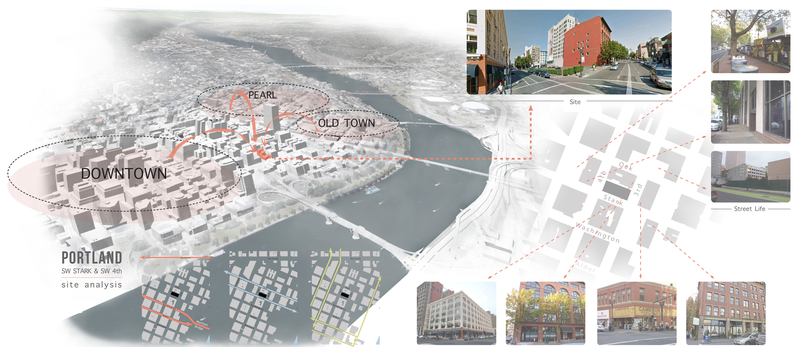
U.S. Dept of Justice Report, 2012
14-month investigation confirmed that Portland police engage (present tense) in a pattern or practice of unreasonable or unreasonable force during interactions with people who have or are perceived to have mental illness.

May 14, 2010
Acting Sgt. Mathew Delenikos, responding to a report that an Old Town irregular was spitting on cars, pepper-sprayed Aaron Fair-child and Kelly Kyllo, both of whom Fairchild-Ferguson refused to be handcuffed.

August 15, 2010
Officer Joshua Sparks four times fired his Taser at a naked and unarmed diabetic undergoing a medical emergency.

May 15, 2011
Officer Richard Storm punched Fausto Brambila-Naranjo seven to 10 times in the face after Brambila-Naranjo, who was standing on the rail for more than an hour, kicked at Storm and missed.

the NEIGHBORHOOD



Site

Street Life

Historic Facades

Local Businesses

URBAN PLAN

FOOD CART POCKET PARK

the PROGRAM

EDUCATION
Community Outreach:
Art Gallery
Exhibition
Presentations & Lectures

Extended Learning:
Classes / Workshops
Career Development
Awareness Training

ADVOCACY
Community Focused:
Addressing Public Policy
Awareness campaigns
Political lobbying
Organization of movement

Community Focused:
Art Therapy
Stress Management
Conflict Management
Self-Healing Practices
Resource Management

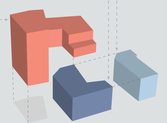
SERVICE
Clinical:
Individual Therapy
Crisis Management
Prescription Management
Pharmacy

Housing:
Transitional Housing
Social Workers

HOUSING
Single Room Apartments
Community Rooms
Admin. Office
Case Worker Offices

COMMUNITY
Yoga, Self-Healing Strategies
Art Therapy
Lectures, Presentations, events
Exhibit, Art Gallery
Classrooms
Action Center, Advocacy Offices

CLINIC
Reception, Waiting Area
Group Therapy
Psychiatry
Psychology
Medication Dispensary
Crisis Management, "Calm Room"
Nurses Station / Staff Room



User Groups

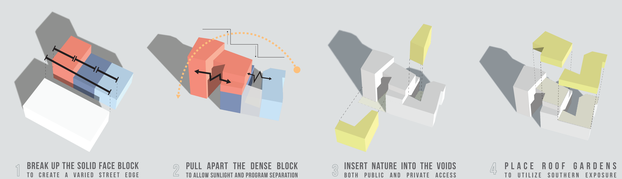
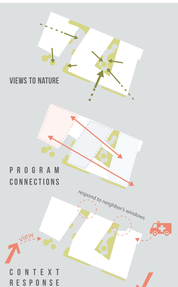
Mental Healthcare Consumer (acute)
Individuals in need of crisis management help will have direct access to clinical treatment.

Mental Healthcare Consumer (chronic)
Continued treatment will be provided through the clinic, as well as access to support resources through educational and community treatment programs. Transitional housing is available to consumers with extreme needs.

Mental Healthcare Consumer (non-diagnosed)
Support services, group counseling, art therapy, stress management, educational resources, etc. are openly available to individuals experiencing daily struggles but lacking a medical diagnosis.

Family Member
Educational and group sessions help family members make adjustments to support the treatment of loved-ones. Avenues for involvement in advocacy programs allow family members to have a voice.

Community Member
Education and public outreach (gallery, lectures, exhibitions) aim at raising public awareness and breaking down barriers of mental health stigma.

Mental Health Advocate
For individuals promoting change and social justice in Portland and the nation, avenues for action are available.

Education
Advocacy
Service