# **The Relation Between Parent Competence and Parent-Child Interaction: A Consideration of Culture**



## Introduction

- Parenting interventions have shown to be effective in improving the quality of parenting behaviors, reducing child behavior problems, and increasing overall family well-being
- The majority of parenting interventions are conducted with a focus on White and Western populations
- We aim to examine the relationship between parent-centered variables and parent-child interactions in English and Spanish speaking families

## Methods

### Participants

- 138 caregiver-infant dyads (0-3 years) were recruited from a larger intervention
- 67% (n=78) films contained interactions in Spanish, and 33% (n=38) were in English

### Procedure

- Trained video coders coded films of parentchild interactions during freeplay with a detailed glossary and flowchart
- Codes were labeled as RZ, RY, or RX

### Measures

- The Self-Efficacy Parenting Task Index (SEPTI)
- Parenting Distress (PD)
- Parenting Sense of Competence (PSOC) Scale

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Table 1		
Parent-outcomes Split by Languag	ze	
English	% RX	% RY
Parental Distress	173	013
SEPTI		
discipline/limit setting	.237*	210
SEPTI		
Nurturance/valuing/ empathetic responsiveness	.319*	.024
SEPTI Total	.280	085
Total PSOC Score	124	.120
Spanish		
Parental Distress	063	.263*
SEPTI discipline/limit setting	<mark>.123</mark>	011
SEPTI		
Nurturance/valuing/ empathetic responsiveness	<mark>.117</mark>	087
SEPTI Total	.044	101
Total PSOC Score	065	.145

Table 1 shows the correlations between the assigned code and parenting measure split by language. Significant correlations of a parenting measure and level of reciprocal interaction (p < .05) for one linguistic group are in yellow. Nonsignificant correlation for the other linguistic group is in green.

Figure 1 Levels of Reciprocity

Significant Communication ("RZ")



One full serve and return from each No Engagement("RX")





return

Parent or child is engaged with another object or person

RY	% RZ	
	0.00	
3	<mark>.063</mark>	
)	.095	
	125	
	.091	
	079	
_	0.1/2	
•	<mark>246*</mark>	
	005	
	.068	
	.091	
	131	

Mom serves but child does not

- speaking families
- In Spanish speaking families:
- In English speaking families:
- interact with their children
- study
- measurement and design of interventions

Benito-Gomez, M., & Flores Rojas, K. (2020). Designing and Implementing Parenting Interventions With Latino Immigrant Families: Challenges and Strategies. Families in Society: The Journal of Contemporary Social Services, 101(4), 528–538. https://doi.org/10.1177/1044389419897529

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#### Results

When accounting for language, we found differences in baseline associations between parent self-rated scores and observed behavioral interactions for English and Spanish

> PD was correlated with low reciprocity (r(76) =.263, p < .05) and negatively correlated with higher reciprocity (r(76) = -.246, p < .05)

SEPTI nurturance (*r*(76) = .319, *p*, < .05) and discipline/limit setting were significantly correlated with a lack of engagement between parent and child (r(76) = .236, p < .05)

#### Discussion

This study highlights cultural differences between parents from these two groups and how it affects the way they

The study shows that linguistic differences do matter, and that cultural norms can influence parent-child relationships

Future studies need to bear in mind the cultural factors of families when designing and implementing a parenting

The adaptation process needs to be a part of both

References