

Student Guide to Community Service in Lane County



Produced by the Community
Service THINK Group



The Student Guide to Community Service was designed by University of Oregon students who want you to enjoy volunteering with worthwhile organizations in our community, reachable from the UO campus without a car. This booklet is a production of the THINK discussion group program of the University of Oregon Residential Academy pilot project, 2005.

http://honors.uoregon.edu/opportunities/residential_academy/

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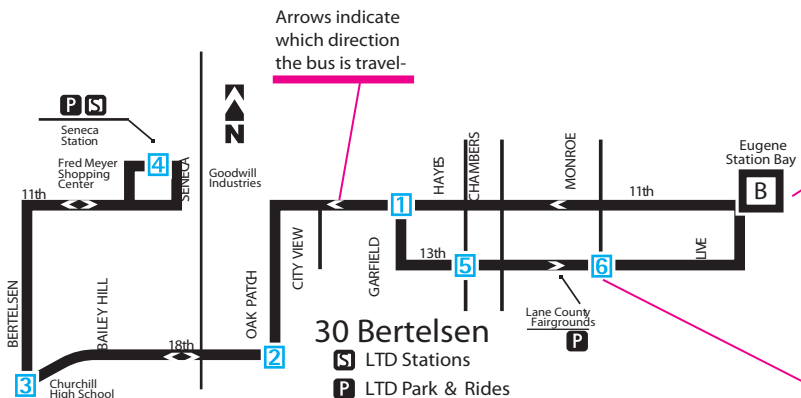
Using the LTD Bus System

Once you select an organization, then what? Hop on the bus and go! It is in fact that simple once you are familiar with how to use the LTD bus system. Here are a few tips. Pick up a copy of LTD's Rider's Digest, which includes schedules and maps for all routes. If you cannot find the Digest, don't worry. Each University of Oregon LTD stop has timetables and maps for every bus that departs from it. If your trip departs from Eugene Station, you will find maps and timetables for each bus at its respective bay. Now that you know how to find a timetable and map for your trip, go to the next page to learn how to use it.

There are two other important bits of information for you to keep in mind. As long as you are a University of Oregon student, your bus fare is provided for you via your student fees. To go anywhere on an LTD bus, you need only carry your student ID and show it to the bus driver. Also, it is your responsibility to signal when you would like for the bus to stop. There is a cord running along the windows on each side of every LTD bus. Tug on the cord when you want to get off, and the driver will pull over for you at the nearest stop. If you are unfamiliar with your route, feel free to speak with the bus driver either as you're getting on or during the ride. Your sense of independence will expand exponentially once you're familiar with how to use the bus system. Enjoy!

Many of the trips in this booklet begin at Eugene Station. To get to it from campus, take Bus 11 from Franklin at Agate, or *The Breeze*, Bus 28, Bus 73 or Bus 81 from UO Sta. Kincaid at 13th.

How to Read a Timetable



Timepoints
Timepoints are bus stops located near major landmarks listed on the timetable. Bus departure times are listed below each timepoint. Buses stop between timepoints about every two blocks. Use the timepoint just before your location to estimate when the bus will reach your stop. (Look for the corresponding colored timepoint

PM times are listed in bold.

Dashes indicate that this trip does not serve this

This letter represents the bay at the Eugene Station where you board your bus.

Street where the bus stop is

Nearest cross

Beginning and ending loca-

From: Eugene Downtown To: Fred Meyer/Seneca Sta. via Bertelsen Name: 30 Bertelsen					From: Fred Meyer/Seneca Station To: Eugene Downtown via Bertelsen Name: 30 Eugene Station					
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6:30	6:35	6:39	6:44	6:53	6:57	7:03	7:09	7:14	7:17	7:25
7:00	7:05	7:09	7:14	7:23	7:27	7:33	7:39	7:44	7:47	7:55
7:30	7:35	7:39	7:44	7:53	7:57	8:03	8:09	8:14	8:17	8:25
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11:00	11:05	11:09	11:14	11:23	11:27	11:33	11:39	11:44	11:47	11:55
11:30	11:35	11:39	11:44	11:53	11:57	12:03	12:09	12:14	12:17	12:25
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3:30	3:35	3:39	3:44	3:53	3:57	4:03	4:09	4:14	4:17	4:25
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6:00	6:05	6:09	6:14	6:23	6:27	6:33	6:39	6:44	6:47	6:55
6:30	6:35	6:39	6:44	6:53	7:07	7:13	7:19	7:24	7:27	7:35
7:00	7:05	7:09	7:14	7:23	7:37	7:43	7:49	7:54	7:57	8:05
7:40	7:45	7:49	7:54	8:03	8:07	8:13	8:19	8:24	8:27	8:35
8:40	8:45	8:49	8:54	9:03	9:07	9:13	9:19	9:24	9:27	9:35
9:40	9:45	9:49	9:54	10:03	10:07	10:13	10:19	10:24	10:27	10:35
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11:40	11:45	11:49	11:54	--	--	--	--	--	--	--

Bus is outbound

Bus is inbound

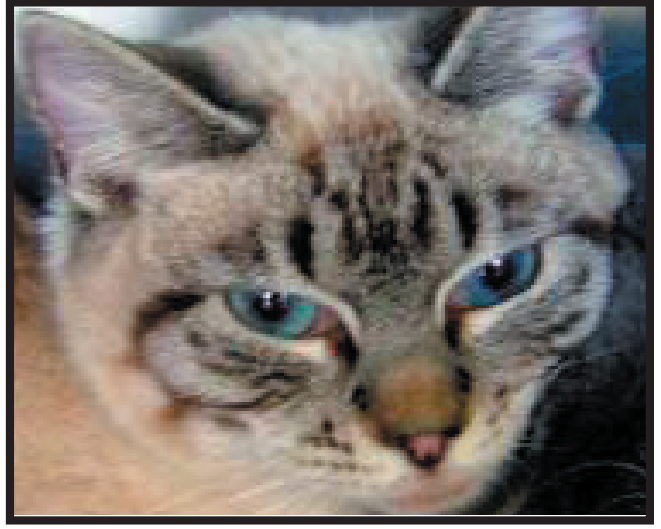
8x An "x" after the route number indicates express service with limited stops.

SERVES UO This symbol indicates that this route serves the University of

SERVES LCC This symbol indicates that this route serves Lane Community

☒ The snowflake indicates that this route may be affected by snow and ice

Greenhill Humane Society & SPCA



Cat looking for a home

Greenhill Humane Society & SPCA is a small, nonprofit animal shelter. Its mission is to “provide safe shelter for animals in transition, serve as advocates to animals and their people, work to end animal overpopulation and educate the public about compassion and responsibility towards animals.”

Contact Info:

Website: www.green-hill.org

Contact: Sandy Rusby, volunteer coordinator

Phone: 689-1503

Email: volunteer@green-hill.org

Location: 88530 Green Hill Rd.

Eugene, OR 97402

Recommended time for volunteering: commit for the term

Recommended hours per week: 3-6 hours/week

Orientation Required: Depending on the position

Directions:

From Eugene Sta. take Bus 93 to stop 2, which is 11th at Greenhill. After the bus turns onto Greenhill, request a stop and walk to the Humane Society.

“At Greenhill, the people are friendly and dedicated. They have a wonderful love and knowledge of the animals in their care. I was impressed by their vision not only to find good homes for animals in need, but also to reach out to the community and promote awareness for animal safety and responsible pet care. I think Greenhill’s goal to build a spay/neuter facility is a smart idea; not only will it save everyone time and money, but it will definitely eventually limit the amount of unwanted animals on the streets. Just visiting the shelter and their animals really makes you appreciate their hard work and want to help!”

-Allison N. Washburn

Boys and Girls Club of Emerald Valley



Volunteer with kids at Boys and Girls Club

The Boys and Girls Club of Emerald Valley serves an ethnically diverse group of children in grades 1-12, mostly from single-parent or low-income families. Membership for kids entails a one-time fee of \$20.

This is a wonderful organization if you want to have fun and make a profound impact on the life of a child by simply being present.

Contact Info:

Website: bgcev.org

Contact: Toby J. Winn

Phone: 345-9939

Email: winntoby@hotmail.com

Location: 1545 W 22nd Ave.

Eugene, OR 97405

Recommended time for volunteering: M-F 2-7, Wed. 1-7

Recommended hours per week: 4 hrs/week minimum

Background Check Required

Orientation Required: Orientation first time when you fill out information, then a tour when you volunteer first time

Directions:

Take Bus 33 from Eugene Sta. to stop 2 at 25th and Chambers, walk 3 blocks to W 22nd and turn onto 22nd.

“Whether I was shooting pool, playing dodgeball, or reading Dr. Seuss to some of the children, there was never a dull moment. These kids taught me one very important thing, though; they taught me to never forget how to be a kid.”

-Christian Scritsmier

Committed Partners for Youth



Mentors and Students

Committed Partners for Youth creates mentor programs for at-risk youth in the Eugene/Springfield, Oregon community. CPY has partnerships with Eugene/Springfield elementary schools, middle schools, and the juvenile court system. Youth are matched with caring volunteer adults who are trained to focus on positive reinforcement, trust-building, and the achievement of goals, by engaging youth in one-on-one activities and group adventures in the community.

Contact Info:

Website: <http://www.committedpartners.org/>

Contact: Shawn Warren

Phone: 344-0833

Location: 1840 Willamette Street Suite 100
Eugene, OR 97401

Recommended hours per week: 15 hours/month

Background Check Required

Orientation Required: 3-6 hours depending on the position

Cost: Mentors can be reimbursed up to \$30 per month for their expenses related to outings with their youth

Directions:

Bike: Bike down Agate until you reach 19th Ave. Turn right on 19th and continue to Willamette St. Turn right on Willamette and continue until you reach Committed Partners for Youth.

Bus: Take Bus 78 from UO Sta. Kincaid at 14th. At stop #2 at the intersection of Willamette and 18th, get off and walk toward 19th Ave.

The Mission at Committed Partners for Youth: Connecting youth to their community through mentors who inspire the development of personal identity, healthy relationships and meaningful opportunities.

First Place Family Center



Entrance to First Place

First Place Family Center serves homeless expectant mothers and low income families with young children. It provides child care, phone and mail service, laundry facilities, showers, food, a women's support group, night shelter, parenting classes during the school year, case management, and a clothing room. All services are free.

Here is your chance to be a positive influence for a child whose life is filled with challenges.

Contact Info:

Contact: Linda Zellick or Tim Rockwell

Phone: 342-7728

Email: winntoby@hotmail.com

Location: 1995 Amazon Parkway
Eugene, OR 97405

Recommended time for volunteering: 8am-5pm, M-F

Background Check Required

Orientation Required: Incorporated into first day of volunteering

Directions:

Biking (from 13th and Agate): Bike down Agate to 19h Street. Turn Right on 19th. Bike down 19th until you get to Pearl Street, which is just after South Eugene High School. Turn Left on to Pearl Street, which becomes Amazon Parkway. First Place Family Center is the big gray building on the left side of the street.

Bus: Take bus 78 from UO Kincaid at 14th. Get off on the stop closest to 18th and Pearl. Walk up Pearl street towards 19th. First Place Family Center is on the left side of the street.

“At First Place there is a day care and an after-school program, so volunteers can choose which age group they would like to help with. I volunteer with both the day care (ages 2-7) and the after-school program (ages 7-17). Although the lives of many of these children are extremely unstable, they are great kids. At times the circumstances they are involved in can be upsetting and emotionally trying, yet it is extremely rewarding to volunteer at First Place. You are able to offer these kids a consistent and positive influence, which is something that every person should have but most of these children lack.”

- Amber Davis

Food for Lane County



Students participating in a
“Food Rescue Mission”

Food for Lane County is a food bank dedicated to eliminating hunger by creating access to food. It accomplishes this by soliciting, collecting, rescuing, growing, preparing and packaging food for distribution through a network of more than 100 social service agencies and programs.

If you are interested in helping to solve the problem of hunger in this community and also want to have some fun, FFLC is a great place for you.

Contact Info:

Website: <http://www.foodforlanecounty.org/>

Contact: Sheyla Norte, Volunteer Coordinator

Phone: 343-2822

Location: 770 Bailey Hill Road

Eugene, OR 97402

Orientation Required: Brief, upon arrival

Directions:

Take Bus 43 from Eugene Sta. to stop 2 at Fred Meyer Shopping Center. Walk along W 11th until you reach Bailey Hill Road. Turn right onto Bailey Hill Road, walk for a tenth of a mile and Food for Lane County will be on your left.

“The ‘Food Rescue Missions’ at Food for Lane County (FFLC) are fun for groups of friends. Everyone is given something to do, and it is extremely fast-paced and high-energy. The work session begins with packaging donated food from restaurants. Once that is finished, they bring out the frozen food. These fruits and vegetables vary; I have experienced both corn and rhubarb. Some of the volunteers are given plastic shovels and others have plastic baggies. For the rest of the evening, everyone works together to get the frozen food out of the giant vat and into individual baggies. This is a great way to help those in need and have lots of fun with your friends.”

- Emily Casey

Sacred Heart Medical Center



Main entrance to Sacred Heart

Sacred Heart Medical Center is the largest general hospital between Portland and San Francisco. It has been serving those in the area of Lane County since 1936. Volunteer opportunities abound, from bringing meals to patients, to transporting discharged patients via wheelchair, to simply visiting with a patient who needs company or reassurance.

This is a great opportunity for those who plan to go into the medical field as well as those who just want to help people cope with extraordinary circumstances.

Contact Info:

Website: www.peacehealth.org

Contact: Debbie Grant, College Volunteer Coordinator

Phone: 349-7890

Location: 1255 Hilyard St.

Eugene, OR 97401

Recommended hours per week: 2 hours/week at the same time
each week

Background Check Required: and TB skin test

Orientation Required: 90 minutes

Cost: \$12 for a uniform

Directions:

Walk or ride down 13th St. until you reach Sacred Heart at the intersection of 13th and Hilyard St.

“I really enjoy working at Sacred Heart because it puts me in contact with a diverse group of people. It is a good opportunity to learn more about the medical field, while developing skills that are useful in everyday life.”

-Parisa Javedani

EC CARES



Volunteer with a child from the autism classroom on University Day.

EC CARES serves children ages birth to 5 who are eligible for special education, as well as their families. Their mission states that “EC CARES provides early intervention and early childhood special education services to infants, toddlers, and preschool age children in Lane County.”

Volunteering with EC CARES will let you experience life from a new perspective and help children reach their full potential.

Contact Info:

Website: eccares.uoregon.edu

Contact: Cheryl Henderson

Phone: 346-0717

Email: cherylh@uoregon.edu

Location: 299 E. 18th Ave.

Eugene, OR 97401

Recommended hours per week: at least 3 hours/week

Orientation Required: 20 minutes

Directions:

Walk or ride a bike to 18th Ave. until you reach the corner of 18th and High St.

“I had a great experience interning at EC CARES for a term. Not only was my supervisor energetic and contagious about her love for the field and her clients, all of the EC CARES staff were helpful and friendly. The families were very welcoming and allowed me to come into their homes and work with their young children, and the kids were so much fun! EC CARES is a great organization because it allows interns and volunteers outstanding opportunities to learn, grow, and have fun!”

-Jenn Columbus

Hilyard Community Center *Adaptive Recreation*



The Hilyard Community Center provides Adaptive Recreational Service to those with physical or developmental disabilities.

Widen your experience of what it means to have fun, and figure out how people learn to participate in the full range of life's activities, despite physical challenges.

Contact Info:

Website: City of Eugene Website: www.ci.eugene.or.us (search Services under Community Centers)

Contact: Molly Elliott, CTRS

Phone: 682-6307 V/TTY

Location: 2580 Hilyard St.
Eugene, OR 97405

Background Check Required

Orientation Required: 1 hour

Directions:

From UO Sta. Kincaid at 14th take either bus 28 or bus 73 to the announced stop at Hilyard Community Center.

“This program provides a wide variety of high-quality services coordinated by a small core staff. Volunteers are essential to the program, and without them Adaptive Recreation would not be able to offer many of the activities and classes. Volunteer opportunities include assisting instructors in leading classes and trips, helping with special events, and in some cases teaching a specialized class of your choice. Students can also receive credit for their volunteer work.”

- Molly Elliott

Alpha Phi Omega

National Co-ed
Community Service
Fraternity



Members of Alpha Phi Omega

Alpha Phi Omega (APO) is a national coeducational service fraternity with over three hundred active chapters at colleges and universities across the United States. Founded in 1925 and committed to developing lifelong leaders, instilling lasting friendships, and fostering a lifetime of service to all people, it is the largest college campus-based service organization in the world.

Locally APO works with Food for Lane County, Sexual Assault Support Services, Saint Vincent de Paul, HIV Alliance, the City of Eugene Parks Department, The Salvation Army, Lane Memorial Blood Bank, Green Valley Care Center, Whitaker Community Dinners, and Buford Park.

Contact Info:

Website: <http://gladstone.uoregon.edu/~apo>

Phone: 346-6122

Email: apo@gladstone.uoregon.edu

Location: The office is located on the lower level of the EMU across from the Outdoor Program and Campus Copy. We hold general meetings every Wednesday evening at 6pm. You can check the website for the current meeting location.

“Being actively involved in Alpha Phi Omega contributed much more to my education than any single class. I saw how various organizations on campus and in the surrounding community addressed issues like hunger, homelessness, and sexual violence. I learned experientially about what makes a group of people a highly functioning team as well as how to articulate a vision and take steps toward it. I was surrounded by wonderful people who want to contribute to positive social change.”

-Joshua Mann, Former Chapter President

Community Internship Program



6th graders at Outdoor School

The Community Internship Program (CIP) is a student-run, service-learning, academic program. Based on the concept of experiential learning, CIP helps students find places to volunteer while earning upper-division college credit for their experiences. Students can choose to participate in any of the six programs.

This is a great opportunity to create learning experiences for children, especially for anyone aspiring to become a teacher.

Contact Info:

Contact: Shannon Rogers

Phone: 346-4351

Email: intern@uoregon.edu

Location: In the Breezeway on the ground floor of the EMU, next door to the Greek Life Office.

Recommended hours per week: A minimum of 3 hours

Background Check Required

Orientation Required: Depending on the program

“I have volunteered in two programs of the Community Internship Program: Building Blocks and Outdoor School. For Building Blocks I taught about the importance of higher education to a 5th grade class once a week for an hour. I co-taught with a friend of mine, and we got to create our own activities based upon a template of information we were given. After 6 weeks, we were able to take the kids on a tour of the university. Through the Outdoor School, an environmental education program for 6th graders throughout the state, I spent a whole week at a camp as a special needs counselor for a 6th grader. The needs of such children range greatly and can be anything from behavioral to academic and developmental. It was an amazingly rewarding experience, and I can’t really even begin to explain how much I took away from my week of being a counselor.”

-Samantha Wise

United Way of Lane County



United Way is an umbrella organization that raises and distributes funds for a wide range of non-profit community service groups.

You know you are helping thousands when you choose to volunteer for this umbrella organization.

Contact Info:

Website: <http://www.unitedwaylane.org/home/uw1/index.html>

Contact: Elizabeth McNeil

Phone: 741-6000, ext.104

Email: emcneil@unitedwaylane.org

Location: 3171 Gateway Loop
Springfield, OR 97477

Background Check Required

Orientation Required: Depends on the position

Directions:

Take bus 12 from Eugene Sta. and request a stop around the intersection of Gateway St. and Postal Way (shortly after leaving Gateway Sta.). Turn left onto Postal Way and then left onto Gateway Loop.

“Working as an intern for United Way, I got to share my skills with professionals who recognized my strengths and abilities while providing me a welcoming environment to try out new things. When you volunteer for United Way, you are not just helping one treasured non-profit in Lane County, you are collectively helping tons of non-profit organizations and programs which United Way supports. It’s one stop shopping for the volunteer who wants to make the most impact with limited time.”

-Cindy Ingram

Friends of Hendricks Park



Rhododendron Garden in Hendricks Park

Friends of Hendricks Park provides stewardship and support for Hendricks Park, Eugene's oldest park. The park includes a world-renowned Rhododendron Garden, Native Plant Demonstration Garden and 57 acres of ridgeline forest. There are monthly Saturday work parties for forest restoration and invasive species removal. Every Tuesday morning there is pruning, weeding, clean up and planting in the Rhododendron Garden.

Here's a way to get your hands dirty and take in the beautiful grounds of Hendricks Park.

Contact Info:

Website: www.friendsofhendrickspark.org

Contact: Sandra Austin, volunteer coordinator

Phone: 343-3452

Email: freda@efn.org

Location: 2200 Summit Ave.

Eugene, OR

Recommended hours per week:

Monthly forest restoration work parties: 3 hrs./mo.

Weekly work in Rhododendron Garden: 3 hrs./week

“Adopt-a-Plot” requires 6 month commitment.

Orientation Required: for “Adopt-a-Plot” Program only

Directions:

To Hendricks Park: Walk or bike on Moss St. to 19th Ave. Turn left on 19th Ave. and continue until you reach Fairmount Blvd. Turn right on Fairmount and continue until you reach Summit Ave. Turn left on Summit and continue up the hill until you reach Hendricks Park (There will be a sign).

“I volunteered with a group of friends for 4 hours pulling ivy at Hendrix Park. I enjoyed my experience, as it was a great opportunity to spend time outdoors and enjoy the park. Hendricks Park is a large, beautiful public park, and it felt good to give back to the community by helping maintain its landscape. I was also surrounded by like-minded people, and the overall atmosphere was fun.”

-Sam Wise

Grassroots Garden



APO members working in the garden.

Grassroots Garden was established to enable Food for Lane County to have fresh produce.

If you love to garden and would like to help solve the food shortage in this community, here is a place where your efforts will literally bear fruit.

Contact Info:

Website: www.foodforlanecounty.org/Programs/Gardens/grassroots

Contact: Jen Anonia

Phone: 343-2822

Email: gardens@foodforlanecounty.org

Location: 1465 Coburg Rd.

Eugene, OR 97401

Recommended time for volunteering: Volunteer Drop-In Hours
(Spring and Summer) Tuesdays through Saturdays, 9am to 2pm

Directions:

Take Bus 66 from Eugene Sta. Request a stop shortly after stop #5 at the intersection of Cal Young and Coburg Rd. St. Thomas Episcopal Church will be on the corner. Grassroots Garden is behind the church.

“Volunteering at the Grassroots Garden was a good opportunity to get my hands dirty while helping a great organization. It was exciting to do some volunteer work where I could actually see the ‘fruits of my labor.’ Students who cannot commit to a regular time each week are always welcome.”

-Emily Casey

Edison Elementary School



Edison Elementary School

Edison is the closest elementary school to the UO campus (4 blocks away). The mission of the school states, “We are committed to creating a community that honors diversity where children are motivated to become life-long learners.”

If you are interested in children or education, here is a great place to have fun and help children grow.

Contact Info:

Website: <http://schools.4j.lane.edu/edison/>

Contact: Vicki Boudreaux

Phone: 687-3284

Email: boudreaux@4j.lane.edu

Location: 1328 E. 22nd Ave.

Eugene, OR 97403

Recommended time for volunteering: 8:00am-2:30pm

Recommended hours per week: 3-4

Background Check Required

Directions:

Walk or Bike on Agate until you reach 22nd Ave. Turn right on 22nd Ave and continue until you reach Edison Elementary.

“Edison is a fun and nurturing school environment. As an Elementary Education major, I know my time there has been valuable. I have been able to work with small groups and one-on-one with students on a variety of subjects. I would recommend Edison as a volunteer site, but advise going in early in the term to secure placement. Due to their proximity to the University, they get a lot of student volunteers and sometimes cannot place them all.”

-Heidi Rivinus

Harris After School Program



Volunteer helping a student with homework

The Harris After School Club is a homework club for students at Harris Elementary School. It provides a time for each student to receive one hour of individual help from a volunteer to help complete homework.

This school serves a broad spectrum of students from the community and offers you a chance to help ignite their imaginations as they learn what it takes to succeed.

Contact Info:

Website: <http://schools.4j.lane.edu/harris/>

Contact: Maureen Kashdan

Phone: 687-3286

Location: 1150 E. 29th Ave.

Eugene, OR 97403

Recommended time for volunteering: M-Th, 2:30-3:30

Recommended hours per week: 1 hr/week

Background Check Required

Orientation Required: 45 minutes-1 hour

Directions:

Board Bus 81 at UO Sta. Kincaid and 13th. Get off on 28th and Harris. Walk up one block to 29th and turn left. Walk up the hill about one block to the school, which is on the right.

“I had a great time getting to know my student and working with her each week. The volunteer coordinator was very flexible and helpful with keeping me informed. I felt appreciated and knew that my time was well spent.”

-Samantha Wise

River Road/ El Camino del Rio Elementary School



Volunteer with Kindergarteners

River Road/El Camino del Rio Elementary is part of the Eugene 4J School District. The school has a diverse population. Many of the students, as the school name suggests, are native Spanish-speakers. When you enter the school, there is a large sign over the door stating, “The language of caring is spoken here.”

The school also draws many of its students from lower-income areas. Many receive meals at the school because of their economic status. The need for volunteers at River Road/El Camino del Rio is great and they are easily accessible to University students via bus.

If you love Spanish, you may get more from volunteering than you give!

Contact Info:

Website: web4j1.lane.edu/schools/elementary/riverroad.html

Contact: Cathy Clark

Phone: 687-3307

Email: clark@4j.lane.edu

Location: 120 West Hilliard Lane
Eugene, OR 97404

Orientation Required: the teacher will orient you to his or her teaching style and schedule.

Directions:

Take Bus 51 or 52 from Eugene Sta. Request a stop right after announced stop #2 at River Road and Park Ave. Continue walking along River Road to the light where River Road intersects with Hilliard Ln. Cross at the light and walk on Hilliard until you reach River Road Elementary, which is the building on the left side of the road.

“I have been volunteering in Mrs. Kay’s Kindergarten classroom and SMART at River Road/El Camino del Rio Elementary this year. The kids are wonderful--full of energy and radiant with light. I have been able to practice my Spanish a little, which is fun for the kids, because they are significantly better than I am at something. River Road is in need of volunteers, and it is an extremely rewarding place to volunteer.”

- Emily Casey

Roosevelt Middle School



Main entrance to Roosevelt

Roosevelt Middle School serves 750 children grades 6-8. It is part of the Eugene School District 4J. There is a French Immersion Program as well as a strong Fine Arts Program. If you are interested in volunteering with students in the Fine Arts, this is a wonderful school. Roosevelt also offers accelerated math and participates in national math competitions.

Contact Info:

Website: schools.4j.lane.edu/Roosevelt/

Contact: Julie Whitmore, volunteer coordinator

Phone: 687-3227

Email: whitmore@4j.lane.edu

Location: 680 E. 24th Ave.

Eugene, OR 97405

Recommended hours per week: flexible

Background Check Required

Orientation Required: 1 hour, depending on the job

Directions:

Take Bus 28 from UO Sta. Kincaid at 14th. Request a stop at the intersection of Hilyard and 24th. Roosevelt Middle School is on the corner.

“I have enjoyed working at Roosevelt! It has been such a good experience for me working with the school counselor, Fran. My favorite part of the whole experience was sitting in on individual and group counseling sessions with students. I received many opportunities to work with students individually as well. I also was involved in the Mentorship Lunch Program. The students are just incredible to get to know and it is fun to create a trusting relationship with them.”

-Mari Lyn Petrick

SMART (Start Making A Reader Today)



Volunteer reading with SMART student at
River Road Elementary

SMART is a program dedicated to early literacy for K-3rd grade students who are at risk for low literacy and its associated outcomes. SMART gives participating students two new books each month to take home, keep and read with their families. Each SMART volunteer reads with two children for a half-hour each, one hour a week during the school year.

If you love to read, here is your chance to share that passion and help a child gain confidence about learning.

Contact Info:

Website: <http://getsmartoregon.org>

Application: Before being assigned to a school every volunteer needs to fill out an application, found on the SMART website. Once SMART has received and processed your application a volunteer coordinator will contact you to arrange times and a location to volunteer.

Location: The application will ask you to name the schools where you are interested in volunteering. The schools that are closest to the University of Oregon are: Harris Elementary and Cesar Chavez Elementary, but there are other schools easily accessible by bus.

Recommended time for volunteering: During the school day

Recommended hours per week: 1 hour/week

Background Check Required

Orientation Required: Brief orientation the first day

“I volunteered with the SMART program for one full year and had a great experience. Not only were the students I worked with fun and excited to be read to, the volunteers and volunteer coordinator made me feel appreciated and like I was making a difference.”

- Samantha Wise

Assault Prevention Shuttle

APS is a free service that provides UO students, faculty and staff a safe alternative to walking alone at night. It currently serves about 70 people per night and needs volunteers to be drivers or navigators. Here is a great opportunity to help UO students feel safer.

Contact Info:

Website: www.uoregon.edu/~aps/

Contact: ask for Volunteer Coordinator

Phone: 346-0653

Location: EMU Women's Center (Ground floor of the EMU)

Recommended hours per week: one 2-hour shift per week (usually the same time all term) and one weekend shift per month (choose to sign up each month)

Orientation Required: 30 minutes training to be a driver for the university

“APS makes it really easy to volunteer because they’re willing to cater to your schedule. I also enjoy driving APS on a weekly basis because I get a lot of the same riders every Sunday, so I’ve been able to get to know them. I’ve been able to meet some really interesting people, and it’s nice for the riders because they’ve become comfortable with me as well.”

-Laura Bocko

Sexual Assault Support Services

SASS is a non-profit agency dedicated to ending oppression and sexual violence in Lane County. It provides 24-hour crisis intervention, support services, community education, and Middle and Elementary School Programs in Lane County.

Possible activities include peer support, leading a support group, presenting to younger students (middle and high school), staffing an info booth, serving on a Board of Directors and eventually providing legal and medical advocacy. The Latino Outreach Program is increasingly in need of Spanish speakers. Some internship opportunities are available for credit.

Contact Info:

Website: www.sass-lane.org

Contact: Michelle, Volunteer Coordinator

Phone: 484-9791

Location: 591 W. 19th Ave.
Eugene, OR 97401

Recommended hours per week: 2 hour minimum and up to as many as desired, for a 6 month commitment

Background Check Required

Orientation Required: 30 hours offered 3 times per year.

Directions:

Take Bus 78 from UO Sta. Kincaid at 14th. Request a stop at the intersection of Jefferson and 18th Ave. Turn left onto Jefferson and walk until you reach SASS on 19th Ave.

Sexual Wellness Advocacy Team

SWAT is a group of peer educators dedicated to working against sexual violence on the UO campus. Members perform multi-media presentations, design outreach campaigns and create ways to educate the campus community.

Contact Info:

Contact: Megan Thompson

Phone: 346-1198

Email: mgt@uoregon.edu

Location: Office of Student Life, UO Women's Center

Recommended time for volunteering: Yearlong or summer commitment

Orientation Required: integrated into the program

Cost: If receiving credit, cost of credit. Over the summer SWAT pays around \$300.00

“If you are into drama or public speaking, or if you’re passionate about sexual violence prevention, SWAT is totally for you. The folks who run it are fantastic, and you meet a variety of amazing campus leaders.”

-Anthony Green

University Crisis Center

The University of Oregon Crisis Center is a student-run program, founded in 1969, that provides 24-hour anonymous telephone crisis counseling for University of Oregon students during the academic year and summer session. The Center trains its staff of counselors and offers a 3-credit course in Crisis Intervention (CPSY 410/510) in the Fall and Spring terms, as well as a Crisis Prevention Conference (CPSY 408/508) in the Winter term. If you are interested in working with the Crisis Center, you must take the Crisis Intervention Course (CPSY 410/510).

Contact: Carrie Coplan, M.A., Assistant Director, Crisis Center
Email: ccoplan@uoregon.edu

“I heard about the Crisis line at the University Crisis Center when I took the Crisis Intervention class through the University of Oregon. I found out that I could volunteer for the Crisis line. I was given challenging training regarding the types of calls that I might deal with and at first I thought it would be really hard, but then sitting in with the experienced counselors put my mind at rest. When I received my first crisis call everything went smoothly and at the end I felt good to have been a part of helping someone. In my own life I now have more ability to better recognize and deal with crises.”

- Jennifer Toney

HIV Alliance



HIV Alliance is a nonprofit organization that provides a comprehensive response to the challenges of HIV and AIDS. It educates students and community members about HIV and runs the only Sana Needle Exchange in Eugene to “help injection drug users avoid infecting themselves with HIV or spreading it to others.” HIV Alliance also provides services to HIV-infected clients and their families.

Here’s a chance to help fight one of the most destructive conditions in our society today, and to meet amazing people.

Contact Info:

Website: <http://www.hivalliance.org/>

Contact: Nichole Buffington

Phone: 342-5088

Email: hivall@hivalliance.org

Location: 1966 Garden Avenue

Eugene Oregon, 97403

Orientation Required: depending on the position

Directions:

Walk or ride to Franklin Blvd. Turn right on Franklin until you reach Villard St. Turn left on Villard and continue until it dead ends and then make a right. HIV Alliance is the first driveway on the right.

“I got involved with the HIV Alliance in November when I volunteered to be a cashier at their auction. After the auction, the Development Director told me about some exciting new things that they are doing in their development department and invited me to help.

Since then, I have been given some challenging projects to do. As a volunteer, I get a lot of support, and the staff and board listen to my suggestions. The staff is good at using a volunteer’s skills to help both the organization and the volunteer. I know that my time and energy are used wisely to help accomplish the mission.

The HIV Alliance makes a difference in a lot of lives, and I like being part of their success. I highly recommend the organization as a place to volunteer!”

- Ann Salminen

Birth to Three



Child at Birth to Three

Birth to Three is dedicated to helping parents develop skills that foster safe, loving environments for children growing up. It uses about 50 volunteers every week to help with office tasks, database management, childcare, assistance to parent educators in the classroom and myriad other tasks. Birth to Three likes to find the best possible match between volunteers' interests and the skills they bring to the organization.

Contact Info:

Website: birthto3.org/

Contact: Sarah Peroutka

Phone: 349-7793

Email: sarahp@birthto3.org

Location: 86 Centennial Loop
Eugene, OR 97401

Recommended time for volunteering: 9:00 until 4:00 M-F

Recommended hours per week: On average, 1-3 hours/ week

Background Check Required

Orientation Required

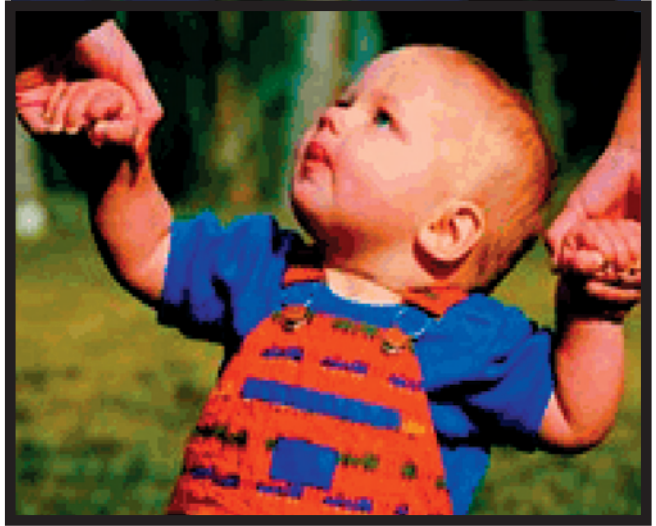
Directions:

Take bus 79 from UO Sta. Kincaid at 12th. Request a stop shortly after the bus turns from Coburg Rd. onto MLK Blvd. at the intersection of MLK and Centennial Loop. Walk on Centennial Loop until you reach Birth to Three.

“As a young mother who has participated in the Birth to Three education and support program for parents, I didn’t hesitate a bit when asked if I would volunteer for the annual Spring Fling Event. They have helped me so much; I wanted to help them back. Even though I was officially “on duty” at the silent auction and musical event, I had an incredible time. Birth to three loves their volunteers!”

- Cindy Ingram

Relief Nursery



Child at Relief Nursery

The Relief Nursery works with children from birth to 6 years old with the goal of preventing child abuse. These children come from families where there is documentation of a risk of child abuse. The Relief Nursery’s mission is “to prevent the cycle of child abuse and neglect by early intervention that focuses on building successful and resilient children, strengthening parents and preserving families.”

Here’s a chance to be part of a child’s life and help make sure that he or she reaches adulthood safely, happily and well-educated.

Contact Info:

Website: www.reliefnursery.org

Contact: Emily Olsen

Phone: 343-9706

Email: volunteer@reliefnursery.org

Location: 1720 W. 25th Ave.

Eugene, OR 97405

Recommended time for volunteering: classroom assistance: 9:30-12:30; bus rider: 8:00-9:30; child care 5:45-7:45

Recommended hours per week: 1 day/week; they request you commit for an academic term

Background Check Required: Criminal History Registry

Orientation Required: 1 hour; extended training for some positions is 2 hours

Cost: \$3 for the background check (goes to the government, not the organization)

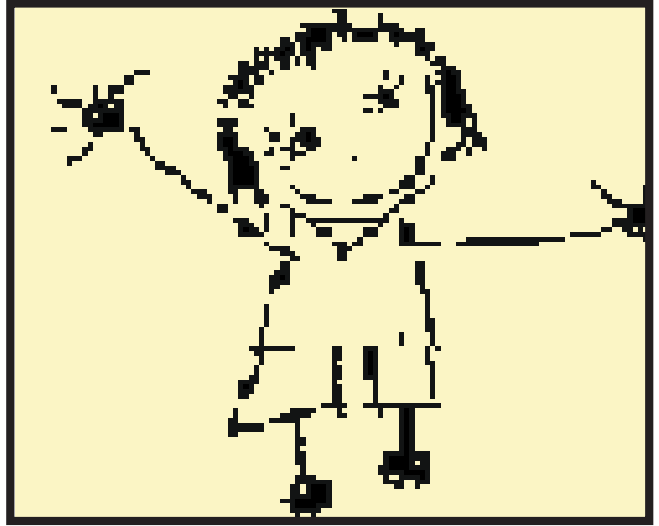
Directions:

Take Bus 78 from UO Sta. Kincaid at 14th to Arthur and walk on 18th to Chambers, then down Chambers to W. 25th.

“I liked working at the Relief Nursery, because they have worked with many Family and Human Services students in the past, so they know what to expect and things are very well organized. I like structure and spelled-out expectations, and the Relief Nursery is that type of site. I worked in the classroom with 3-year-olds. I volunteered 2 terms, and during the second term I got the opportunity to work with the parent trainer in the parenting group. I learned a lot.”

-Cathy Stratton

Vivian Olum Child Development Center



Child's Drawing

The Vivian Olum Child Development Center is a program of the University of Oregon Human Resources, Work and Family Services Department. It provides year-round child-care services that welcome all children into a safe and nurturing environment. UO faculty, student families, and community families all bring their children to the center.

If you like young kids, this is the place to have some fun with them.

Contact Info:

Website: <http://olum.uoregon.edu>

Contact: Marney Weatherly, director

Phone: 346-6585

Location: 1650 Columbia Street
Eugene, OR 97403

Recommended hours per week: 3-10 hours/week

Background Check Required

Directions:

Walk or ride on Agate St. past Hayward Field. Turn left on 17th Ave., then left on Columbia St.

“I currently work at the Vivian Olum Center. Most of the volunteer positions require a long-term commitment of at least one academic term, but there are a several different rooms and ages to work with. Throughout the center, the kids range from 8 weeks old through 5th grade. Olum is a wonderful organization and I highly recommend volunteering here!”

- Hannah Durning

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Additional Organizations

Due to lack of space, we were able to list only a few of the many wonderful organizations in Lane County. Here is a list of others, should you wish to research them on your own.

BrailleInk	http://www.brailleink.org
Elder Help	http://sdslane.org
Eugene Public Library	http://www.ci.eugene.or.us/library
Eugene School District 4J	http://schools.4j.lane.edu/
Friends of Buford Park & Mt. Pisgah	http://www.bufordpark.org
Head Start of Lane County	http://www.head-start.lane.or.us
Looking Glass	http://www.lookingglass.us/index
OASIS Education Center	http://www.oasisnet.org/eugene
Pearl Buck Center Incorporated	http://www.pearlbuckcenter.com
Planned Parenthood	http://www.pphsso.org
The Science Factory	http://www.sciencefactory.org
SOLV	http://www.solv.org
Womenspace: Domestic Violence Services	www.enddomesticviolence.com/
YMCA	http://www.eugeneymca.org

The THINK Community Service group researched each of these volunteer opportunities with your fun and safety in mind. We hope that when you volunteer you will take friends along, be careful on the buses and use common sense. These activities carry inherent risks for which the THINK Community Service group is not responsible. Be safe and have fun!

Thanks to our Sponsors!

